

# WAYZATA ELEMENTARY SCHOOL

## JANUARY LUNCH MENU

May contain pork
 Farm2School
 Homemade
 Vegetarian

### 2013-2014 LUNCH PRICES

Elementary.....\$2.50 (includes milk)  
 Secondary.....\$2.85 (includes milk)  
 Adult.....\$3.65 (includes milk)  
 Additional Milk .....\$0.50

**Milk Choices--**  
 Skim, 1%, Chocolate Skim  
 Lactose Reduced Milk is  
 available upon written  
 request from the student's  
 parent or guardian.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>FARM2SCHOOL</b> LOCAL FARMS FRESH FOOD <b>Wild Rice</b> January 17 <sup>th</sup> <b>Carrots</b> January 31 <sup>st</sup> MENU SUBJECT TO CHANGE		NO SCHOOL 1. <i>Happy New Year!!</i>	ENTREES 2. 1. Cheese Lasagna 2. Chicken Nuggets  <b>SIDES</b> Soft Breadstick Fresh Carrots w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Cereal w/Sunflower Seeds & Cinni-Breadsticks	ENTREES 3. 1. Grilled Cheese Sandwich 2. Hamburger <b>SIDES</b> Tomato Soup Fresh Veggies w/Dip Choice of Fresh Fruit Goldfish Crackers  <b>GRAB &amp; GO</b> 3. Peanut Butter & Jelly Sandwich w/Grahams
<b>ENTREES</b> 6. 1. Cinnamon Swirl French Toast w/Sausage Link 2. BBQ Riblet on WG Bun  <b>SIDES</b> Breakfast Potatoes Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Yogurt Cup w/Grahams & Hard-Cooked Egg	<b>ENTREES</b> 7. 1. Swedish Meatballs 2. Cheeseburger  <b>SIDES</b> Mashed Potatoes Fresh Carrots w/Dip Choice of Fresh Fruit Sherbet Cup  <b>GRAB &amp; GO</b> 3. Cheese & Cracker Stackers w/Dragon Punch	<b>ENTREES</b> 8. 1. Hot Egg & Cheese Bagel Sandwich 2. Chicken Tenders  <b>SIDES</b> Baked Beans Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Build-Your-Own Cheese Pita Pizza w/Applesauce	<b>ENTREES</b> 9. 1. Curly Spaghetti w/Meat Sauce 2. Curly Spaghetti w/Alfredo Sauce  <b>SIDES</b> Garlic Breadstick Caesar Tossed Salad Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Cereal w/Cheese Stick & Mini Bagel	<b>ENTREES</b> 10. 1. Chicken Noodle Soup 2. Mini Corn Dogs  <b>SIDES</b> WG Dinner Roll Fresh Carrots w/Dip Choice of Fresh Fruit Snickerdoodle Cookie  <b>GRAB &amp; GO</b> 3. Peanut Butter & Jelly Sandwich w/Grahams
<b>ENTREES</b> 13. 1. Orange Chicken 2. California Burger <b>SIDES</b> Savory Brown Rice Edamame Fresh Veggies w/Dip Choice of Fresh Fruit Fortune Cookie  <b>GRAB &amp; GO</b> 3. Yogurt Cup w/Muffin & Cheese	<b>ENTREES</b> 14. 1. Soft Shell Beef Taco 2. Black Bean Burrito  <b>SIDES</b> Assorted Taco Fixings Chips & Salsa Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Turkey Cheddar Bagel Sandwich w/Corn Chips	<b>ENTREES</b> 15. 1. Turkey Gravy w/Mashed Potatoes 2. Garlic Cheesebread w/Dipping Sauce  <b>SIDES</b> Red Pepper Strips w/Dip Choice of Fresh Fruit Mini Rice Krispy Treat  <b>GRAB &amp; GO</b> 3. Yogurt & Fruit Parfait w/Grahams	<b>ENTREES</b> 16. 1. Cheese Pizza 2. Chicken Filet Sandwich  <b>SIDES</b> Steamed Broccoli Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Cereal w/Hard-Cooked Egg & Cinni-Breadsticks	<b>ENTREES</b> 17. 1. Chicken Wild Rice Soup 2. Corn Dog  <b>SIDES</b> WG Dinner Roll Fresh Carrots w/Dip Choice of Fresh Fruit All-Sports Bites Cookies  <b>GRAB &amp; GO</b> 3. Peanut Butter & Jelly Sandwich w/Grahams
<b>NO SCHOOL</b> 20. <i>The first pizza in the United States came with Italian immigrants in the late 1800s. We make ours homemade!</i>	<b>ENTREES</b> 21. 1. Meatball Sub 2. Pizza Sticks w/Dipping Sauce  <b>SIDES</b> Ranch Tossed Salad Fresh Carrot Sticks w/Dip Choice of Fresh Fruit Fruit Snacks  <b>GRAB &amp; GO</b> 3. Yogurt Cup w/Grahams & Sunflower Seeds	<b>ENTREES</b> 22. 1. Cheeseburger Calzone 2. Chicken Tenders  <b>SIDES</b> Cowboy Caviar w/Chips Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Cheese & Cracker Stackers w/Dragon Punch	<b>ENTREES</b> 23. 1. Curly Spaghetti w/Meat Sauce 2. Curly Spaghetti w/Alfredo Sauce  <b>SIDES</b> Garlic Breadstick Italian Tossed Salad Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Cereal w/Cheese Stick & Mini Bagel	<b>NO SCHOOL</b> 24.
<b>ENTREES</b> 27. 1. Teriyaki Chicken Dippers 2. Hot Dog on WG Bun <b>SIDES</b> Savory Brown Rice Steamed Broccoli Fresh Veggies w/Dip Choice of Fresh Fruit Fortune Cookie  <b>GRAB &amp; GO</b> 3. Yogurt Cup w/Muffin & Cheese	<b>ENTREES</b> 28. 1. Nachos Grande 2. Cheese Quesadilla  <b>SIDES</b> Assorted Fixings Refried Beans Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Chicken Caesar Salad w/Soft Breadstick	<b>ENTREES</b> 29. 1. Confetti Spaghetti 2. Chicken Nuggets  <b>SIDES</b> Soft Breadstick Fresh Carrots w/Dip Choice of Fresh Fruit Dessert DuJour  <b>GRAB &amp; GO</b> 3. Yogurt & Fruit Parfait w/Grahams	<b>ENTREES</b> 30. 1. Cheese Pizza 2. BBQ Chicken Sandwich  <b>SIDES</b> Steamed Corn Fresh Veggies w/Dip Choice of Fresh Fruit  <b>GRAB &amp; GO</b> 3. Cereal w/Sunflower Seeds & Cinni-Breadsticks	<b>ENTREES</b> 31. 1. Chili w/Toppings 2. Honey BBQ Chicken Bites  <b>SIDES</b> Glazed Carrots Fresh Veggies w/Dip Choice of Fresh Fruit Corn Muffin  <b>GRAB &amp; GO</b> 3. Peanut Butter & Jelly Sandwich w/Grahams