



Free Telephone Learning Sessions

Date	Central Time	Topic
Thursday, September 4th	2:00 pm	The Impact of Falls and What You Can Do To Prevent Them With Cindy Quinn. <i>September is Fall Prevention Awareness Month. One in three older adults will fall this year, and many sustain serious injuries that result in a loss of independence. There are steps you can take to lessen the risk of falling. Cindy Quinn, Evidence Based Program Coordinator with Texas A&M University, will discuss steps you can take to reduce the risk of falls for older adults.</i>
Tuesday, September 9th	11:30 am & 7:00 pm	Dealing with Challenging Behaviors With Shelly Young, Program Manager (11:30 am) and Sara Rotenberry, Director of Education Services (7:00 pm). <i>Identify common triggers and effective strategies to respond to often challenging behaviors of people with Alzheimer's disease and dementia. Sponsored by the North Central Texas Caregiver Teleconnection (45 min. session)</i>
Tuesday, September 16th	10:00 am	What is a Social Security Representative Payee and Why is This Important? With Oscar Garcia, Public Affairs Specialist, Social Security Administration <i>This session will focus on the importance of becoming a Representative Payee for a beneficiary who is no longer able to manage their Social Security benefits. Many caregivers tend to assume the financial responsibilities for their loved ones without taking the steps to become a representative Payee. Listen to this important session and get answers to your questions about Social Security!</i>
Thursday, September 25th	10:00 am	The Impact of Hearing Loss on Everyday Communication. With Noreen D Gibbens, Lead Audiologist, Health Innovations <i>With hearing loss, communication becomes more difficult. This session will include a discussion on the impact of hearing loss on everyday communication and strategies that will make life easier. This expert presenter will also discuss ways to improve telephone communication, and hearing loss and safety in the home.</i>

Call. Learn. Share.
Confidential. Free.



You can Register online at www.caregiverteleconnection.org or
call 866.390.6491 Toll Free between the hours of 8 to 5 M - F to register via phone

Must pre-register at least 24 hours prior to the classes