

How **BIG**  
is the problem?

Research shows that nearly

**50%**  
of Christians

have major pornography issues at home.

*but, only*

**12%**  
of churches

offer ministry onsite for sexual addiction recovery.

Let's get to the heart of the matter, where real recovery is obtained and sustained.

...There is pioneering work here. The L.I.F.E. Recovery workbook addresses the addictive condition itself and the **CORE ISSUES** that underlie it, as the basis for recovery through a clinically sound and biblically based support group program. This workbook provides a fresh approach and increased effectiveness to the subject of addiction recovery, and I recommend it highly."

Tim Clinton  
President, American Association  
of Christian Counselors

### *Backing it Up*

Materials are taught by Sue Moore, S.A.S. (Sexual Addiction Specialist), certified by International Association of Certified Sexual Addiction Specialists.

Trained under Johna Hale, M.A. and CEO/Co-Founder of L.I.F.E. Recovery International, on the methodology and principles of Dr. Mark Laaser, foremost Christian authority on sexual addiction recovery and author of the L.I.F.E. Recovery Guide series published by L.I.F.E. Recovery International.

Sue Moore authored the L.I.F.E. Recovery Model, endorsed by Dr. Laaser and implemented by L.I.F.E. Recovery Int'l, and also contributed content and edited manuscripts for the L.I.F.E. Guide for General Addiction and the L.I.F.E. Grieving Guide.

2006 graduate of the SALT Institute developed by the late Greek Theologian Spiros Zodhiates of AMG International and Woodland Park Baptist Church, Chattanooga, TN. WPBC is also Sue's home church and that of Kay Arthur, Precept Ministries.

We need to get to the bottom of the problem...

and it's a **BIG** problem.

*What's the solution?*



**FORGIVEN MUCH® MINISTRIES**

*Addiction Recovery Leadership Training  
That's Right. Down to the Core.*



To experience real and lasting recovery from sexual addiction, we've got to deal with the stuff at the core of our being - the heart.

Different from 12-step and other recovery programs, Forgiven Much® Ministries teaches the L.I.F.E. Recovery Model which deals with the resulting unhealthy behaviors as a means of coping with pain.

“ I'm an insider. I know firsthand the consequences of sex addiction. My own marriage suffered a fatal blow from twenty years of sexual addiction. And not just his addiction - mine, too. But in seeking help, we found that we and those in the church where we sought counsel, were sadly ill-equipped and overwhelmed. Forgiven Much Ministries exists to address this great need and to help raise up a generation of men and women who have been stuck and isolated in their addiction.”

Sue Moore, *Founder of Forgiven Much Ministries*



Not dealing with our issues at the root level, is sort of like mowing the grass - we look good for awhile, but in just days the weeds start popping back up!

### *Getting to the Bottom of Things*

For true recovery, going deep and getting to the root problem is essential. We need to follow a proven, measurable plan for a lifetime of successful recovery. By using biblical and clinically proven principles that uncover and heal the **CORE ISSUES** that drive what is called “the addictive condition”, the L.I.F.E. Recovery Model (LRM), taught by Forgiven Much Ministries is distinctly different from the 12 Steps or other recovery programs.

This recovery model was created out of compassion for those desiring to get well amidst the mountains of programs, materials and information available, most of which were misguided or incomplete.

### *Environment for Success*

Distinctive in the L.I.F.E. Recovery Group is an environment that develops healthy relational skills through vital crosstalk, equipping participants for interactions outside of group.

#### **A lifetime of successful recovery includes:**

- ♥ 3-5 years active recovery
- ♥ L.I.F.E. Recovery Groups
- ♥ counseling, intensives and workshops
- ♥ supplemental recovery education
- ♥ leadership/service development = discipleship

The LRM, written by Sue Moore, S.A.S. (Sexual Addiction Specialist), is fully endorsed by Mark Laaser, PhD. Dr. Laaser is the foremost Christian authority on sexual addiction recovery, a national board certified Christian counselor, and the author and senior editor of the L.I.F.E. Recovery Guide series.

L.I.F.E. Recovery Groups multiply quickly through the encouragement and shared stories of the participants, eager to help someone else find recovery that works.

“ L.I.F.E. Recovery has taken their very successful methodology, developed in conjunction with Dr. Mark Laaser in their sexual addiction resources, and applied it to the broad range of addictions in general.”

Tim Clinton, *President, American Association of Christian Counselors*

### *What's the Difference?*

Core issue addiction recovery helps people discover and provides healing for core issues that drive “the addictive condition”.

#### **CORE ISSUE #1**

#### **Lack of healthy intimacy**

“ **87%** of addicts come from disengaged families

– an environment in which family members are detached, uninvolved, or emotionally absent. All compulsive and addictive behaviors are signs of significant intimacy disorder and the inability to get needs met in healthy ways.” ~ P. Carnes

#### **Three critical elements that promote healthy intimacy:**

- ♥ managing distressing emotions
- ♥ support and disclosure
- ♥ cognitive processing

Each critical element is satisfied in a L.I.F.E. Recovery Group where a person learns to express feelings and process pain.

Online/onsite training and conference call coaching make instruction easily accessible and understandable.

Training materials are compiled from addiction and recovery experts, including P. Carnes, M. Laaser, M. Ferree, R. Blankenship, D. Amen, Cloud & Townsend, A. Hart and others, providing lay leaders with the tools and language necessary for planting and sustaining core issue recovery groups.

### *What's to Gain?*

#### **L.I.F.E. Recovery Group participants:**

- ♥ come out of isolation to find belonging and acceptance in a safe environment.
- ♥ learn healthy intimacy skills.
- ♥ learn to express their feelings and process pain.
- ♥ find value in making their pain count by sharing their story and leading others through recovery.