

# **Aphasiatoolbox Newsletter**

## **November 2013 Survey Results - People with Aphasia**

Questions # 6 through 10 are specifically targeted to people with aphasia or people recovering from aphasia.

### **6. How much aphasia treatment weekly did you receive over the past 3 months? (Select one)**

<b>1 to 3 hours weekly</b>	<b>40.0%</b>
None	25.0%
3 to 5 hours weekly	20.0%
More than 5 hours weekly	10.0%
No Responses	5.0%

### **7. How many hours did you practice daily (on your own or with help) over the past three months? (Select one)**

<b>about 1 hour a day</b>	<b>45.0%</b>
None	25.0%
2-3 hours a day	20.0%
more than 3 hours a day	5.0%
No Responses	5.0%

### **8. What do you think would most likely help you improve your aphasia? (You can select up to 4)**

1 = Least Likely, 4 = Most Likely

**More practice with a practice coach or helper**  
0% 6% 13% 81%

**More training for the coaches and people trying to help me**  
17% 0% 17% 67%

**More individual therapy with a speech pathologist**  
7% 7% 21% 64%

An intensive treatment program  
18% 9% 18% 55%

More group therapy and practice  
7% 14% 29% 50%

Better software programs and apps  
7% 0% 57% 36%

More practice tools such as materials and ideas

8% 0% 42% 50%

More work with online therapy and practice

0% 0% 64% 36%

Better software programs and apps

7% 0% 57% 36%

**9. What do you feel about your aphasia and your chance for recovery of your speech and language skills? (Select the statements that best describe your feelings about your aphasia.)**

1 = No., 2 = Likely not., 3 = Likely yes., 4 = Yes.

**I have hope and determination for my recovery, regardless of time.**

6% 0% 18% 76%

**I am a person recovering or recovered from my aphasia.**

20% 0% 20% 60%

**I don't have the resources to work on my aphasia recovery.**

0% 9% 45% 45%

I have been discharged from treatment and I don't know what to do next.

17% 8% 33% 42%

I don't know how to continue my recovery.

8% 8% 42% 42%

I work everyday on my aphasia recovery and I see continued improvement.

15% 8% 46% 31%

**10. Have you ever been told that you have reached a plateau?**

No 77.7%

Yes. 22.2%