



For over 20 years, WWf(a)C has provided a safe, non-competitive environment for individuals to develop their writing skills, cultivate their creativity, and strengthen their voices. Our writers, whether first-timers or the more experienced, find community, connection, and meaningful conversation within our circles. We encourage writing as a process of self-discovery and self-expression—a celebration of the individual voice.

Our classes provide a unique setting in which

honoring each other's words and learning to give and receive constructive feedback enrich participants' lives.

Core Classes

In our **core classes**, facilitators offer writing prompts and resources, and encourage participants to choose and develop their own subject matter. Classes allow for personal writing time, sharing in large and small groups, guidance in giving and receiving useful, positive feedback, and opportunities to read aloud to an audience.

Winter Term - 15-week courses - \$475

Mondays, Jan. 13-April 28, 7-9:30pm – Sally Schneider

Wednesdays, Jan. 15-April 30, 7-9:30pm – Diane Debevec

Winter Term – 8-week courses - \$249

Tuesdays, Jan. 14-March 4, 10am-12:30pm – Sally Schneider

Thursdays, Jan. 16-March 6, 10am-12:30pm – Phebe Beiser

Free Samplers

Core Class- Free Sampler

Saturday, January 4, 11am-12:30pm – Diane Debevec

Join us for a FREE Sampler, designed to introduce new participants to a sampling of our Core class before committing to an 8 or 15-week course. Join us now for FREE!

Journaling- Free Sampler

Facilitator: Dawn Koch

Saturday, January 4, 1-2:30pm

Sample a journaling class FOR FREE before signing up for a longer session. Join Dawn Koch to learn journaling basics, practice writing and sharing your words, and learn ways to use journaling for personal transformation.

Writing into Wellness – Free Sampler

Facilitator: Karen Novak

Tuesday, February 4, 2-4pm

A sample class for those interested in the Writing into Wellness Program. We will be looking at an overview of the six-week program and the importance of self-care during stressful times. Our theme for the sample class will be *Changing with Change*. No previous writing experience is required. Pre-registration is kindly requested.

WWf(a)C Specialty Workshops

Our **specialty workshops** offer theme-based opportunities for writers and those wishing to explore other forms of creativity in addition to writing. Specialty Workshops incorporate WWf(a)C circle practices into each session. Some adult classes are co-ed.

Maintain Your Writer's Shape - \$12 each or 5 for \$55

Facilitator: Annette Wick

Fridays, January 10-March 21, 10am-11am

START ANY TIME! Join WWfaC on Friday mornings, for a focused, one-hour, facilitator-led writing circle to nourish or ignite your writing. Each session will incorporate the following practices of WWfaC: poem, prompt with fastwrites, cross-talk on writing, large group readaround. **Does not include small group time.*

Requirements: Women proficient in the practices of WWf(a)C.

Winter SoulCollage® Circle; Honoring our Rhythms with the Medicine Wheel - \$149 – FULL – Waiting list available

Facilitator: Sara Pranikoff

Fridays 1/10, 1/24, 2/7, 2/21, 3/7, 3/21, 10am-1pm

SoulCollage® is a creative soul-tending practice of creating, over time, a deck of cards which are uniquely reflective of you. The process of intuitively choosing and layering images onto individual cards awakens and expresses various aspects of yourself and makes them better known to you; it is a means of knowing who you deeply are and who you are becoming. SoulCollage® Circle includes the elements of opening and closing circle, safely-held card-making time, facilitated experiences, reflective writing, and card-sharing, all held with the WWf(a)C traditions of safety and integrity. An e-book on the elements of SoulCollage® is also included. **For this series we will be using the touchstone of the Medicine Wheel as we attune to the rhythms of our lives through SoulCollage®. All materials and tools provided.**

Creating a Healthy Lifestyle with Journaling - \$125

Facilitator: Dawn Koch

Saturdays, January 11-February 1, 1-3:30pm

Support and motivation are two of the most important tools for creating and maintaining a healthy lifestyle. Join this supportive group of women, each with their own individual goals for wellness. Get motivated and commit yourself to creating healthy changes in your life with inspirational writing prompts, lively discussions, recipe shares, fitness suggestions, and an abundance of guidance and support in a non-judgmental environment. All are welcome, no matter where you are on your journey or what your individual goals may be. Begin to change your life one day at a time; one page at a time!

Illuminated Journaling – Bringing New Life to your Journal with Words and Imagery - \$35

Facilitators: Diane Debevec and Amy Bogard

Sunday, February 2, 1-4pm

Give yourself the gift of this workshop and bring added life to your journal with personalized imagery, as we consider the early spring's quickening of the earth. Amy and Diane will provide guided exercises in journal-based writing, drawing and collage, encouraging you to open up to the promising return to spring.

WWf(a)C Specialty Workshops Continued

Writing into Wellness - \$150

Facilitator: Karen Novak

Tuesdays, February 18-March 25, 2-4m

Having faced a crisis, many of us find ourselves thinking "I should be stronger" or "I should be over it." Writing into Wellness is for the woman who has survived a life-altering challenge, either personally or as a caregiver. The six-week program invites the development of a process connecting personal truth and acceptance with acknowledgement of the struggle. Strict confidentiality will be maintained.

So You Want to Write Fiction? Level I - \$115

Facilitator: Marisa Becker

Saturdays, February 15-March 8 12-3pm

Have you always wanted to try writing fiction? There's no time like the present, and no place like Women Writing for (a) Change. Through individual and group writing exercises, instructional lessons and reading, and the uplifting practices of the circle, you'll learn the building blocks of storytelling and the benefits of writing in community. An excellent holiday gift for the intrepid writer!

Special Series

Book Group: Fiction & Memoir for Writers – Free

Sunday, January 5, 3-5pm

January Selection: *The Light between Oceans* by M.L. Stedman

The Book Group will follow the processes used at WWf(a)C, to offer an intentional circle using both writing and conversation to broaden and deepen our understanding of each book. We will explore the obvious and not-so-obvious places where we discover, or in some cases the characters themselves discover, the conscious-feminine. We will also discuss plot, structure, voice and narrative, and which of these enabled us on our journey with these characters and story.

Future dates: January 5, February 2, March 2, April 6, May 4, 2014.

Special Programs and Events- Offered by friends of WWf(a)C. Special programs are not sponsored by WWf(a)C and do not typically incorporate WWf(a)C circle practices.

Salons – Sponsored by Women's Way of OH/KY

Saturdays 6:30-8:30pm, January 4 and 18

Salons will be moving to SATURDAYS in January! Join us on **Saturday, January 4** for an **Open Mic. Night** and **Saturday, January 18** for an intimate music night with **Angela Minton!** Salons occur on the first and third **Saturday** with lively discussion, good food, and interesting activities. Salons are a great way to meet new people, share ideas, and learn new information. Salons typically include a Potluck at 6:30PM and Salon discussion/performance at 7PM. Suggested donations \$5. RSVP via email to womensway@ymail.com or call 513-923-1414

Programs for Young Women

YW programs are open to girls and teens in grades 4-12. Classes and camps use the art of writing and other arts to enhance self-esteem and build skills in creative self-expression. Programs are designed to help strengthen girls' authentic voices, develop their ability to speak out through writing and direct interaction, and deepen their belief in their own creative intelligence.

Young Women's Workshop Series: Honoring Our Emotions (grades 10-12) - \$65 each or \$115 for the series

Facilitators: Andrea Nichols and Mindy Flask

Saturdays, Jan. 25 and April 12, 9am-4pm

We will be using Eve Ensler's text "We Are Emotional Creatures" to inspire writing about our own intuition and our passion. When we honor every emotion that we feel, we become our most authentic self. We will use personal journals, poetry and storytelling to explore how our intuition is interconnected with our emotions and how they lead us to our true passions in life.

My Voice, My Story: Art and Book-Making with your Words and Images (grades 4-7) - \$149

Facilitator: Katherine Meyer

Sundays, February 9-March 16

Join a community of young women who like to write and make art. We'll experiment with poetry, fiction, and memoir-style writing. We'll also venture into art-making and use our words and images to create books. Join us!

The Inner Life of a Writer (grades 8-10) - \$149

Facilitator: Andrea Rotter

Sundays, February 9-March 16

Spend six weeks exploring the relationship between creativity and body awareness. Afternoons will be spent writing, crafting, and discussing written work. Additionally, yoga, meditation, and body movement activities will be practiced in order to discover the connections between the body and the mind. In short, young women will spend the semester discovering the sources of creativity and the inner life of a writer. We hope to see you there!

Winter 2013-2014 Holiday Closings

Women Writing for (a) Change will be CLOSED on the following dates:

Tuesday – Thursday, December 24-26, 2013

Tuesday, December 31, 2013

Wednesday, January 1, 2014

The mission of WWf(a)C is to nurture and celebrate the individual voice by facilitating supportive writing circles and by encouraging people to craft more conscious lives through the art of writing and the practices of community. For more information about our programs or our organization, visit www.womenwriting.org or call 513-272-1171

WWf(a)C is supported in part by ArtsWave