

Professional Development & Technical Assistance for Early Childhood and School Age Care Providers

Dear Professional Development Colleague:

Stress has become commonplace in our society and many adult Americans admit that it has become a factor in their daily lives. Studies have shown that stress can affect adults both physically and mentally, but more and more light is being shed on how stress can affect the social and emotional development of children. It can be a challenge to manage one's own stress, never mind the stress faced by the children and families in our educational centers and programs. The ability to manage one's individual stress and the ability to identify and support children and families with managing stress are skills that are vital to our practice.

To strengthen the abilities of practitioners and educators to address their personal stress and to assist them in the implementation of "best practices" supporting the social and emotional development of children who are affected by stress, Professional Development Dimensions will be hosting our second annual *Educating Hearts Conference: The Stress Effect*. This is a collaborative event to connect practitioners and educators from the fields of early childhood, Out of School Time programming, and primary grade classrooms with experts and resources from the fields of Stress Management, Physical and Nutritional Health Care, Trauma Awareness, Crisis Intervention, Family Counseling and Nurturing the Nurturer as they relate to child development and psychology.

We would like to invite you to participate in this annual event on **February 1, 2014** at Chestnut Hill College in Philadelphia, PA. Workshops will be 1.5 hours in length. Professional Development Dimensions is offering an honorarium of \$100 for your participation in two or more sessions at our event or an honorarium of \$75 for your participation in one session. Additionally, your professional bio will be featured on our website and in the conference advertising. Complimentary conference registration will also be extended for up to two presenters per workshop. The presenter(s) will also receive lunch on the day of the conference. Our conference coordinator will provide presenters with estimated participant numbers, but presenters will be responsible for all handouts and materials.

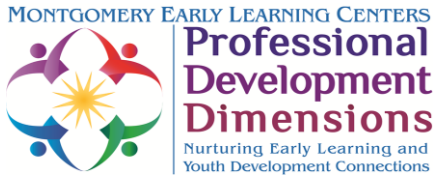
All workshops should be relevant to the early child hood, academic classroom, and school-age child care populations. Proposals should be mailed, faxed, **or emailed (preferred)** to us by **December 3, 2013** at imolinares@melc.org / kclark@melc.org or 201 Sabine Avenue, Narberth, PA 19072. If you have questions, please feel free to contact our Conference Coordinator, Ingrid Molinares at (610) 617-4550 opt. 4. You will be notified no later than December 13, 2013 if your proposal has been accepted.

Don't miss this great opportunity for statewide exposure to the early childhood, classroom, and school-age care populations. Please complete attached Presenter Registration documents.

Sincerely,
Veirdre Ridgley-Jackson
Veirdre Ridgley- Jackson, Ed.D.
Director

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**Conference Date: February 1, 2014 at Chestnut Hill College
Presentation Application**

Deadline for Submission: December 3, 2013

Workshop Title: _____

CBK Code (if applicable): _____

Workshop Goal:

Workshop Description (50 words or less):

Primary Presenter:

Name: _____

Employer: _____

Position/ Title: _____

Address: _____

Work Phone: _____ Fax Phone: _____

Home Phone: _____ Email address: _____

PQAS #: _____

Co- Presenter:

Name: _____

Employer: _____

Position/ Title: _____

Address: _____

Work Phone: _____ Fax Phone: _____

Home Phone: _____ Email address: _____

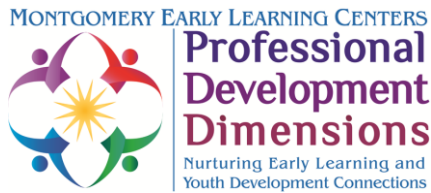
PQAS #: _____

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Experience:

Please describe your previous experience with Social/Emotional Development, Stress Management, Crisis Intervention, Trauma Awareness, and/ or professional development experience. (Also include a description of the presentation format: i.e. lecture, hands on, interactive, small groups, roundtable discussion, etc)

Age group the Presentation is designed for: (check all that apply)
(i.e. OST= Out- of- School Time)

Infant/ Toddler classrooms Preschool classrooms
 K-5 classrooms K- 6th OST programs

Target Audience: (check all that apply)

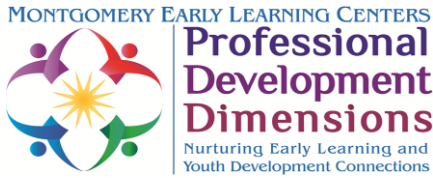
Admin./ Directors Site Supervisors ECE classroom teachers
 OST staff Primary Grade Classroom Teachers

Level of Presentation (i.e. level of expertise you expect your audience to have):

Beginning Intermediate Advanced All

Presentation Strand (check all areas that the content of your presentation will cover)

Child Growth and Development Child Psychology Nurture the Nurturer
 Stress Management Trauma Awareness Crisis Intervention
 Intervention Strategies Family Partnerships Family Counseling
 Behavior Management Physical Fitness Nutrition



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Room arrangement and Presentation Needs: (each presentation will be limited to no more than 40 participants per session)

___ Open space ___ Classroom style ___ Other: _____
___ Laptop ___ Projector ___ Radio ___ Flip Chart/ Markers
___ Other: _____

Note: Presenter will be responsible for presentation props and handouts.

Time Preferences:

How many sessions would you be willing to facilitate? ___1 ___2 ___3
___ 10:45 - 12:15 pm ___ 1:00 - 2:30 pm ___ 2:45 - 4:15 pm

Would you be willing to donate a prize for our Raffle? ___ Yes ___ No
(We are looking for "Caring for the Caregiver" themed prizes)

Signature of Primary Presenter:

Note: Presenter(s) will be provided a \$100 honorarium for their participation in 2 or more Conference session, \$75 for participation in 1 Conference session, and up to 2 registrations for conference, attendance and lunch.

**Please Fax, email, or mail application to our PD Coordinator by December 3, 2013:
(Please include a copy of your resume)**

Ingrid Molinares imolinares@melc.org and/or Koren Clark at kclark@melc.org

Thank you for your willingness and interest in our efforts to support children and adults in the field of early childhood, academic classrooms and out of school time programming.

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