*FOR IMMEDIATE RELEASE*

**UCKI OOD ANNOUNCES 2:365 ART BOOK LAUNCH & EXHIBITION OF PAINTINGS & SCULPTURE**

**THURSDAY MAY 8, 2014 6:00PM – 12:00AM**

**EXHIBITION ONLY, MAY 9, 2014 6:00PM – 12:00AM**

**SOLE REPAIR SHOP**

**1001 E PIKE ST., SEATTLE, WA 98122**

**ucki ood**, the fine art studio of Missy Douglas & Kim Rask, in partnership with International Bipolar Foundation (IBPF), announces the launch of their new art book, 2:365, and accompanying exhibition of paintings and sculpture. Comprising 365 canvasses painted every day for the entirety of 2013, 2:365 explores the direct relationship between Missy’s struggle with bipolar disorder and her creative voice. Including reproductions of all 365 images and a written diary, the 2:365 Art Book is a stunning, full-color visual record of this tumultuous yearlong journey. All 365 paintings will be exhibited at the launch, as well as recent pieces of sculpture from the ucki ood studio.

**About ucki ood**

With bases in Seattle and New York City, ucki ood is the fine art studio of artists Missy Douglas & Kim Rask. Highly autobiographical in nature, their paintings and sculpture explore how psychological and emotional trauma is expressed through the physical body. Exploiting both traditional and modern techniques/materials, they are unafraid to lay bare their own personal experiences in order to reveal universal truths and challenge social norms.

Missy Douglas is a British artist, now residing in the US. A former professor of fine art, she was awarded a Ph.D from the University of Cambridge, UK in 2005, and has worked as a professional artist in the fields of oil painting and sculpture since 1999. A former student of University of Washington, Kim Rask is self-taught artist and Seattle native. He has worked extensively in film, animation and sculpture. They have exhibited both in the US and Europe.

**About International Bipolar Foundation**

Founded in 2007 by four parents with children affected with bipolar disorder, International Bipolar Foundation is a not for profit organization whose mission is to improve understanding and treatment of bipolar disorder through research; to promote care and support resources for individuals and caregivers; and to erase stigma through education. To learn more, please visit [www.ibpf.org](http://www.ibpf.org).

Registration required, please visit <http://bit.ly/1lpy0lA>

This is a free event. Appetizers and drinks will be served on May 8.

**Press Contact**

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