

WAYZATA ELEMENTARY SCHOOL FEBRUARY LUNCH MENU

May contain pork
 Farm2School
 Homemade
 Vegetarian

2013-2014 LUNCH PRICES

Elementary \$2.50 (includes milk)
 Secondary \$2.85 (includes milk)
 Adult \$3.65 (includes milk)
 Additional Milk \$.50

Milk Choices--
 Skim, 1%, Chocolate Skim
 Lactose Reduced Milk is
 available upon written
 request from the student's
 parent or guardian.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTREES 3. 1. Mini Pancakes 2. Colby Cheese Omelet w/English Muffin SIDES Sausage Link Hashbrown Stick Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Yogurt Cup w/Grahams & Hard-Cooked Egg	ENTREES 4. 1. Swedish Meatballs 2. Chicken Nuggets SIDES Mashed Potatoes Fresh Carrots w/Dip Choice of Fresh Fruit Pudding GRAB & GO 3. Cheese & Cracker Stackers w/Wango Mango Juice	ENTREES 5. 1. Hot Egg & Cheese Bagel Sandwich 2. Hamburger SIDES Baked Beans Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Yogurt & Fruit Parfait w/Grahams	ENTREES 6. 1. Curly Spaghetti w/Meat Sauce 2. Curly Spaghetti w/Alfredo Sauce SIDES Garlic Breadstick Caesar Tossed Salad Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal w/Cheese Stick & Mini Bagel	ENTREES 7. 1. Chicken Noodle Soup 2. Mini Corn Dogs SIDES WG Dinner Roll Fresh Carrots w/Dip Choice of Fresh Fruit Elf Grahams GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Grahams
ENTREES 10. 1. Orange Chicken 2. California Burger SIDES Savory Brown Rice Edamame Fresh Veggies w/Dip Choice of Fresh Fruit Fortune Cookie GRAB & GO 3. Yogurt Cup w/Muffin & Cheese	ENTREES 11. 1. Soft Shell Beef Taco 2. Black Bean Burrito SIDES Assorted Taco Fixings Chips & Salsa Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Turkey Cheddar Bagel Sandwich w/Corn Chips	ENTREES 12. 1. Turkey Gravy w/Mashed Potatoes 2. Garlic Cheesebread w/Dipping Sauce SIDES Crazy Colored Carrots Fresh Veggies w/Dip Choice of Fresh Fruit Animal Crackers GRAB & GO 3. Build-Your-Own Cheese Pita Pizza w/Applesauce	ENTREES 13. 1. Cheese Pizza 2. Chicken Filet Sandwich SIDES Steamed Broccoli Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal w/Hard-Cooked Egg & Cinni-Breadsticks	ENTREES 14. 1. Chicken Wild Rice Soup 2. Corn Dog SIDES WG Dinner Roll Fresh Carrots w/Dip Choice of Fresh Fruit Sugar Cookie w/Sprinkles GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Grahams
NO SCHOOL 17. <i>Take care of your heart!</i> <i>We offer multiple fruits and veggies everyday that are packed with vitamins and antioxidants that your heart craves!</i>	ENTREES 18. 1. Meatball Sub 2. Pizza Sticks w/Dipping Sauce SIDES Ranch Tossed Salad Fresh Carrot Sticks w/Dip Choice of Fresh Fruit Dessert Dulour GRAB & GO 3. Yogurt Cup w/Grahams & Sunflower Seeds	ENTREES 19. 1. Cheeseburger Calzone 2. Chicken Tenders SIDES Cowboy Caviar w/Chips Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cheese & Cracker Stackers w/Wango Mango Juice	ENTREES 20. 1. Curly Spaghetti w/Meat Sauce 2. Curly Spaghetti w/Alfredo Sauce SIDES Garlic Breadstick Italian Tossed Salad Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal w/Cheese Stick & Mini Bagel	ENTREES 21. 1. Grilled Cheese Sandwich 2. Hamburger SIDES Tomato Soup Fresh Veggies w/Dip Choice of Fresh Fruit Goldfish Crackers GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Grahams
ENTREES 24. 1. Teriyaki Chicken Dippers 2. Cheeseburger SIDES Savory Brown Rice Steamed Broccoli Fresh Veggies w/Dip Choice of Fresh Fruit Fortune Cookie GRAB & GO 3. Yogurt Cup w/Muffin & Cheese	ENTREES 25. 1. Nachos Grande 2. Cheese Quesadilla SIDES Assorted Fixings Refried Beans Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Chicken Caesar Salad w/Soft Breadstick	ENTREES 26. 1. Cheese Lasagna 2. Chicken Nuggets SIDES Soft Breadstick Fresh Carrots w/Dip Choice of Fresh Fruit Mini Ice Cream Sandwich GRAB & GO 3. Top-Your-Own Bagel w/Gogurt	ENTREES 27. 1. Cheese Pizza 2. BBQ Chicken Sandwich SIDES Steamed Corn Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal w/Sunflower Seeds & Cinni-Breadsticks	ENTREES 28. 1. Chili w/Toppings 2. Honey BBQ Chicken Bites SIDES Parmesan Potatoes Fresh Veggies w/Dip Choice of Fresh Fruit Corn Muffin GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Grahams



February is Potato Lover's Month!

Potatoes are low in calories, fat free, sodium free, high in Vitamin C, a good source of fiber and high in potassium. Our Parmesan Potatoes on the 28th were grown locally!



MENU IS SUBJECT TO CHANGE

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CULINARY EXPRESS