FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ENRICHMENT AT ECKSTEIN MIDDLE SCHOOL

Eckstein Middle School After School Programs

After-school programs through the YMCA offer fun and enriching activities designed to explore hidden talents, promote self-expression, and make new friends. Through classes that range from recreation and experiential education we provide a dynamic and nurturing environment for your teen to learn and grow. We hope that you will join us this year after school at Eckstein!

TRANSPORTATION:

In order to register for transportation, you must include your student ID when registering. Students who fall within the walking range will not be eligible for transportation services. Transportation will be coordinated through the Y until the first week of October, when Seattle Public School begin transporting students home.

TO REGISTER:

Pick up program registration materials at school or register online through the Y:
www.universityfamilyymca.org

FOR MORE INFORMATION:

Georgina Ramirez
Leadership Development Director
gramirez@seattleymca.org
206-524-1400 x-304

Program Registrar
universityprograms@seattleymca.org
206-524-1400

FEES:

$100 for one day a week for a full semester
Families who register for 5 days/week will receive a $50 discount after registration. Please note that for online registrations, discounts will be applied ***after*** initial registration.
Financial assistance is available
Automatic Scholarships are available for free and reduced lunch

HOURS:

Monday - Friday, 2:30 - 4:30 PM at Eckstein

DATES:

Fall Semester: September 9 - December 19

UNIVERSITY FAMILY YMCA
5003 12th Avenue NE, Seattle, WA 98105
P 206 524 1400 **F** 206 524 8613 universityfamilyymca.org

Everyone is welcome. Financial assistance is available. The **YMCA of Greater Seattle** strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.

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SIGN UP FOR AFTER SCHOOL CLUBS

Registration
UNIVERSITY FAMILY YMCA

AFTER SCHOOL AT ECKSTEIN

Fall Semester 2014: September 9 – December 19

CLUB DESCRIPTIONS

MONDAY

Latin
Carpe Diem! Students will learn the fundamentals and gain fluency in Latin.

International Cooking
Cook, eat, and have fun in the kitchen! Students will explore and build their global awareness through multi ethnic cooking approaches. They will leave the class with a better understanding of global cuisine, cooking techniques, and practical experience in the kitchen.

Parkour
This cross training regime and art form was developed out of military obstacle course training. Students learn to move quickly and efficiently through their environments, bodies, and surroundings to propel themselves and negotiate obstacles in between.

Girls Fit
This class is designed for girls who have a desire to build strength and develop lean muscles. Girls learn proper use of weights, lifting techniques, and muscle groups. This is a great club for all girls and girls who would like to work on conditioning for spring and fall sports.

Literacy Lab
Like theater and improv? Like working with little kids? In the Literacy Lab, you will participate in fun theater games, practice a short play, and learn how to get younger kids excited about reading and writing! At the end of the semester, you will visit a preschool or elementary school to practice what you've learned.

TUESDAY

Chess Club
Students will have time to learn about the strategies of chess and participate in Y club tournaments with their peers.

Chronicles
Create characters, travel through mythical lands and battle orcs and other formidable creatures. This club is open to all Chronicles players regardless of skill level.

Jr. Jazz Band*
Jr. Jazz Band is a class that reinforces CCSS through music. Every student will also learn about jazz, the only true American art form! In jazz band the student will learn to solo, swing, develop confidence and participate in community events. *Runs Tues/Thurs!

Nike Running Club
Do you love to run or would you like to start conditioning for the Spring Track Season? Students will go on short and long runs facilitated by Y staff, Nike athletes, and Nike staff. The emphasis of this club is running and healthy training.

Murals & Mosaics
Eckstein Beautification! Do you want to leave your mark on the Eckstein community through a series of mosaics and murals? If you have or would like to enhance your drawing skills, painting skills, and want to create art with your friends, this is a great club for you. This club is geared towards students who have some experience painting or drawing.

WEDNESDAY

Parkour
Jump, leap and hurdle at Eckstein and Parkour Visions. Parkour is a cross training regime and art form that was developed out of military obstacle course training. Learn to move quickly and efficiently through your environment, bodies, and surroundings to propel yourselves and negotiate obstacles in between.

ECKswaggified
This is Eckstein's very own step and drill team! Learn dance routines based on precise and synchronized motions, explore concepts of teamwork, and participate in community performances.

DJing & Music Production
Students will learn about elements of disc jockey. Students learn about turntables, practice utilizing djing equipment, music software, and learn the fundamentals of production to create unique pieces.

Chronicles
Create characters, travel through mythical lands and battle orcs and other formidable creatures. This club is open to all Chronicles players regardless of skill level.

Get Your Game On
Why just pick one sport when you can play them all! This multi-sport club focuses on active games including soccer, basketball, flag football, hockey, ultimate Frisbee and more.

THURSDAY

Urban Dance
Have you ever wanted to learn how to breakdance, crump or pop lock? Then Urban Dance Club is for you! Students learn elements of all 3 urban dance styles and more from a seasoned dancer, create routines and participate in community performances.

Jr. Jazz Band*
Jr. Jazz Band is a class that reinforces CCSS through music. Every student will also learn about jazz, the only true American art form. In jazz band the student will learn to solo, swing, develop confidence and participate in community events. *Runs Tues/Thurs!

Magic, The Gathering
Bring your deck and play! Come and learn, and play this trading card game! If you don't yet have your own deck, don't worry, starter decks are provided!

Craftastic Creations
Drawing, painting, upcycling, and so much more. Students will participate in a variety of art based projects varying from comic book creation, DYI projects, drawing, and more.

Advanced Chronicles
This community role playing game allows students to travel through mythical lands, battle orcs and other formidable beasts and create their own worlds. This quick paced session is geared towards advanced and seasoned players.

Friday

Build It
Explore engineering! Gain hands-on experience in solving "real-world" problems though fun team oriented activities. Create small catapults, domes, wind powered machines and more.

Cinematic Leadership
Is everyone a heroic leader? Watch some of your favorite movies while exploring what makes a great Leader.

Stir It Up!
This cooking class will focus on creating nutritious and delicious meals. This class is very hands on and will help students make great meals utilizing healthy ingredients.

Get Your Game On
Why just pick one sport when you can play them all! This multi-sport club focuses on active games including soccer, basketball, flag football, hockey, ultimate Frisbee and more.

Service Learning Club
Would you like to make a difference! Join service learning club to influence community projects and engage in hands on activities that make a difference in your community.

AFTER SCHOOL ENRICHMENT AT ECKSTEIN

Fall 2014 Registration: September 9 – December 19

Registration is available online at **www.universityfamilyymca.org.** Register online or fill out this form. Fax completed forms to 206– 524-8613 or mail to the University Y at 5003 12th Ave. N.E., Seattle, WA 98105. Please call the University Family YMCA at 206-524-1400 with any questions. **Please note that programs are staffed based on registration. Therefore, requests for cancellation will NOT be accepted after September 30. Thank you for being respectful of this policy.**

If you are registering for transportation, be sure to include your student ID number for district transportation purposes. If you add transportation later in the semester, please be aware that it may take up to three days for transportation to begin. Classes **will not** be held on No School Days or 2 hour Early Dismissal Days.

Child's Name: _____ Grade: _____ Birth Date: _____

Please list any medical, behavioral, or developmental needs: _____

Parent Name: _____ Parent Birth Date: _____

Address: _____
Street Address City, State Zip Code

Email: _____ Phone Number: _____

Emergency Contact Name & Phone: _____

Will you be registering for Bus Transportation? Y N If yes, Student I.D. # _____

Select Classes and Transportation

	Monday	Tuesday	Wednesday	Thursday	Friday
Class	□ Latin □ Int'l Cooking □ Parkour □ Girls Fit □ Literacy Lab	□ Chess Club □ Chronicles □ Jr. Jazz Band (T/TH) □ Nike Running □ Murals & Mosaics	□ Parkour □ ECKswaggified □ DJing & Production □ Chronicles □ Get Your Game On	□ Urban Dance □ Magic, The Gathering ■ Jr. Jazz Band (T/TH) □ Craftastic Creations □ Advanced Chronicles	□ Build It □ Cinematic Leadership □ Stir It Up! □ Get Your Game On □ Service Learning
Bus	□ Monday Bus	□ Tuesday Bus	□ Wednesday Bus	□ Thursday Bus	□ Friday Bus

Class Fee Calculation:

- ❑ I receive free lunch through SPS – automatic scholarship, email universityprograms@seattleymca.org
- ❑ I receive reduced lunch through SPS – automatic scholarship, email universityprograms@seattleymca.org
- ❑ I would like to apply for financial assistance – % discount determined by annual income and family size; email universityprograms@seattleymca.org
- ❑ No fee reduction – $100 per class, $450 total for Monday – Friday participants

Total Amount Due for Fall Semester
Full pay Monday – Friday: $450
Number of Classes: _____ x $100 = _____

Select Payment Options:

❑**OPTION 1** FULL SEMESTER, MONDAY-FRIDAY: $450
Pay in full now FULL SEMESTER, $100/per class
Full payment made at time of registration.

❑**OPTION 2** FULL SEMESTER, MONDAY-FRIDAY: 3 payments of $150
Pay in three Installments. $100 classes: First two payments $35, 3rd payment $30
3 Payments: First payment at time of registration and automatic charge to payment method listed below on Oct 1 and Nov 1.

TOTAL AMOUNT DUE: _____ TOTAL AMOUNT PAYING TODAY: _____
_____ Check (Made out to the University Family YMCA)
_____ Visa _____ MasterCard _____ Discover _____ America Express
Card # _____ Exp. _____ Security Code _____
Cardholder's Signature _____