



LANCER
DINING SERVICES

Menu Subject to Change		School Lunch Menu		Grades K - 8		November 2014			
Monday		Tuesday		Wednesday		Thursday		Friday	
3		4		5		6			
Breaded Chicken Patty on Bun Ketchup Grape Tomatoes Ranch Dressing Baked Tator Rounds Fresh Apple <i>Veg. Crispy Patty/ 2 slc Cheese</i>		California Cheese Burger Ketchup & Pickles Tomato, Cheese, Mayo Shredded Lettuce Vegetarian Baked Beans Fresh Orange <i>Garden Burger</i>		WG Cheese Lasagna Rolls with Marinara Sauce Romaine Salad & French Dressing Fresh Grapes Garlic Breadstick		Teriyaki Chicken Drumstick Vegetable Fried Brown Rice Asian Slaw Fresh Carrots Mandarin Oranges <i>Veg. Crispy Patty/ 2 slc Cheese</i>		Parent/Teacher Conferences NO SCHOOL	
10		11		12		13		14	
Hot Sub Sandwich Beef Meatballs with Mozzarella and Marinara Fresh Carrots Greek Bean Salad Raisins <i>Veg. Italian Rounds w/ Marinara</i>		Macaroni & Cheese Chicken Nuggets Fresh Broccoli & Ranch Dressing Fresh Apple <i>Macaroni & Cheese Only</i>		Chicken Corn Dog w/ Ketchup Baked Tator Tots & Ketchup Romaine Salad French Dressing 100% Fruit Juice <i>Veg. Hot Dog/Baked Beans</i>		Wheat Pancakes & Maple Syrup Turkey Sausage Links Fresh Grapes Fresh Cucumbers Veggie/Fruit Juice <i>Pancakes w/Cheese Omelet</i>		BBQ Beef Riblet on Bun Cowboy Corn Salsa Corn Tortilla Chips Grape Tomatoes & Ranch Fresh Orange <i>Garden Burger</i>	
17		18		19		20		21	
Chicken Nuggets BBQ Sauce Steamed Green Beans Diced Peaches Dinner Roll & Margarine <i>Veg. Crispy Nuggets</i>		Beef Hot Dog & Ketchup on Bun Steamed Corn Cucumber & Ranch Dressing Fresh Melon <i>Veg. Hot Dog/Baked Beans</i>		Chicken Fajita's Whole Grain Tortilla Shredded Lettuce Taco Sauce Refried Beans & Cheese Fresh Apple <i>Veg. Taco Meat</i>		Italian Meat Sauce Rotini Pasta Romaine Salad Italian Dressing Banana <i>Veg. Italian Meat Sauce</i>		Rotisserie Chicken Drumstick Brown Rice Pilaf Fresh Carrots & Ranch Dressing Fresh Grapes <i>Veg. Crispy Patty/ 2 slc Cheese</i>	
24		25		26		27		28	
Meatballs & Gravy Mashed Potato Fresh Carrots Ranch Dressing Pineapple Tidbits Dinner Roll & Margarine <i>Veg. Italian Rounds</i>		Chicken Taco Salad Corn Tortilla Chips Fresh Diced Tomatoes Shredd. Romaine/Shredd. Cheese Taco Sauce & Sour Cream Fresh Apple <i>Veg. Taco Meat</i>		Thanksgiving Break NO SCHOOL		Thanksgiving Break NO SCHOOL		Thanksgiving Break NO SCHOOL	

MILK VARIETY SERVED AT EVERY MEAL. FAT FREE SKIM and 1%

*In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability." "To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."