

FOOD MANAGEMENT SERVICES, INC.	DAILY SPECIALS FEBRUARY 2014 ST. BENEDICT ELEMENTARY				
LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch Price: \$4.00 Includes 2 Sides & Milk	3 WARM TURKEY & CHEESE Served on Whole Wheat Bun	4 SWEDISH STYLE MEATBALLS Served/Over Hot Buttered Noodles	5 OVEN BAKED CHICKEN LEG	6 CHEESE QUESIDILLAS Served On Ultra Grain Tortilla	7 FATHER AND SON'S PIZZA
Sides Include Fresh Celery Sticks Fresh Carrot Sticks	Seasoned Green Beans Cinnamon Apple Slices	Mixed Vegetables Diced Pears	Hand Whipped Potatoes Sweet Peas	Sweet Corn Fresh Kiwi Slices	Cherry And Yellow Tomatoes Mixed Fruit Cup
Dill Pickle Chips Tossed Garden Salad Fresh Fruit Also serving	10 MINI WHOLE GRAIN TURKEY CORN DOGS	11 *NEW* HOMEMADE TURKEY CHILI MAC	12 HOUSE ROASTED ITALIAN BEEF SANDWICH Served On Whole Wheat Buns	13 SUNBUTTER & JELLY SANDWICH Served On Whole Wheat	14 Valentine's Day
Power Lunch & Turkey & Cheese Sandwhich Daily	Giant Cinnamon Goldfish Pineapple Chunks	Cheddar Corn Bread Orange Smiles 18	Pasta Salad Slightly Frozen Mango <b>19</b>	Whole Grain Cookie Cinnamon Applesauce <b>20</b>	21
Our Breads, Pastas, And Tortillas are Whole Wheat or Whole Grain	NO SCHOOL	<b>DINO SPAGHETTIOS</b> & Whole Grain Pasta	TERIYAKI CHICKEN BOWL Served On Brown Rice	MINI MAPLE PANCAKES Whole Grain	MAKE YOUR OWN PIZZA Two Mini Bagels, Cheese & Spinach
Our Meats & Poultry Are 100% Pure No Soy or TVP		Spinach Salad Whole Apple	Stir Fried Vegetables Frozen Juice Bar	Turkey Sausage Link Petite Banana	Fresh Tossed Salad Mandarin Oranges
	24 BAKED CHICKEN SANDWHICH	25 CHICKEN & CHEESE ENCHILADAS	26 MINI AMERICAN SUB SANDWICH Served On Whole Wheat Bun	27 SPAGHETTI & MEATBALLS Served On Whole Wheat Pasta	28 FATHER AND SON'S PIZZA
Food Service Director CINDY DAY 773-463-6797 EXT 312 cday@stbenedict.com Menu subject to change.	Seasoned Green Beans Diced Peaches	Spanish Rice Orange Smiles	Carrots & Ranch Bag Of Baked Chips	Freshly Baked Garlic Stick Slightly Frozen Berries	Fresh Cucumber Slices Fruit Cup