

2014 WSCADV Annual Conference: Workshops

Presenters	Title	Description	What you will learn
Kris Billhardt, Rachel Payton	Advocates on the Move: Mobile Advocacy, Housing Stability, and Trauma	There is a lot of buzz around "trauma-informed services" these days. Learn how embracing some of the important concepts of trauma-informed care can help you slingshot forward into the brave new era in victim advocacy. The focus of this workshop is on DV Housing First strategies as an example of cutting edge trauma-informed practice.	<ul style="list-style-type: none"> • What trauma-informed services are. • How DV Housing First works. • Pragmatic ways to incorporate trauma-informed practice in to your advocacy.
Katya Fels Smyth, Anna Melbin	Beyond Safety: Survivors and Well-Being	How would our advocacy be different if we oriented to all five of the domains of well-being, and not focus on safety alone? The full-frame philosophy says that indeed we all need safety, but we also need social connectedness, stability, mastery, and meaningful access to relevant resources. Dive deep and explore how the well-being framework could lead us to see our work with survivors differently.	<ul style="list-style-type: none"> • An understanding of all five domains of well-being. • Insight into the possibilities of shifting to a full-frame approach. • Concrete ideas for how to apply the framework to advocacy.
Vanessa Gutierrez	Beyond U Visas: Immigration Reform and Immigration Options	Immigration has been a hot topic for some years now, but the world of immigration law is constantly evolving. That's why it's important to stay on top of current attitudes and challenges. Learn how advocates are succeeding in securing the protections that victims are entitled to. Hear about what's going on and share your direct experiences with other advocates.	<ul style="list-style-type: none"> • An overview of current laws. • Details of how these laws impact survivors and their families. • Strategies for using these laws to your advantage.
Traci Underwood, Kristen Wilson	Child Support: Navigating the Benefits and Risks for Survivors	Child support can be a great benefit, but for survivors, being involved in this system often comes with some risks. Join us to learn the basics about how survivors can maximize the benefits and minimize the risks.	<ul style="list-style-type: none"> • How the child support system works. • The specific issues for survivors. • Tips for advocating with DSHS and the Division of Child Support.
Heather Corinna	Connecting With Youth	Heather Corinna has worked with young people for over 15 years with tremendous success. She connects and resonates with youth on issues of sexuality and healthy and unhealthy relationships. Heather will share her tips and tricks to help you with your youth advocacy. You'll also have a chance to discuss and	<ul style="list-style-type: none"> • How to create dynamics between youth and educators that honor and respect both. • A list of things guaranteed to get a

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		troubleshoot specific dynamics or presentations with youth that just don't seem to be working.	<ul style="list-style-type: none"> poor response from youth. A much better list of tried and true methods to help you deeply connect and resonate with youth.
Katya Fels Smyth, Anna Melbin	Embracing Victory and Success!	We often know how to dwell on the negative and what went wrong. Rarely do we celebrate the successes and victories. And even more rarely do we analyze them and think, "How did we do that? Can we replicate or build on that?" Come to this workshop to engage in significant moment reflection and learn to focus on the positive and what went right.	<ul style="list-style-type: none"> Tools to help you identify moments of success. Strategies for affirmatively working your success into more successes. How to do a significant moment reflection.
Grace Huang	Getting Firearms Out of the Hands of Abusers	DV abusers who have protection orders against them cannot have firearms. It's the law and there should be no getting around it. Learn how communities are gearing up to enforce this law with policies and police procedures that help increase safety for DV survivors.	<ul style="list-style-type: none"> What the law actually says. The best ways to implement this new law in your community. To problem-solve most common roadblocks.
Mette Earlywine, Laurie Garber	Getting Kids Protected in Family Law Cases: What Works	Join family law attorney Laurie Garber of the NW Justice Vancouver Field Office, to hear tried and true strategies for obtaining protections for children in DV family law cases. Discuss with her and other advocates the role that advocates can play in helping survivors implement those strategies.	<ul style="list-style-type: none"> Facts and resources related to children and protection orders. Pragmatic advice from communities where protections are in place and working well. Problem-solving for communities where they are not.
Lydia Guy-Ortiz	HIV/AIDS and Violence Against Women	For women living with HIV/AIDS, violence is especially prevalent: over half of women living with HIV have experienced intimate partner violence. Data supports the need to	<ul style="list-style-type: none"> HIV 101 (the epidemic has changed a lot in the last 30 years. Details of how HIV &

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		address not only HIV/AIDS and IPV, but also their intersections. This workshop will provide an overview of the topic as well as opportunity for discussion.	<ul style="list-style-type: none"> IPV intersect. Programmatic implications.
Connie Burk	HR for Liberation	Calling all managers and directors! Starting with our own agency's personnel and travel policies, and moving on to pay scales and other HR practices, how can we be the change we want to see in the world? This workshop will cover practical advice and food for thought about the management practices we need to support sustainable organizations, attract and retain a diverse workforce, and advocate for justice on behalf of survivors.	<ul style="list-style-type: none"> Think hard and challenge yourself to come up with practical steps to make your agency more sustainable, more diverse, more fun.
Ruchira Gupta	If You Really Want To Empower Survivors	Extraordinary activist and closing keynote presenter Ruchira Gupta has done cutting edge work empowering women around the world. Her joyful and out-of-the-box thinking about feminism and activism will inspire and motivate you to take risks in your own communities. Come to this workshop for inspiration and fresh ideas.	<ul style="list-style-type: none"> How activism around the globe has many of the same roots and aspirations. How one person can inspire thousands of others to heal and become activists themselves.
Kiana Swearingen, Rachel Taylor	It Might Get Awkward: Engaging Middle Schoolers	Do you want to learn how to connect with young teens and impact how they think about gender, relationships, consent, and coercion? Rachel Taylor and Kiana Swearingen (New Beginnings, Seattle) are experienced youth educators with a practical approach to the lively, creative, and at times awkward world of middle school.	<ul style="list-style-type: none"> Which important questions to ask as you work with middle schools. How to build partnerships with key players. Logistics of launching and facilitating groups with youth. Specific tools to use with youth in your community.
Connie Burk	It Takes a Village, People!	Friends and family are a gigantic untapped resource that can help LGBT survivors of abuse. This workshop will introduce you to the It Takes a Village, People! tool kit and help you understand the vitally important role that friends and	<ul style="list-style-type: none"> The ins and outs of the It Takes a Village, People! tool kit. How to apply the tools in your

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		family can play when they know what to do to help.	<ul style="list-style-type: none"> community. Pragmatic problem solving advice for situations you have experienced when advocating with friends and family.
Elishia Stewart, Sharon Jones Hayden	Justice (Finally) Comes to Indian Country (Kinda)	Tulalip Tribes is leading the entire nation as one of three Indian Tribes chosen under the "Pilot Program" provision of the Violence Against Women Reauthorization Act of 2013. This allowed for early implementation of the Act. Presenters will talk about their experiences implementing VAWA and the implications for survivor safety and perpetrator accountability in tribal communities.	<ul style="list-style-type: none"> Basics about VAWA reauthorization. Case study of the reality of how the law is rolling out. Ideas about the major challenges facing all tribes with VAWA implementation.
Helen Davis, Gabriela Alor	Latina Power	Latina advocates, your life and work experiences are powerful. Your community and agencies are powerful. This workshop will help you get in touch with this and help you see that you are the leader you have been waiting for. Come hear more from longtime activist Helen Davis who has been leading successful and highly regarded programs in Okanogan County for many years.	<ul style="list-style-type: none"> How to recognize the vital importance of your own experience and strengths. How to use these strengths to forge new relationships with other programs and promote successful advocacy outcomes. How to be a powerful inspiration to others.
Anna Guzman Maria Martinez	Legal Advocacy for Immigrant or Bicultural Survivors	Navigating the legal system can be complex and overwhelming to many survivors of abuse. It can be even more frustrating to those who encounter systemic barriers because they are immigrants. In this workshop we will work on creating and sharing strategies to do meaningful legal advocacy work.	<ul style="list-style-type: none"> Overview of systemic barriers to justice for immigrant survivors. Promising strategies for successful advocacy in the legal system.
Mette Earlywine, Josefina Ramirez	Legal Advocacy Problem Solvers	It's open forum time for legal advocates. Do you have some ongoing legal advocacy issues that you'd like to problem-solve with others? Would you like more	<ul style="list-style-type: none"> Resources and support to undertake changes to long-standing

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		information and options for systems advocacy? Instead of complaining, we'll talk strategy for real improvement to the legal system in your community.	<ul style="list-style-type: none"> legal systems problems. Facts, information, and data to support changes to problematic legal practices.
Tyra Lindquist	Meditation for Beginners	You might think meditation is only for people who can sit cross-legged on the floor and empty their minds. The truth is anyone can meditate, and practicing basic techniques can be deeply calming and restorative. How can calming and centering help your day-to-day advocacy work? This is a no-risk opportunity to hear about the benefits of a simple meditation practice and give it a try.	<ul style="list-style-type: none"> What meditation is and is not. What meditation has to do with the practice of advocacy. Resources for future exploration.
Tyra Lindquist	Not Your Mother's DV Program	A lot has changed in the last 30 years, and things will look different 30 years from now. Come hear about what progress we've made over the years here in Washington, and what leaders are envisioning for the future of our services and the future of our movement.	<ul style="list-style-type: none"> Progress to date on recommendations for the future of DV services. How you can find out more and keep abreast of the conversation about the future of our services.
Nan	Physical Practice and Building Momentum	We will make change with a growing "critical mass" as we gather people, energy, and will-power. Come engage in a form of physical practice where you can experience what critical mass feels like. Movement will be interspersed with discussion on how we can use this to have great impact on changes within our programs and in our communities.	<p>The physical practice form, either for the first time, or as an ongoing improvement to what you already know.</p> <ul style="list-style-type: none"> How the practice can support the important changes you are facilitating in your program.
Ilene Stohl	Play to Work: All Icebreakers, All the Time	Have you ever noticed how people can be physically present at a meeting, but miles away? Whether you facilitate community meetings, support groups, or staff meetings, if you get people up and moving, you help build connection, foster creativity, and create meaningful moments.	<ul style="list-style-type: none"> Several actual icebreakers that we will play. Ideas for a variety of audiences and purposes: youth, big groups, team building, people who know each other, people who don't.

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			<ul style="list-style-type: none"> • Practical tools to take out and try at your next gathering.
Tyra Lindquist	Practicing Advocacy	While it might seem that we should just settle into knowing what we're doing, the truth is that victim advocacy is constantly evolving. Our professions call upon us to always be practicing: to be lifelong learners, to refine our skills, and to be curious about new developments. The six core skills of victim advocacy that we'll focus on lend themselves to long-term development and day-to-day practice.	<ul style="list-style-type: none"> • The definition of the six core advocacy skills. • How to engage in a vibrant and evolving practice.
Erinn Havig, MSW	Resiliency: How To Reduce or Reverse the Impacts of Adverse Childhood Experiences (ACEs)	There is a lot of buzz these days about ACEs and resiliency. But in our day-to-day advocacy, how does this all play out? Learn how to build on the resiliency families already have and help parents help their kids to overcome the trauma and adversity they have experienced.	<ul style="list-style-type: none"> • A working definition of ACEs and resiliency factors. • Successful strategies to promote and build resiliency in the families you interact with.
Sarah Deer	Safety and Sovereignty	Do you understand what tribal sovereignty is, and how the erosion of sovereignty threatens Native women's safety and well-being? If not, this is an important workshop for you to attend. Sarah Deer will address the history of indigenous women's resistance and current activism, as well as legal and tribal responses to violence against women.	<ul style="list-style-type: none"> • Historical and legal information about tribal sovereignty. • How non-Native allies can make common cause and support safety and sovereignty for Native women.

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Meg Panichelli, Adrienne Graf	Sex Workers and DV	Do you feel uncertain or confused about victimization and the best ways to advocate for sex workers who've experienced DV? How much do you know about the sex trade, sex workers, and sex trafficking? This workshop will put you on the road to understanding. Increase your knowledge and help your organization do better by people in the sex trade.	<ul style="list-style-type: none"> • How sex workers and victims of sex trafficking are different populations with unique challenges and needs. • Overview of research on systemic trauma suffered by sex workers. • Develop pragmatic steps to better meet the needs of people in the sex trade.
Heather Corinna	Sexuality and Survivors	We have been talking about sexual abuse, sexual assault, and consent for years. But we haven't talked much about survivors' desires to have fulfilling sexual lives. Because of this, survivors get strong messages (sometimes even from advocates) that they are sexually broken. Or that their choices about sexual expression, if outside mainstream ideas about sexuality and partnership, must be related to their victimization. How can we support victims to create and navigate their own healthy, happy sex lives?	<ul style="list-style-type: none"> • Challenges survivors face in claiming a healthy sexuality. • How to have conversations with survivors and advocates about sexual assault and healthy sexuality.
Erinn Gailey-Genack and Leticia Garcia	Super Supervision	Skillful supervision is vital to the practice of advocacy. Join us for a peer-led discussion and brief presentation about the benefits and challenges of supervising in gender violence programs. Topics will include supporting staff to provide survivor-centered advocacy, recognizing concerns about power, and working in a multicultural environment.	<ul style="list-style-type: none"> • Tips for supervising survivor-centered advocacy. • Tips for constructively addressing concerns about power and control. • Tips for supervising in a multicultural environment.

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Traci Underwood	Talkin' 'Bout Good Jobs	We're talking about good jobs for people working in our very own DV programs—that's economic justice on the most personal level. Leaders will talk about how they have set (and met!) goals to improve working conditions. Come hear about the possibilities and set your own goals. (The workshop is geared toward leaders, but anyone can attend.)	<ul style="list-style-type: none"> • Specific steps some agencies have taken to improve working conditions. • Barriers that have been overcome to meet goals. • Resources to assist your own goal setting.
Claudia A'Zar, Glenna White	The Interpreter Said What?	Have you ever advocated for a victim using an interpreter and just had a gut feeling that you were not being translated quite right? Have you ever had the sense that there was something going amiss between the victim and interpreter? But what can you do about it? Hear about common interpretation snafus and what you can do to correct them.	<ul style="list-style-type: none"> • How to assess an interpreter's skill level and their comfort with DV and SA topics. • What to do if you sense a problem. • How to work with interpreters in tight-knit communities where lots of people know one another.
Sarah Deer	<i>The Round House</i> Book Club	<p><i>The Round House</i>, by Louise Erdrich, is arguably the most important novel about Native women ever written. Read the book prior to the conference and join us for a facilitated discussion of the major themes in the novel.</p> <p>Stay tuned prior to the conference for discussion questions to consider when you are reading the book.</p> <p>Trigger warning: <i>The Round House</i> contains graphic descriptions of sexual violence.</p>	<p>If you read this novel and attend this workshop, you will:</p> <ul style="list-style-type: none"> • Gain a deep understanding of the tragic impacts on people when legal jurisdictions collide in Indian country. • Explore the impacts sexual assault has on husbands and sons.
Rosalinda Guillen	What Does It Mean To Be an Activist in Rural Washington?	Rosalinda Guillen, once a farmworker and now a community activist, has a lot to teach all of us. She has spearheaded community gardens, organized for labor rights, and inspired other to work for healthy communities for farmworkers. She's accomplished all this while remaining connected to her community, her values, and her honesty. She'll share	<ul style="list-style-type: none"> • How to shake things up in a rural community. • How to have very down-to-earth practices and connect with others in fundamental and impactful ways.

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		her experiences and what she's learned about how to be an incredible advocate and connect with others to transform a community.	<ul style="list-style-type: none"> • How to stay true to yourself in your practice of advocacy.
Leigh Hofheimer, Leah Holland	Women's Health? Not My Job. . . Or Is it?	Not your job? Maybe yes, maybe no. The health and mental health consequences of untreated sexually transmitted infections and disease, the lack of access to the right form of birth control, and having babies all have huge impacts on victims. Making pregnancy tests and emergency contraception available at our programs gives victims immediate access to information, resources, and power. Hear from advocates who offer emergency contraception on-site and how they learned to feel at ease talking to survivors about reproductive and sexual coercion.	<ul style="list-style-type: none"> • An overview of the latest and greatest birth control methods. • Down-to-earth advice about how to approach victims with thoughtful questions and good information. • Resources for action you can take when you return home.