Materials needed:  
3- 1 gallon of mold cleaner                            3- dust masks                    
30- 2x4x8 treated studs                                 3- 2x4x10 treated studs  
50ft 10\2 wire for stove                                250ft 12\2 wire for plugs        
100ft 14\2 for lights.                                  6- 2x4 fluorescent lights        
3- 20amp GFI plugs  
6- 10ft of 1\2 inch pcvp pipe                           210ft of 2inch pvc pipe  
1- Double bowl sink and faucet  
5gal Kilz wall primer                                   10gal semi gloss                 
2gal semi gloss white for ceiling grid              850 SF or 12x12 vinyl floor tile plus glue/adhesive  
10- 4x8 green drywall                                   10- 4x8 regular drywall  
5- 5lb buckets compound                               5lbs of 1 1\4 drywall screws

Formica Countertop