

Registration fee: \$100. Registration fee includes retreat materials, dinner and lodging on Friday, Oct. 3, and breakfast and lunch on Saturday, Oct. 4. Bed linens and towels will be provided. Please register by Friday, Sept. 26, so room and food needs can be planned.

**Registration Form:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

P. O. Box # \_\_\_\_\_

Town: \_\_\_\_\_

State & Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please note any dietary restrictions or other needs:

\_\_\_\_\_

You may register online [www.il-odm.org](http://www.il-odm.org) or mail this form to:

Pilgrim Park Camp  
26449 – 1340 N. Avenue  
Princeton, IL 61356-8790

Please make check out to: Outdoor Ministries

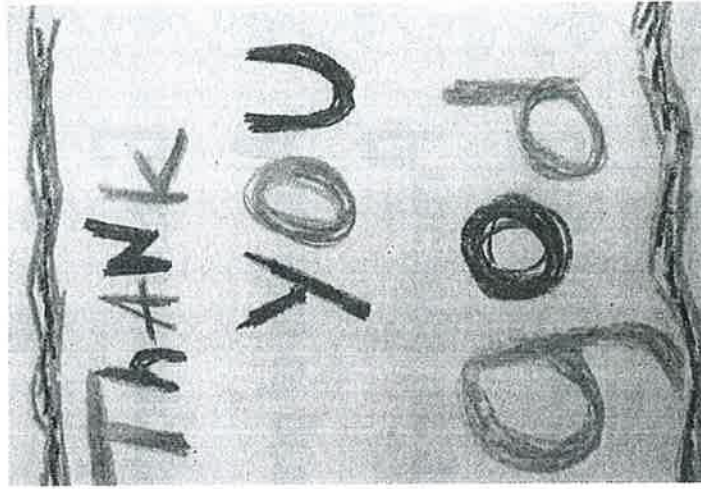
You may apply for Financial Assistance at [www.il-odm.org](http://www.il-odm.org) or call Tara Cade at Pilgrim Park Camp (815) 447-2390

*Make as many copies of this flyer as you might need  
and please pass the word!*

**What are you waiting for??? Sign up NOW!!!!**

Giving and Receiving

Blessings Everyday  
of Your Life...



4<sup>th</sup> Annual

Illinois Conference Women's Retreat

Friday & Saturday, October 3 & 4, 2014

Pilgrim Park, Princeton, Illinois

Come to the Illinois Conference Women's Retreat  
at Pilgrim Park in Princeton, Illinois to:

## Fill in the GAPS with Gratitude!

**Gifts from gratitude**  
**Attitudes of gratitude**  
**Practices for gratitude**  
**Sharing our gratitude**

All bedding and linens will be provided so just bring along casual clothing and shoes, personal items, flashlight, umbrella (just in case), and your Bible.

Check-in on Friday, Oct. 3 at 4:30 p.m. (supper is at 6:00 p.m.)  
And homeward bound is on Saturday, Oct. 4, around 3:30 p.m.

If you want, bring a snack to share: Last names A-H - bring sweet snacks or fruit. Last names I-P - bring salty snacks. Last names Q-Z - bring soft drinks or bottled water.

**A 23-hour break from the demands of life  
to recognize and celebrate your blessings by:**

- Walking a labyrinth
- Creating things
- Taking a nap
- Talking to old friends and making new ones
- Meandering through the woods
- Relaxing, meditating, praying
- Enjoying a campfire and s'mores
- Making music
- Shopping
- Studying scripture

**This is your time to do as you wish with  
lots of opportunities and NO demands!**

**Invite some friends to join you!**

**Give thanks in every situation  
because this is God's will for you  
in Christ Jesus. - 1 Thess. 5:18 CEB**



**Workshop leaders: Rev. Carol Currier-Frighetto,  
Harriet Dart, and Ronda Bower**