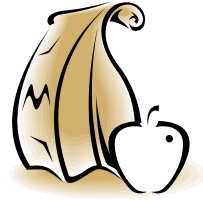


Bunches of Lunches: KSDS Fights Hunger One Lunch at a Time

A project of the KSDS VolunTeam in partnership with Jewish Volunteer Connection



Students perform the mitzvah of ma'akhel re'evim, feeding the needy:

Please pack an extra lunch in this brown bag for vulnerable seniors in our community who have requested our support. Send the extra lunch with your child to be dropped off in the Berman lobby **ONLY ON THE COLLECTION DAY.**

Important: What to pack for the senior recipients:

Wrapped sandwich- egg salad, cheese, deli, or tuna salad- NO PEANUT BUTTER

Fruit-preferably sliced

Bag of chips

A drink- water, juice, boxed milk, or chocolate milk

Napkin

Something sweet- brownie or cookie

Please decorate your bag with drawings and stickers. It means a lot! REMOVE THE INSTRUCTION SHEETS

Collection date: Tuesday, December 16, 2014

We will be collecting lunches on a monthly basis.

Save the dates for these collections days: January 20*February 17*March 17*April 21*May 19

Brighten someone's way-Bring an extra lunch today



BUNCHES OF LUNCHES "FAMILY TALK"

In Jewish tradition the value of *hiddur p'nai zaken*, respect of the elderly is emphasized over and over again. We invite KSDS families to discuss the following texts and questions to frame our bunches of lunches program and help gain an understanding of the significance of this mitzvah. All the lunches donated get delivered to seniors in need who have asked for a healthy meal and support.

Texts

You shall rise before the aged, and show deference (respect) to the old. - Vayikra 19:32

Do not cast me off in time of old age; Forsake me not when my strength is spent. -Tehillim 71:9

Even the old man who has forgotten his learning must be treated tenderly, for were not the broken tablets placed in the Ark of the Covenant side by side with the whole ones? -Berachot 8b

Guiding Questions

- 1) What do the above texts teach us or remind us about the elderly?
- 2) Do you think that sometimes seniors feel forgotten, ignored, or lonely?
- 3) The phrase that is used to refer to respect of the elderly, *hiddur p'nai zaken* literally means "enhancing the face of the elderly". How are we enhancing the face of the elderly by donating lunches to them?
- 4) What are some other ways to help and support the elderly in our community?

Who are we serving? Low-income, isolated seniors of all backgrounds living in the following facilities:

- Weinberg Gardens/ Terrace
- Weinberg House
- Weinberg Manor (East and West)
- Renaissance Gardens

For more information, visit <http://weinbergapartments.com/> and <http://boldnewheights.org/portfolio-item/renaissance-gardens/>