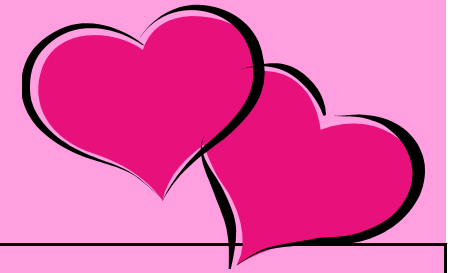




DAILY SPECIALS FEBRUARY 2014

ST. BENEDICT PREP



LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch Price: \$4.45 Milk: \$0.50</p> <p>Daily Offerings.... Pizza Chicken Sandwich</p> <p>Hamburger Cheeseburger Chicken Ceasar Salad Made-To-Order Deli</p> <p>All items may be purchased a la carte or be combined into a lunch meal</p> <p>Our Breads, Pastas, and Tortillas are Whole Wheat or Whole Grain</p> <p>Our Meats & Poultry are 100% Pure No Soy or TVP</p>	<p>3</p> <p>CHICKEN CEASAR WRAP OR WARM TURKEY & CHEESE Served on Whole Grain Bun</p> <p>Seasoned Green Beans Cinnamon Apple Slices</p>	<p>4</p> <p>SWEDISH STYLE MEATBALLS OR CHICAGO STYLE GRILLED POLISH Served With Grilled Onions</p> <p>Mixed Veggies Diced Pears</p>	<p>5</p> <p>BBQ OVEN BAKED CHICKEN LEG OR LOADED BAKED POTATO BAR</p> <p>Hand Whipped Potatoes Sweet Peas</p>	<p>6</p> <p>UDON CHICKEN NOODLE SOUP OR CHEESE & VEGETABLE QUESIDILLA</p> <p>Sweet Corn Fresh Kiwi Slices</p>	<p>7</p> <p>PHILLY CHEESESTEAK OR PERSONAL NAAN PIZZA</p> <p>Cherry and Yellow Tomatoes Mixed Fruit Cup</p>
	<p>10</p> <p>WARM HAM & CHEESE on Croissant OR MINI WHOLE GRAIN TURKEY CORN DOGS</p> <p>Pineapple Chunks</p>	<p>11</p> <p>*NEW* HOMEMADE TURKEY CHILI MAC OR TURKEY, BACON, RANCH WRAP</p> <p>Cheddar Corn Bread Orange Smiles</p>	<p>12</p> <p>HOUSE ROASTED ITALIAN BEEF OR PENNE MARINARA</p> <p>Pasta Salad Slightly Frozen Mango</p>	<p>13</p> <p>BUFFALO RANCH CHICKEN SANDWICH OR THREE CHEESE PANINI</p> <p>Whole Grain Cookie Cinnamon Applesauce</p>	<p>14 Valentine's Day</p> <p>NO SCHOOL</p>
	<p>17</p> <p>NO SCHOOL</p>	<p>18</p> <p>BBQ RIB SANDWICH Served on Whole Grain Garlic Bread OR CHICAGO STYLE ALL BEEF HOT DOG Spinach Salad Whole Apple</p>	<p>19</p> <p>TERIYAKI CHICKEN BOWL Served Over Brown Rice OR TOASTED AMERICAN SUB</p> <p>Stir Fried Vegetables Frozen Juice Bar</p>	<p>20</p> <p>PATTY MELT Served on Rye Bread OR CHICKEN & WAFFLES</p> <p>Turkey Sausage Link Petite Banana</p>	<p>21</p> <p>GRILLED CORNED BEEF & SWISS PANINI OR PIZZA PUFF</p> <p>Fresh Tossed Salad Mandarin Oranges</p>
	<p>24</p> <p>OVEN BAKED CHICKEN CORDON BLEU SANDWHICH OR PENNE MARINARA</p> <p>Seasoned Green Beans Diced Peaches</p>	<p>25</p> <p>CHICKEN & CHEESE ENCHILADAS OR FIESTA NACHO GRANDE</p> <p>Spanish Rice Orange Smiles</p>	<p>26</p> <p>MONTE CRISTO SANDWHICH ON TEXAS TOAST OR HOUSE ROASTED ITALIAN BEEF SANDWHICH Carrots & Ranch Bag of Baked Chips</p>	<p>27</p> <p>SPAGHETTI & MEATBALLS Served on Whole Wheat Pasta OR CHICKEN PARMESAN SANDWHICH</p> <p>Freshly Baked Garlic Stick Slightly Frozen Berries</p>	<p>28</p> <p>ST. BEN'S BURGER OR FRENCH BREAD PIZZA</p> <p>Fresh Cucumber Slices Fruit Cup</p>
	<p>Food Service Director CINDY DAY 773-463-6797 EXT 312 cday@stbenedict.com</p> <p>Menu subject to change.</p>				