

Mental Illness Awareness Week, Oct. 5-11, 2014



Each year millions of Americans face the reality of living with a mental health condition. One in four adults experiences a mental health disorder and one in 17 lives with a serious mental illness such as schizophrenia,

depression or bipolar disorder.

Mental illnesses can affect persons of any age, race, religion or income. Mental illnesses are not the result of personal weakness, lack of character or poor upbringing. Mental illnesses are treatable and recovery is possible. Between 70 and 90 percent of the individuals who are treated for their illness have a reduction in symptoms and improved quality of life.

BHcare employs an experienced team of psychiatrists, licensed clinical social workers, advanced practice registered nurses, certified alcohol and drug counselors, and other mental health professionals who provide a wide range of services for individuals affected by mental illness and co-occurring substance abuse disorders. Visit www.BHcare.org for more information.

Source: NAMI