## Wayzata Elementary School November Lunch Menu

$\because$ May contain pork

Farm2School
Homemade
$V$ Vegetarian

2014-2015 LUNCH PRICES
Elementary.......... \$2.60 (includes milk) Middle School ..... \$2.95 (includes milk) High School ......... \$3.10 (includes milk) Adult.................... $\mathbf{\$ 3 . 7 5}$ (includes milk) Additional Milk ............................. \$. 55

Milk Choices--
Skim, 1\%, Chocolate Skim Lactose Reduced Milk is available upon written request from the student's parent or guardian.

## MONDAY

NO SCHOOL
3. NO SCHOOL

Local Apples!! Throughout the fall, Culinary Express has served multiple varieties of fresh apples from Rabideaux Orchards in Bayfield, Wisconsin. Look for more locally-grown apples in November!

## ENTREES

V1. Mini Pancakes
V2. Mini Waffles

## SIDES

Sausage Link
Hashbrown Stick
Fresh Veggies w/Dip
Choice of Fresh Fruit
GRAB \& GO
V3. Yogurt Cup w/Grahams
\& Sunflower Seeds

## ENTREES

17. 
18. Orange Chicken w/Rice
19. BBQ Riblet on WG Bun

SIDES
Steamed Broccoli
Fresh Veggies w/Dip
Choice of Fresh Fruit Fortune Cookie

GRAB \& GO
V3. Yogurt Cup w/Muffin \& Cheese Stick
10.

ENTREES
v1. Top-Your-Own
Personal Cheese Pizza
2. Meatball Sub

## SIDES

Tossed Salad
Bell Pepper Strips w/Dip
Choice of Fresh Fruit
GRAB \& GO
3. Grilled Chicken Salad w/Dinner Roll

ENTREES

1. Soft Shell Beef Taco

V2. Cheese Quesadilla

SIDES
Assorted Fixings
Chips \& Salsa
VRefried Beans
Fresh Veggies w/Dip
Choice of Fresh Fruit
GRAB \& GO
3. Chicken Caesar Wrap w/Tortilla Chips

## WEDNESDAY THURSDAY

4. 

v1. Cheese-Stuffed Shells
2. Chicken Nuggets

## SIDES

Tossed Salad
Fresh Veggie w/Dip Choice of Fresh Fruit Fruit Snacks

GRAB \& GO
V3. Yogurt Cup w/Grahams \& Cheese Stick

## ENTREES

1. Sloppy Joe on WG Bun
2. Chicken Filet Sandwich

SIDES
Cowboy Caviar w/Chips
Fresh Carrots w/Dip
Choice of Fresh Fruit
GRAB \& GO
V3. Yogurt \& Fruit Parfait w/Gripz Mini Grahams

## ENTREES

v1. Curly Spaghetti
w/Marinara Sauce
2. Curly Spaghetti
w/Chicken Alfredo Sauce

## SIDES

Garlic Toast
Italian Tossed Salad
Fresh Carrots w/Dip
Choice of Fresh Fruit
GRAB \& GO
3. Turkey Deli Sandwich w/Pretzels
5. ENTREES

V1. Garlic Cheesebread
w/Dipping Sauce
2. Mini Sub Sandwich

## SIDES

Fresh Veggies w/Dip Choice of Fresh Fruit
Apples w/Caramel Dip
GRAB \& GO
V3. Cereal Bowl w/HardCooked Egg \& Grahams

FRIDAY

## ENTREES

1. Curly Spaghetti
w/Meat Sauce
V2. Curly Spaghetti
w/Alfredo Sauce

## SIDES

Garlic Toast
Caesar Tossed Salad
Fresh Veggies w/Dip
Choice of Fresh Fruit
GRAB \& GO
V3. Cereal Bowl w/Cheese \& Cinnamon Swirl Bread

V1. Cheese Pizza
2. Chicken Nuggets

## SIDES

Soft Breadstick
Steamed Corn
Fresh Veggies w/Dip
Choice of Fresh Fruit
GRAB \& GO
V3. Cereal Bowl w/Sunflower Seeds \& Grahams

ENTREES
V1. Grilled Cheese
Sandwich
2. Hamburger

## SIDES

Tomato Soup
Fresh Veggies w/Dip Choice of Fresh Fruit Goldfish Crackers

GRAB \& GO
V3. Peanut Butter \& Jelly Sandwich w/Crackers

## ENTREES

1. Turkey Gravy
2. Corn Dog

## SIDES

Mashed Potatoes Glazed Acorn Squash Fresh Veggies w/Dip Choice of Fresh Fruit

GRAB \& GO
V3. Peanut Butter \& Jelly Sandwich w/Crackers

ENTREES

1. Cheeseburger
2. Chicken Tenders

SIDES
Glazed Carrots
Fresh Veggies w/Dip
Choice of Fresh Fruit
GRAB \& GO
V3. Yogurt Cup w/Grahams \& Hard-Cooked Egg
24.

V1. Pizza Sticks w/Dipping Sauce
2. Italian Chicken Sandwich

SIDES
Fresh Veggies w/Dip Choice of Fresh Fruit Sun Chips

GRAB \& GO
3. Ranch Chicken Wrap w/Sun Chips

## FARM2SCHOOL

## Apples

November $6^{\text {th }}$
Acorn Squash
November 21 ${ }^{\text {st }}$
26. NO SCHOOL

## Happy Thanksgiving!!

The Culinary Express staff is thankful for the opportunity to see students' smiling faces in the lunch line and the ability to serve each one wholesome and healthy food everyday! What are YOU thankful for?


