



CORT PETERS

Originally from San Diego and an alumnus of the University of San Diego High School Dons, Cort Peters graduated from the University of Notre Dame. He immediately started a Master's in Teaching while serving in the Alliance for Catholic Education as a teacher for two years.

Called to serve even more deeply, Cort entered the seminary with the Congregation of Holy Cross. After starting a Master's in Divinity, Cort spent a year in Monastic Life at the Holy Cross Novitiate in Cascade, CO. After a year of ministry as Brother Cort at Saint John Vianney Parish in Goodyear, AZ, Cort returned to his old high school, University of San Diego High School, to teach and serve as the Theology Department Chair.

Cort moved to Los Angeles and served as principal of Saint Marianne School and Saint Sebastian School. Both schools included fundraising efforts of over a million dollars that led to constant improvement in school programs and facilities.

Cort returned to San Diego in 2006, and became Director of Catechetical Ministries at Saint Therese of Carmel Church in Carmel Valley. He has served as guest speaker in several venues, and led retreats for students, faculty, and other populations. At Saint Therese of Carmel, Cort helped guide the church through various new ministries. He oversaw the growth of the church to include over 2500 families and all new facilities. During that time, Cort finished his Master's in Sport and Performance Psychology and began his private practice.

While Cort's practice began through family counseling and Spiritual Direction, today that private practice includes athletes in Soccer, Cross Country, Softball, Baseball, Football, Golf, and Volleyball, as well as athletes who train for general fitness. Cort Peters helps teams and individuals to be the best version of themselves.