

## Community Wellness Center

Here in Marin many of us are devoted and committed to our personal growth: mind body and spirit. Even low income residents of Marin also have a preference to address their Health needs in this Holistic way. Marin has many world class holistic health practitioners, yet very few places where someone can purchase these effective forms of preventative health-care affordably.

The Community Wellness Center is a Non-Profit Holistic Health Organization located at the center of Fairfax's health-minded culture: right across the street the Good Earth grocery. It is a unique environment where anybody who wants to or needs to can try these services as well as use the affordable prices to benefit from regular, low cost, top quality, health-building therapy and education.

It is our Mission at the CWC to make these services available to a wider spectrum of people. We are a collective of highly skilled Holistic Practitioners and educators that take 4 to 8 hours out of our private practice to provide world class services at up to 80% off our market fees.

We provide Acupuncture, Chiropractic, Feldenkrais and many other recognized and highly effective bodywork modalities, professional quality hypnosis and guided imagery, cutting edge Energy Medicine, Licensed counselors and mediators as well as being home base for the Marin Mindfulness Institute providing low cost meditation training for children and adults.

Based on a practitioner survey, we estimate that in the last five years, we have treated over 13,300 clients with a wide range of conditions, including relief from acute and chronic pain, cancer treatment support, spiritual emergencies, PTSD, chronic immune conditions, digestive and neurological disorders. Given an average savings of about 60% off market rates, we estimate we are saving the public up to \$200,000 per year.

We are capable of seeing up to four times as many clients as we do, just with the practitioners

David Kitts  
Community Wellness Center