

October 1, 6pm meeting will include presentation by Epilepsy Surgery Team neurosurgeon Shabbar Danish MD and epileptologist Ram Mani MD about laser procedures for epilepsy and other surgical options.

## **Epilepsy Support Group**

This support group meets to promote awareness and education to pediatric & adult patients, family members and other members of the community, about topics related to seizures and epilepsy and how to maintain optimal health.

This will include presentations and discussions regarding surgical interventions for epilepsy; the use of seizure drugs and their possible side effects; and other non-medication effective strategies. Discussions of other disorders more common in patients with epilepsy will include mood disorders, memory & other cognitive disorders, and bone health & fall risks.

Each session will include a topical presentation with discussion followed by relevant audience Q&A. Expert speakers will include neurology, neurosurgery, psychology and pharmacology experts.

## The support group will meet bi-monthly

The first Wednesday of
February, April, June, August, October and December
From 6 p.m. to 8:00 p.m.,
in the RWJ Fitness & Wellness Community Room

## **Meeting dates:**

2014 Dates: October 1 and December 3
2015 Dates: Feb 4, Apr 1, June 3, Aug 5, Oct 7, Dec 1

Facilitator: Dr. Ram Mani
Assistant Professor of Neurology
Rutgers University-Robert Wood Johnson Medical School

If you have any questions, please contact <a href="mailto:rwj.epilepsy@rutgers.edu/Epilepsy">rwj.epilepsy@rutgers.edu/Epilepsy</a> Office 732-235-7340 Please RSVP if you plan to attend.

## Free 3-hour parking

<u>Directions from Route 27 New Brunswick</u>
The RWJ Fitness and Wellness Center, RWJUH Community Education Room
100 Kirkpatrick Street, New Brunswick NJ 08901

(Entrance to the parking deck is on Paterson Street, immediately at the corner of Joyce Kilmer Ave. and Paterson St.

Proceed on Rt 27 to Joyce Kilmer Ave (the traffic light one block south from the railroad station). Turn left onto Joyce Kilmer Ave. Go one block and turn left onto Paterson Street. The entrance to the parking deck is immediately on your left. Proceed to any parking deck level and take the elevator to floor 2. Bring your parking ticket with you. On floor 2 you will see the entrance to the Fitness and Wellness Center. The staff at the front desk will ask you to sign in and will validate your parking ticket for free 3-hour parking. The Community Room is halfway down the hall on the right.