

KINDERGARTEN AT CENTRAL MS NOVEMBER LUNCH MENU

May contain pork
 Farm2School
 Homemade
 Vegetarian

2014-2015 LUNCH PRICES

Elementary \$2.60 (includes milk)
Middle School \$2.95 (includes milk)
High School \$3.10 (includes milk)
Adult \$3.75 (includes milk)
Additional Milk \$.55

Milk Choices--
 Skim, 1%, Chocolate Skim
 Lactose Reduced Milk is
 available upon written
 request from the student's
 parent or guardian.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 3. <i>Local Apples!!</i> <i>Throughout the fall, Culinary Express has served multiple varieties of fresh apples from Rabideaux Orchards in Bayfield, Wisconsin. Look for more locally-grown apples in November!</i>	NO SCHOOL 4.	ENTREES 5. Cheese Ravioli w/Marinara Sauce & Garlic Toast Turkey Deli Sandwich SIDES Fresh Veggies w/Dip Fresh Fruit	ENTREES 6. Corn Dog w/ Baked Potato Wedges Cereal Bowl w/Cheese Stick & Grahams SIDES Apples w/Caramel Dip Fresh Veggies w/Dip Fresh Fruit	ENTREES 7. Pizza Sticks w/Dipping Sauce SIDES Steamed Green Beans Fresh Carrots w/Dip Fresh Fruit Mini Chocolate Chip Cookies
ENTREES 10. Macaroni & Cheese Chicken Filet Sandwich SIDES Steamed Peas Fresh Cherry Tomatoes w/Dip Fresh Fruit	ENTREES 11. Curly Spaghetti w/Meat Sauce Curly Spaghetti w/Marinara Sauce SIDES Garlic Breadstick Fresh Broccoli w/Dip Fresh Fruit	ENTREES 12. Meatball Sub w/Sweet Potato Tots Yogurt Fruit Parfait w/Grahams SIDES Fresh Veggies w/Dip Fresh Fruit	ENTREES 13. Cheeseburger w/Baked Beans Cereal Bowl w/Hard Boiled Egg & Grahams SIDES Fresh Veggies w/Dip Fresh Fruit	ENTREES 14. Personal Pan Cheese Pizza SIDES Fresh Veggies w/Dip Fresh Fruit
ENTREES 17. Grilled Cheese Sandwich Mini Corn Dogs SIDES Fresh Veggies w/Dip Fresh Fruit Goldfish Crackers	ENTREES 18. Soft Shell Beef Taco Bean Burrito SIDES Assorted Taco Fixings Cowboy Caviar w/Chips Fresh Broccoli w/Dip Fresh Fruit	ENTREES 19. Cheese Lasagna Chicken Nuggets SIDES Soft Breadstick Fresh Veggies w/Dip Fresh Fruit	ENTREES 20. Orange Chicken Rice Bowl w/Steamed Broccoli Cereal Bowl w/Sunflower Seeds & Grahams SIDES Fresh Veggies w/Dip Fresh Fruit	ENTREES 21. Garlic Cheesebread w/Dipping Sauce SIDES Fresh Carrots w/Dip Fresh Fruit Vanilla Grahams
ENTREES 24. French Toast Sticks Colby Cheese Omelet SIDES Sausage Link Hashbrown Stick Fresh Veggies w/Dip Fresh Fruit	ENTREES 25. Chicken Tenders w/Mashed Potatoes Yogurt Cup w/Grahams & Hard Boiled Egg SIDES Fresh Broccoli w/Dip Fresh Fruit	NO SCHOOL 26. NO SCHOOL 27. NO SCHOOL 28. <i>Happy Thanksgiving!!</i> <i>The Culinary Express staff is thankful for the opportunity to see students' smiling faces in the lunch line and the ability to serve each one wholesome and healthy food everyday!</i> <i>What are YOU thankful for?</i>		

FARM2SCHOOL
 LOCAL FARMS • FRESH FOOD

Apples
 November 6th

