



# Delaware Volleyball Academy

## Trail Blazers Clinic Frequently Asked Questions

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### What age groups is this clinic for?

4th - 8th Grade.

### Is this clinic for boys or girls?

Girls Only

### What can my child expect to learn in this clinic?

- Serve
- Serve Receive
- Passing (Bump & Set)
- Digging
- Hitting
- Conditioning
- Development of Motor Skills
- Hand Eye Coordination

### What level is this clinic?

Future Stars is for Beginners & Youth

### What is the cost?

Cost is \$60.00 for 4 clinic sessions.



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## What equipment is needed to participate in this clinic?

DVA provides all equipment for its participants in Future Stars Clinics.

It is recommend to bring and wear the following:

- Running Shoes
- Comfortable T-shirt
- Knee Pads
- Water Bottle

\*Players will not be permitted to practice if players do not have proper foot attire and/or knee pads.

## Where is this clinic being Held?

Wilmington Montessori  
1400 Harvey Road  
Wilmington, DE 19810

## Do parents need to stay for practice?

Yes, either a parent or guardian must be on sight at all times.

## Where should parents go to check in?

Parents should check in with the coaching staff each week to sign players in.