





DAILY SPECIALS MARCH 2014

ST. BENEDICT PRE-K



LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>DID YOU KNOW?</p> <p>WE USE ALL WHOLE WHEAT BREADS, PASTAS, PIZZA CRUSTS AND TORTILLAS</p>	<p>3</p> <p>POTATO CRUSTED CHICKEN TENDERS</p> <p>Mashed Potatoes Sweet Corn</p>	<p>4</p> <p>HOMEMADE SLOPPY JOE (Fresh Ground Turkey)</p> <p>Oven Baked Curly Fries Pineapple Chunks</p>	<p>5</p> <p>ASH WEDNESDAY GRILLED CHEESE Served on Whole Wheat Bread</p> <p>Cup of Tomato Soup Orange Smiles</p>	<p>6</p> <p>BAKED CRAZY CURLY PASTA (Served w/ Bread Stick)</p> <p>Sauteed Spinach Slightly Frozen Mango</p>	<p>7</p> <p>FATHER & SON PIZZA (Cheese or Veggie)</p> <p>Whole Grain Cookie Grapefruit Smiles</p>
	<p>10</p> <p>CLASSIC CHEESEBURGER (Served on Whole Wheat Bun)</p> <p>Baked Beans Seasonal Fresh Fruit</p>	<p>11</p> <p>TANGY BBQ PORK SANDWICH (Served on Whole Wheat Bun)</p> <p>Fresh Pasta Salad Fresh Kiwi Slices</p>	<p>12</p> <p>BOWL OF HOMEMADE CHICKEN NOODLE SOUP</p> <p>Garlic Breadstick Whole Red Apple</p>	<p>13</p> <p>MAKE YOUR OWN TACOS (w/ Cheese, Beef, Lettuce, Salsa)</p> <p>Baked Cinnamon Churro Diced Pears</p>	<p>14</p> <p>HOMEMADE MACARONI & CHEESE (Wholegrain Pasta)</p> <p>Fresh Steamed Broccoli Frozen Juice Bar</p>
	<p>17 St. Patrick's Day</p> <p>CHICKEN PARMESAN SANDWICH Served on Whole Wheat Bun</p> <p>Seasoned Green Beans Green Jello Parfait</p>	<p>18</p> <p>SWEET AND SOUR CHICKEN Served on Brown Rice</p> <p>Fresh Steamed Broccoli Mixed Berries</p>	<p>19</p> <p>WARM TURKEY & CHEESE Served on Goldfish Bread</p> <p>Carrot Sticks w/ Ranch Petite Banana</p>	<p>20</p> <p>ALL BEEF HOT DOG Served on Whole Wheat Bun</p> <p>Oven Baked Tator Tots Scooby Doo Whole Grain Crackers</p>	<p>21</p> <p>FATHER & SONS PIZZA Cheese</p> <p>Vanilla Pudding Cup Peaches</p>
	<p>24</p> 	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p> 
	<p>31</p> <p>MINI MAPLE PANCAKES Whole Grain</p> <p>Turkey Sausage Link Petite Banana</p>				



SPRING BREAK

Food Service Director
CINDY DAY
773-463-6797 EXT 312
cday@stbenedict.com
Menu subject to change.