



Transition Inventory

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This tool is to help you look at what resources are currently available and what is lacking in your life and your child's life to use in planning for his or her progress toward adulthood; this inventory will help you determine what steps to take as you work for quality of life for your child with a disability.

<u>Do the numbers...</u>	Your child's current age:	
	Age and year when your child will graduate:	
	Number of years in school until graduation:	

Inventory of resources

<u>Funding and Services</u>		<u>In Process</u>	<u>Done-- hurray! / Currently Rcvng Svcs</u>	<u>Not yet done-- Options to carry out and notes on how to do it</u>	<u>Resources to help</u>
<u>Funding and services</u>	No assets over \$2000 in child's name			Talk to a lawyer or Arc of Texas. Create special needs trust. Do by age 18.	Arc of Texas www.thearcoftexas.org
	Current evaluation			Use to establish eligibility, age 18 & in last year of school	School district Doctor Local Authority
	Medicaid waivers			Get on waiting lists for relevant program NOW If on waiting list, find your child's number to use in planning	CLASS-877.438.5658 HCS-your local authority MDCP-877.438.5658 www.dads.state.tx.us and click on "Help for Texans..." then "Interest Lists"
	SSI/Medicaid (Supplemental Security Income) SSDI after parent starts taking Social Security			Must prove eligibility based on disability & income (based on family income before age 18, person's income after age 18)	Local Social Security office or 800.772.1213 (avoid calling or office visit on Mon, Fri, first & last days of month) www.ssa.gov
	Local Authority services (formally Mental Health/Mental Retardation)			Schedule intake at local authority center --Must prove eligibility based on income and disability (based on family income before age 18, person's income after age 18)	Find your local center at www.dads.state.tx.us and click on "Help for Texans..."
	DARS (Dept of Assistive and Rehabilitative Services)			Vocational Rehabilitation Services, can open a case before graduation but won't get services until after graduation; job search & supports	800.628.5115 www.dars.state.tx.us ask your child's teacher to link you with DARS

<u>School Transition Services</u>		<u>In process</u>	<u>Done-- hurray! / Currently Rcv'g Svcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
<u>School Transition Services</u>	Your child's graduation year			At age 18 graduate <u>or</u> walk across the stage but DO NOT receive diploma and get services through the year he or she turns 22 (or some year in between)	Talk to teacher
	Your child's graduation plan			Know what plan graduating under: Distinguished, Recommended, Minimum, ARD committee, age out by age 22	Discuss with teacher & school counselor
	Vocational programs Career & technology			Find out what's available in your district	Teacher or VAC (Vocational Adjustment Counselor)
	19+ programs			Find out what's available in your district	Teacher
	Off campus work experience			Find out what's available in your district	Teacher or VAC (Vocational Adjustment Counselor)
	Transition goals in IEP			Should reflect your child's priorities for life after graduation; such as: vocation, post graduation learning, living options, & recreation/leisure	Teacher
	Planning process with school staff			Consider all domains: vocation, post graduation learning, living options, & recreation/leisure	Teacher
	Going to 2 year post-graduation school			Explore options at community colleges, technology certifications, on-line classes	Register with disability services office of local community college
	Going to 4 year post-graduation school			Must be accepted on own merits; student may receive accommodations under ADA, but not modifications	Register with disability services office of colleges & universities
	Find learning opportunities in the community			Explore options at community colleges, technology certifications, on-line classes; centers for independent living; local non-profits, recreation centers	

<u>Legal Issues</u>		<u>In process</u>	<u>Done-- hurray! / Currently Rcvng Svcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
<u>Legal Issues</u>	Guardianship Or alternatives			Not until child is age 18; start 4-6 months before age 18. Try your county probate court website for forms, instructions. Be ready to pay lawyer, bond and court fees. Or is limited guardianship or power of attorney more appropriate?	Contact an experienced lawyer; find lawyer referrals through elder care services, advocacy groups, parent list serves More info at www.disabilityrightstx.org
				After age 18, must renew guardianship annually, pay bond	Probate website for form
	Estate planning			Draw up a will. Avoid child inheriting more than \$2000 or holding bank accounts, trusts, etc over \$2000 IN HIS or HER NAME. Estate planning with a certified estate planner for ways to meet your child's needs long term.	Contact an experienced lawyer; find lawyer referrals through elder care services, advocacy groups, parent list serves, Master Pooled Trust at The Arc of Texas: http://www.thearcoftexas.org/site/PageServer?pagename=partners_master_pooled_trust
<u>Planning for the future</u>	<u>Planning process</u>			Learn about person-centered planning, MAPS, PATH	School, Education Service Centers, Parent groups www.pacer.org www.thearcoftexas.org (PATH-Planning Alternative Tomorrow with Hope)
	Self-determination			Give your child the chance to make choices and live with consequences	www.pacer.org
				Work with your child's teacher so your child can participate in and eventually lead her ARD meetings	Teacher, Education Service Center www.pacer.org/tatra/studentiep www.nichcy.org/pubs
	Networks, relationships			Encourage your child's interests. Invite people into your lives. Include IEP goals on social skills. Look for ways to use school for social groups. Parent groups, on-line groups.	Networks in <i>A Good Life</i> at www.plan.ca ;go to courses and products
				Microboards (network becomes a small non-profit for one person)	www.thearcoftexas.org

	<u>Planning for home and work</u>	<u>In process</u>	<u>Done--hurray! / Currently Rcvng Svcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
<u>Planning for a home</u>	Group homes			HCS group home (max of 4) ICF-ID group home (6+) -talk to your local authority	Get on HCS waiting list. Find your local center at www.dads.state.tx.us and click on "Help for Texans...", then fill in the information requested in "Who can I call to start getting DADS services?"
	Dedicated communities Intentional community			Community living with a purpose; Search the web using "living options disabilities	Examples: Down Home Ranch-Austin area New Danville-Houston area
	HCS foster family Shared parenting			Family of origin becomes a foster home, paid by HCS, purchase services 2 families that share child's care, child could live with either family	Get on HCS waiting list. Find your local center at www.dads.state.tx.us and click on "Help for Texans...", then fill in the information requested in "Who can I call to start getting DADS services?"
	Own or rent			Share resources with other families; "parent run" group home; several friends living together	Section 8 housing HOYO (Home of your own) Habitat for Humanity
	Family Consortium			Families pool resources to create a home for several people with disabilities	www.Leapinfo.org go to living with technology
	Co-housing			Pooling resources, separate living quarters w/ common area	http://www.cohousing.org/
<u>Planning for Work</u>	School assistance			Goal: Leave school with a paid job, supports as needed. At school: Work skills classes, school based work experience, off-campus internships, off-campus paid job	Explore school-based programs: Vocational Assistance Coordinator (VAC), Supported Employment Team, Teacher, Local Authority, Education Service Center, DARS, non-profits
	Home assistance			encourage child's interests, talents; give child; responsibilities at home; neighborhood jobs; volunteering	Talk to friends, neighbors, colleagues to help find volunteer and work opportunities
	Transportation			Young adult must have a way to get to & from work. Ask school to provide training	School, IEP goal Local non-profits

<u>Transition to Adult Medical Services</u>		<u>In process</u>	<u>Done-- hurray! / Currently Rcvng Svcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
<u>Transition to Adult Medical Services</u>	Age of majority = 18, when healthcare professionals can no longer share information with parent.			Assist your child to learn about his or her disabilities, medications, procedures (start at age 14); talk to current providers about continuing to share information with you after child is 18	Talk to current providers and your child
	Current medical providers (pediatric)			List current services that need to be replaced with adult services	Talk to current providers
	Adult medical providers			Find adult med providers to replace pediatric services	Ask pediatric doctors, clinics, parent groups and list serves
	Adult insurance			Explore keeping child on your work provided medical insurance til 26 or permanently; Medicaid, Medicaid Buy-in, PCS (Personal care services up to age 21), PHC (Personal Homecare for Adults); HIPP	Medicaid 800.252.8263 HIPP if on Medicaid & private insurance (shares cost of insurance) 800.440.0493 Dept of State Health Services www.DSHS.state.tx.us
<u>Parent challenges during transition</u>	<u>Parent challenges during transition</u>			Look at emotional barriers to planning for your child	Talk, think, write, listen to your child, read, research
	Find emotional support for yourself Separate your fears about transition from your child's			Reach out to other parents, parent groups	Your school TXP2P Local support groups Parent list serves
	Build a network for yourself			Reach out to others, both within the disability community and without	Relatives, friends, neighbors, colleagues, parent groups
	Start a planning process for your child			Person-centered planning, MAPS, PATH	School Region Education Service Center

<u>Getting Organized</u>		In process	<u>Done-- hurray! / Currently Rcving Svcs</u>	Not yet done-- Options to carry out and notes on how to do	Resources to help
<u>Getting organized</u>	Start a record keeping system			Use what works for you; date everything; write down person you talked to at agencies, etc	
	Learn more about transition			Internet, school, parent groups, keep lists of possible services, ideas, people, resources	
	Create a list and prioritize			Brainstorm then organize, find someone to bounce ideas off of.	
	Get to know internet transition resources			Look for the transition menu or option at the following websites plus many more	www.disabilityrightstx.org www.esc1.net www.familyvillage.wisc.edu www.ncset.org www.nichcy.org www.pacer.org www.thearcoftexas.org

Your List

Write down what you need to do in a few of the following categories:

<u>Your to-do list</u>	In process	<u>Done-- hurray! / Currently Rcving Svcs</u>	Not yet done-- Options to carry out and notes on how to do	Resources to help
Funding and services				
School transition services				
Legal issues				
Planning Process				
Planning for home and work				
Transition to Adult Medical services				
Parent challenges during transition				
Getting organized				

Highlight the one that is most important to do NOW!