



Granville-Vance
Weight Loss Challenge

Weigh-Out Schedule May 12th – May 16th, 2014

	Monday 5/12/14			Tuesday 5/13/14			Wednesday 5/14/14			Thursday 5/15/14			Friday 5/16/14		
	GCHD	MPMC	VCHD	GCHD	MPMC	VCHD	GCHD	MPMC	VCHD	GCHD	MPMC	VCHD	GCHD	MPMC	VCHD
7a		FOR MPMC Staff Only		7:00	FOR MPMC Staff Only	7:30		FOR MPMC Staff Only			FOR MPMC Staff Only			FOR MPMC Staff Only	
8a				9:00											
9a															
10a						10:00									
11a									11:00	11:00					
12p	12:00														
1p				1:00					2:00	2:00					
2p			2:00												
3p															3:00
4p	5:00			5:00											
5p			6:00										5:00		
6p													7:00		7:00
7p															

GCHD = Granville County Health Department, 101 Hunt Drive, Oxford

919-693-2141

MPMC = Maria Parham Hospital, 566 Ruin Creek Road, Henderson

252-436-1116

VCHD = Vance County Health Department, 115 Charles Rollins Road, Henderson

252 -492-7915

Please Note – MPMC and GCHD scales can accommodate up to 400 lbs. If you believe you will exceed these limits, please contact David Ruggles at MPMC (252-436-1116) to make weigh-in arrangements. **Thanks!**