



**PROFESSIONAL KARATE COMMISSION
REGION VII
TOURNAMENT RULES AND REGULATIONS**

**WEAPONS FORMS SPARRING
SELF-DEFENSE CHANBARA GRAPPLING**

NOTE: The Professional Karate Commission is the sanctioning body for martial arts events between registered members of the PKC. Certain rules, regulations and/or procedures may change from state to state, due to direct involvement of state athletic commissions or other state laws that govern combative sports.

PROFESSIONAL KARATE COMMISSION
TOURNAMENT RULES AND REGULATIONS – REGION VII

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PKC – REGION VII TOURNAMENT RULES

GENERAL RULES

- 1. All competitors must wear a clean regulation Karate, Kung Fu, Taekwondo, Brazilian Jiu-Jitsu or Judo uniform. The PKC defines regulation uniform as sleeves that cover the elbows and pants that cover the knees.**
- 2. Spectators are not allowed on the competition floor at any time. Only competitors whose division is being ran and working personnel are allowed on the competition floor.**
- 3. During the course of competition no one can talk to a judge or referee except to lodge an official protest. Violation of this rule may result in the awarding of a penalty point.**
- 4. Center referees should be currently certified black belts. Black belts only will officiate in divisions containing black belt competitors. Certified brown belts may judge (but not center) in divisions containing other brown belts (but no black belts).**
- 5. An official may not at any time officiate for his or her child, spouse, or significant other.**
- 6. If there is a division provided for a competitor, the competitor must compete in that division. A competitor found competing in the wrong division will be disqualified. In order to receive points in any division**

with only one competitor that competitor must have registered before the deadline, be in uniform at the appropriate ring, and ready to compete when the division is called.

- 7. In the event a child's age is challenged, the parent(s) or guardian of that child shall produce a Birth Certificate to establish the child's age.**
- 8. Unsportsmanlike conduct will result in disqualification. A competitor may be disqualified if a parent, instructor, or fellow student exhibits unsportsmanlike conduct. A disqualified competitor will receive no points and no award. A person disqualified for this reason will not be allowed to continue into another round of competition.**
- 9. A person who is not enrolled in a martial arts school may not participate in any phase of PKC competition.**
- 10. All PKC sanctioned state tournaments at this time will receive full National PKC Points as follows: 1st-15pts, 2nd-10pts, 3rd-5pts, and 4th-3pts.**
- 11. A \$5.00 discount will be given at registration when a competitor produces a current PKC membership card (No membership card = No membership discount). If there is more than one competitor in a family there will be a \$5.00 discount per family member.**
- 12. All PKC sanctioned tournaments will use square rings for Karate/Kung Fu /Taekwondo competition. Rings will be no less than 16' X 16' no more than 26' X**

26'. Recommended ring size is 20' X 20'. Two parallel lines will be placed in the center of the ring two (2) feet in length and six (6) feet apart as starting points.

13. In lodging a protest a player, parent, or instructor must respectfully get the attention of the center referee and state the rule violation being protested. Protests are only allowed when a rule has been violated. A judgment call may not be protested. Center referees will respect all protests and may want to summon an arbitrator.
14. The center referee is responsible for insuring all score sheets are properly completed prior to awards being given out. The official will then be assigned to another ring by the arbitrator or tournament director.
When a volunteer scorekeeper is related to a competitor they should be identified to the center referee.
15. A competitor may request the removal of one official before the division begins to an arbitrator.
16. Registration is allowed up to the start of your division.
17. All martial artists below the rank of 5th degree black belt must wear their uniform in order to judge or referee. All brown and black belt ranks will be required to officiate. Individuals below the rank of 5th dan who attend a tournament without their uniform will be required to pay the adult admission fee. Individuals who are 5th dan and above will have their names forwarded to the tournament coordinator for a ring

assignment. If not willing to accept the ring assignment they will be required to pay the adult admission fee. Should an individual be used as an official without a uniform the coordinator will ask that the individual be reimbursed the admission fee.

18. In the event a dispute cannot be resolved to the satisfaction of all parties a division may be ran over again.

19. Along with assigned arbitrators, Region VII tournament promoters may act as arbitrators when necessary unless there is a conflict of interest present.

20. No tournament will begin without the presence of trained and certified medical personnel. Only certified medical personnel may administer first aid to an injured competitor. Medical personnel will remain at the event until its conclusion.

21. When, in the opinion of the PKC Promoters and Director it is necessary for the safety of competitors, these rules may be amended temporarily.

KATA/FORMS – WEAPONS - SELF DEFENSE/DEMONSTRATION - MUSICAL

1. The scoring range for all divisions will be 9.70 LOW SCORE, 9.85 AVERAGE SCORE and 10.00 HIGH SCORE. In kata and weapons divisions judges will add to or deduct from the average score based upon the

following criteria: power, balance, focus, execution, concentration and control. Kata/Forms will be judged on the performance of the competitor and not upon any judge's system or the manner in which he/she thinks it should be performed. Judges in weapons divisions will take into consideration the degree of difficulty of the weapon. In self-defense divisions the criteria will be realism, balance, technique, power, and control.

- 2. There will be five judges in all adult black belt divisions. To determine a competitor's score, the highest and lowest score will be eliminated and the remaining scores will be added together. When there is a shortage of judges and it is necessary for the expediency of the tournament three judges may be used for kata and weapons divisions below adult black belts. Under this circumstance all scores will be added to determine the winners. A competitor who forgets their kata may ask to restart one time, but will have a deduction of 0.30 (3/10) of their total score by the time/scorekeeper.**
- 3. In the event of a tie (two or more competitors score the same) the low score will be added back into the total. If a tie still exists the high score will be added back into the total. If a winner is still not determined the competitors will run again. A competitor may run the kata of his or her choice. Competitors will be judged only on the second performance for an award. All competitors must be scored again.**

- 4. All competitors in a division will bow-in and bow-out in a line together. The center referee will sit at the front center of the competition area with the remaining judges sitting at the corners of the competition area. Competitors will introduce themselves by stating a minimum of their name and the name of the kata. Although discouraged, other information provided by the competitor will not result in lower scores by the officials. At the conclusion of a division competitors will be dismissed and excessive handshaking or thanking of judges will be discouraged.**
- 5. There will be no practicing of weapons on the competition floor or any other crowded area before, during, or after the tournament.**
- 6. In weapons kata the center referee is responsible for checking the condition of weapons to insure the safety of everyone involved.**
- 7. If a competitor drops his or her weapon they may ask to start over but will have a 0.30 (3/10) point deduction of their total score by the time/scorekeeper.**
- 8. All competitors and attackers in self-defense divisions will wear approved protective headgear. If an attacker uses a weapon in a self-defense division the competitor may not turn the weapon on the attacker. There will be a two (2) minute time limit in the self-defense/demo/musical divisions, kept by the timekeeper. If the performance exceeds the time limit the scorekeeper will inform the center judge and**

deduct a 0.30 (3/10) point deduction of their total score.

9. Scorekeepers will write the word “closed” at the bottom of the score sheet as soon as the division has begun. Any competitor who arrives once a division has begun will be considered late. Late entries will be added to the bottom of the competitor listing with the word “late” written by their name. Late entries will receive a 0.30 (3/10) point deduction from their total score by the scorekeeper.
10. Care should be taken to insure there are not a majority of judges from one school on any judging board.

KUMITE – SPARRING

1. Safety equipment is required in all divisions. Approved soft foam head with face shield, foot, and hand gear, mouthpiece and groin cup (males only) are required. *Ringstar shoes are approved safety equipment.* Recommended equipment – soft shin pads and rib guards. Hand pads must cover the wrists and fingers in one single piece. Any equipment with excessive tape, or deemed unfit by the center referee shall not be used. *Adult black belt competitors have the option to not wear the face shield, but will have to sign an additional release form.*
2. An official may at no time center judge for his/her own student.

3. Jewelry or other objects that may endanger a competitor may not be worn. Medical ID tags may be worn.
5. All matches will be two minutes running time. Time will only be stopped by the center referee when necessary.
6. All scoring techniques will receive one (1) point.
7. Tournament matches in all regular divisions will be five points. The winner will be declared when a competitor reaches five points or most points accumulated when time has expired. Adult Black Belt divisional winners competing for Grand Champion will compete for full two (2) minutes, total points accumulated.
8. If there is a tie when time is called a 'sudden victory' overtime will determine the winner. The first competitor to score a point wins.
9. To score a point techniques must be focused, snapped, controlled and with proper balance. Open hand back fists will not score. Slapping techniques to the head or body will not score.
10. **JUDGE/REFEREE CALLS**
 - NO SEE** – Hand in front of eyes
 - NO POINT** – Cross arms
 - CLASH** – Put both fists together

POINT – Point to the person getting point (or raise flag)

PENALTY POINT – Same as point

CONTACT POINT – Fist in hand pointing towards person who was hit (or raising flag of person who was hit with fist in hand)

EXCESSIVE CONTACT – Fist in hand pointing towards person who was hit while circling (or raising flag of person who was hit with fist in hand while circling)

- 11. If a corner judge mistakenly makes the wrong call he may retract his call but not make another call prior to the match beginning again. If he makes a late call there point call should not be counted. All judges calls should made in a timely minor.**

12. TARGET AREAS

Head – light contact in all divisions

Face Shield – Light contact to the face shield is allowed in all divisions. Techniques that are executed to the face but do not touch yet could make contact if fully extended will be awarded a point.

Chest, rib cage, abdominal area, kidney – Light to moderate contact must be made to score. *GROIN IS NOT A TARGET.*

- 13. The center referee can call a penalty point for rules infractions without verification from the corner judge's.**

Example: Out of Bounds Rule or Contact Rule but if he says CALL and request for corner judges make a call then the majority rules the call.

- 14. Light contact means no penetration or visible movement of the part of the opponent struck by the competitor.**
- 15. Moderate contact means slight penetration or slight movement of the target. Moderate contact to the body is allowed in all divisions. Moderate contact to the face shield is not allowed and will result in a penalty point being awarded.**
- 16. Excessive contact means an uncontrolled technique. Any technique to the head causing the head to snap in any direction or that drives the opponent's head away by the impact of the technique is excessive. The penalty for excessive contact is a penalty point to the opponent. Any contact considered flagrant or malicious to either hurt or maim an opponent may result in disqualification.**
- 17. If a competitor is knocked unconscious by a technique the medical technician must examine him or her immediately. A competitor who is knocked unconscious cannot continue to fight. If, in the opinion of the officials and the medical personnel, it may be unsafe for the competitor to continue, that competitor will not be allowed to continue in any sparring for that day. The competitor knocked unconscious should provide a medical release statement before competing**

again within thirty (30) days. The competitor who executed the technique will be disqualified but may go on to fight in any subsequent matches. The medical technician will make the final decision on a competitor's ability to continue a match.

18. Grabbing the uniform or trapping a kick is allowed to facilitate scoring. Scoring must occur within 3 seconds.
19. Ground fighting is not allowed.
20. *Out of bounds – Any time a competitor touches the out of bounds line and or steps out of bounds a penalty point will be awarded to the opponent, provided he/she is not pushed, shoved, propelled, or fighting out of the ring.*
21. Sweeps are allowed to the back of the front leg (boot to boot contact). No takedowns, rear leg sweeps or leg checking is allowed.
22. Every verified rules infraction will result in a point awarded to the opponent. This excludes those rules infractions that are considered flagrant and result in disqualification.
23. The following are illegal techniques: groin strikes, head butts, swinging techniques, hair pulling, biting, scratching, knees, elbows, throws, base leg sweeps, hands or knees touching ground while striking stomps to the head, jumping on a downed opponent, kicks to the legs, blind techniques, open hand techniques to the

eyes, striking to the spine, back of neck or throat, falling to the floor to avoid contact, pushing, running out of bounds, faking an injury.

24. *Second punching – Executing a technique after the center referee has said stop will result in a penalty point given to the opponent whether the infraction takes place in or out of bounds.*

25. Coaching during a match is a rules infraction and may result in a point being given to the offending competitor's opponent. Coaching is defined as verbal or non-verbal instructions to a competitor during a match.

26. Pairings and byes will be made randomly before the first round of competition. The center referee, coordinator, or scorekeeper will pair competitor cards randomly. In the event members of the same school are paired, cards will be switched with the last match of that round whenever possible.

27. Late entry – Once a division has started there will be no late entries.

28. The “Louisiana Bye” system will be used in kumite divisions of only three people. Explanation: A bye is determined. The two remaining competitors fight. The loser of that fight will then fight the competitor assigned the bye. If the loser of the first match also loses the second match he will receive third place. If he wins he will receive second place. The competitor assigned the bye will only fight for first and second if

he wins his match with the loser of the first fight. Otherwise he is the third place winner. Care should be taken to insure competitors from the same school are not matched whenever possible.

29. The center referee may issue a point for any rules infraction or disqualification or a point for excessive contact or unsportsmanlike conduct without verification from the corner judges. The center referee's call for a rules infraction overrides calls made by a corner judge. The center referee will be positioned so the timekeeper and scorekeeper are highly visible to him or her. The center referee is responsible for knowing the location of the medical technicians. The center referee must be loud and clear when making calls to insure the scorekeeper properly records the score.

30. Exhibition matches will not be allowed.

31. All competitors will be required to weigh in if requested and disqualified if found competing in the wrong division. Weight divisions: Light 179lbs & below, Heavy 180lbs & above.

CHANBARA (Padded Weapons Sparring)

1. All matches will be two minutes running time in duration or the first competitor to score *five (5)* points.

2. Both competitors must use the same size padded weapons. Competitors may provide their own padded weapon providing it is from an approved manufacturer

and of sufficient quality for use, or use the padded weapons provided by the promoter.

3. **Mandatory safety equipment includes head protection which provides eye, ear, and face protection (i.e. face shield) and protective groin cups for males. Other approved protective equipment may be worn by competitors.**
4. **Target areas include the head and face, the neck and shoulders, the area from the shoulders to the fingers, the trunk of the body, chest and stomach, the area from the hips to the feet.**
5. **Requirements for an effective score shall be proper form, control, speed, attitude, correct distance, and proper timing. All proper scoring techniques shall receive one point.**
6. **In order for a stabbing motion to receive a point the padded weapon must bend.**
7. **Prohibited acts which result in penalty points being awarded to your opponent include: any deliberate attempt to hit an opponent with excessive contact, any disregard for competitor safety such as striking with the handle of the weapon, grabbing an opponent's weapon to keep him/her from making an attack, and going out of bounds without being pushed, shoved, or propelled out.**
8. **If a competitor drops his or her weapon his or her opponent will be awarded one point.**

9. **Unsportsmanlike conduct will result in disqualification just as in every other phase of competition.**
10. **All other PKC tournament rules apply in Chanbara divisions.**

GRAPPLING (BRAZILIAN JIU-JITSU, JUDO AND SAMBO)

General Rules – Men & Women

- 1) **No unsportsmanlike conduct, swearing, or obscene gestures of any kind will be allowed. You may be disqualified or ejected for unsportsmanlike conduct against another competitor, referee, coach, or the public. Demonstration of unsportsmanlike conduct by any person (coach, competitor, family member, and friend) may result in disqualification of the competitor or ejection.**
- 2) **The referees will be shown maximum respect at all times. All disputes will be taken by the coach only to the Grappling Coordinator. The decision of the Grappling Coordinator will be final and will not be overturned.**
- 3) **No infectious skin diseases (such as ringworm, staph, and MRSA) or open wounds will be permitted. If the grappling coordinator has reason to suspect an infectious skin disease, the tournament doctor**

will examine the lesion and render a ruling. The doctor's ruling is final.

- 4) No lubricants, oils, or lotions of any kind will be permitted on any part of the body or clothing.**
- 5) No illegal techniques will be permitted. Illegal techniques will result in an automatic DQ. There are no exceptions to this rule.**
- 6) Takedowns are NOT considered slams, but you must deliver your opponent safely to the mat.**
- 7) Competitors will be allowed to continue grappling anywhere on the matted area. If the competitors near the edge of the mat, they will be restarted from the same position, unless the referee is unable to duplicate the position for any reason. In case the referee is unable to duplicate the position, the competitors will restart from a standing position.**
- 8) If neither competitor is able to initiate a takedown or pull guard in a reasonable amount of time, the referee, at his/her discretion, will restart the match from a downed position with one competitor in guard. Bottom and top position will be determined by a coin toss.**
- 9) No grabbing of any clothing, including your own, will be permitted in No-Gi Divisions.**

- 10) **Women will not be permitted to compete in Men's divisions. Men will not be permitted to compete in Women's divisions.**
- 11) **All adult competitors in Gi Grappling must compete using the rank awarded to them by their BJJ instructor. Competitors will not be permitted to compete at a higher belt level than their current belt.**
- 12) **In No-Gi Divisions, anyone who is a blue belt in BJJ MUST compete in intermediate or higher, and anyone who is a purple belt or higher in BJJ MUST compete in the advanced division. There will be no exceptions to this rule.**

Illegal Techniques

No Striking of any kind

No neck cranking

No slamming

No stalling

No twisting leg locks

No Hair pulling, Eye gouging (includes chin to eye), Ear pulling or Head butting

No Excessive Contact to the trachea (forearm, elbow, Gi, hand)

No Small joint manipulation (fingers or toes)

No Biting or Pinching or twisting of the skin

No spinal submissions or manipulations

No fleeing the ring to avoid submission

Scoring

- 1) Winners will be decided by submission, first to 10 points or most points accumulated before time expires. If match is tied after 3 Minutes, first person that lands on their back will lose the match. To gain points for a position, the competitor must show clear control for 3 seconds (including takedowns and throws). No points will be awarded for moving within the same type of position (i.e. changing from one side control position to another or switching between back mount positions) Point Scoring: 2 Points – Takedown or Throw, Sweep, Side Control. Acceptable Variations: Cross Side, Head and Arm, Knee on Stomach, North/South Position. 3 Points Pass opponent's guard. 4 Points – Mounted position, Back Mount, acceptable variations: Back Mount with hooks, Body Triangle from the back, Back Mount with opponent flat on stomach.**
- 2) Stalling: Referee will issue warnings for the 1st offense of stalling (i.e. standing up or backing out of the guard without engaging, hugging the opponent's hips inside the guard without an attempt for advancement, backing away from the opponent out of bounds, etc). A 2nd offense will result in disqualification.**
- 3) Slamming: Illegal slamming will be defined as slamming your opponent to escape submissions**

and/or to pass the guard; or standing from the guard and/or jumping from a standing position to slam your opponent. Slamming will result in an automatic DQ. There are no exceptions to this rule.

- 4) **Fleeing:** If a competitor flees the ring to avoid a takedown and it is obvious that the competitor is going to be taken down, his or her opponent will be awarded two points.
- 5) **There are no points for reversals.** It is a person's obligation to escape a bad position (mount, rear mount, or side control). No points are awarded for these escapes. Points will be awarded for solidifying a dominant position following a reversal.
- 6) **Takedown points will be awarded to the person who lands and secures control.** Therefore, if a person initiates a throw but the other competitor successfully counters that attempt and lands in control (3 seconds), the person initiating the counter will receive points for the takedown.

Time Limits: 3 Minutes

Gi Grappling: Brazilian Jiu-Jitsu Equipment

- 1) **BJJ divisions require a clean, properly fitted Jiu-Jitsu or Judo Gi, in good repair and free of offensive odors.** T-shirts or rash guards are permitted under the Gi top.
- 2) **Mouthpiece is required. Groin protection is optional.**

No-Gi Grappling: Submission Grappling Equipment

- 1) Fight shorts or gi pants may be worn. Shirts must be tight fitting; rashguards are recommended.**
- 2) Mouthpiece is required. Groin protection is optional.**

General Rules – Youth

No unsportsmanlike conduct, swearing, or obscene gestures of any kind will be allowed. You may be disqualified or ejected for unsportsmanlike conduct against another competitor, referee, coach, or the public. Demonstration of unsportsmanlike conduct by any person (coach, competitor, family member, and friend) may result in disqualification of the competitor or ejection.

- 1) The referees will be shown maximum respect at all times. All disputes will be taken by the coach only to the Grappling Coordinator. The decision of the Grappling Coordinator will be final and will not be overturned.**
- 2) No infectious skin diseases (such as ringworm, staph, and MRSA) or open wounds will be permitted. If the grappling coordinator has reason to suspect an infectious skin disease, the tournament doctor will examine the lesion and render a ruling. The doctor's ruling is final.**
- 3) No lubricants, oils, or lotions of any kind will be permitted on any part of the body or clothing.**

4) No illegal techniques will be permitted. Illegal techniques will result in an automatic DQ. There are no exceptions to this rule. The following will not be ruled as illegal trachea contact:

- Guillotine Chokes**
- Gi Chokes**
- Pulling the head down on a triangle leg choke**

If the referee feels the competitor is in danger, he/she may stop the match and allow the competitors to reposition off the trachea.

5) Takedowns are NOT considered slams, but you must deliver your opponent safely to the mat.

6) Competitors will be allowed to continue grappling anywhere on the matted area. If the competitors near the edge of the mat, they will be restarted from the same position, unless the referee is unable to duplicate the position for any reason. In case the referee is unable to duplicate the position, the competitors will restart from a standing position.

7) If neither competitor is able to initiate a takedown or pull guard in a reasonable amount of time, the referee, at his/her discretion, will restart the match from a downed position with one competitor in guard. Bottom and top position will be determined by a coin toss.

- 8) No grabbing of any clothing, including your own, will be permitted in No-Gi Divisions.
- 9) Only (18+) may compete in Men's or Women's divisions.
- 10) In Youth (17 & under) matches, the referee has the discretion to call a match if the referee believes that a submission will cause immediate damage or injury, especially in the beginner divisions.

Illegal Techniques

- | | |
|---|--|
| <ul style="list-style-type: none"> <i>No Wrist locks</i> No Striking of any kind No neck cranking No slamming No stalling No twisting leg locks No Hair pulling, Eye gouging (includes chin to eye), Ear pulling or Head butting No Excessive Contact to the trachea (forearm, elbow, Gi, hand) | <ul style="list-style-type: none"> <i>No submissions below the waist</i> No Small joint manipulation (fingers or toes) No Biting or Pinching or twisting of the skin No spinal submissions or manipulations No fleeing the ring to avoid submission |
|---|--|

Scoring

- 1) Winners will be decided by submission, first to 10 points or most points accumulated before time expires. If match is tied after 3 Minutes, first person that lands on their back will lose the match. To gain points for a position, the competitor must show clear control for 3 seconds (including takedowns and throws). No points will be awarded for moving within

the same type of position (i.e. changing from one side control position to another or switching between back mount positions) Point Scoring: 2 Points – Takedown or Throw, Sweep, Side Control. Acceptable Variations: Cross Side, Head and Arm, Knee on Stomach, North/South Position. 3 Points Pass opponent’s guard. 4 Points – Mounted position, Back Mount, acceptable variations: Back Mount with hooks, Body Triangle from the back, Back Mount with opponent flat on stomach.

- 2) Stalling: Referee will issue warnings for the 1st offense of stalling (i.e. standing up or backing out of the guard without engaging, hugging the opponent's hips inside the guard without an attempt for advancement, backing away from the opponent out of bounds, etc). A 2nd offense will result in disqualification.**
- 3) Slamming: Illegal slamming will be defined as slamming your opponent to escape submissions and/or to pass the guard; or standing from the guard and/or jumping from a standing position to slam your opponent. Slamming will result in an automatic DQ. There are no exceptions to this rule.**
- 4) Fleeing: If a competitor flees the ring to avoid a takedown and it is obvious that the competitor is going to be taken down, his or her opponent will be awarded two points.**

- 5) There are no points for reversals. It is a person's obligation to escape a bad position (mount, rear mount, or side control). No points are awarded for these escapes. Points will be awarded for solidifying a dominant position following a reversal.
- 6) Takedown points will be awarded to the person who lands and secures control. Therefore, if a person initiates a throw but the other competitor successfully counters that attempt and lands in control (3 seconds), the person initiating the counter will receive points for the takedown.

Time Limits: 3 Minutes

Youth Gi Grappling: Brazilian Jiu-Jitsu Equipment

- 1) BJJ divisions require a clean, properly fitted Jiu-Jitsu or Judo Gi, in good repair and free of offensive odors. T-shirts or rash guards are permitted under the Gi top.
- 2) Mouthpiece and groin protection are required for youth divisions.

Youth No-Gi Grappling: Submission Grappling Equipment

- 1) Fight shorts or gi pants may be worn. Shirts must be tight fitting; rash guards are recommended. Mouthpiece and groin protection are required for youth divisions.

PKC – REGION VII TOURNAMENT DIVISIONS

(S) STANDARD DIVISIONS / (O) OPTIONAL DIVISIONS

KATA – Forms (S)

6 & under Beg/Int M/F
7-8 Beg/Int/Adv M/F
9-10 Beg/Int/Adv M/F
11-12 Beg/Int/Adv M/F
13-14 Beg/Int/Adv M/F
15-17 Beg/Int/Adv M/F
Women 18+ Beg/Int/Adv
Men 18+ up Beg/Int/Adv
BB Jr 10-Under M/F
BB Jr 11-12 M/F
BB Jr 13-14 M/F
BB Jr 15-17 M/F
BB 18-34 Men Hard Style
BB 18-34 Men Soft Style
BB 18-Over Open
BB 18-34 Women
BB 35-49 Women
BB 35-49 Men
BB 50-Over Men/Women

WEAPONS (S)

6-Under/7-8yr/9-10yr
Beg/Int/Adv
11-12yr/13-14yr Beg/Int/Adv
15-17yrs. Beg/Int/Adv
BB Jr 13 & under
BB Jr 14-17yrs.
BB Men Hard Style
BB Men Soft Style
BB Women

KUMITE – Sparring (S)

6 & under Beg/Adv M/F
7-8 Beg/Int/Adv M/F
9-10 Beg/Int/Adv M/F
11-12 Beg/Int/Adv Female
11-12 Beg/Int/Adv Male
13-14 Beg/Int/Adv Female
13-14 Beg/Int/Adv Male
15-17 Beg/Int/Adv Male
15-17 Beg/Int/Adv Female
Women 18-34 Beg/Int/Adv
Men 18-34 Beg/Int/Adv
Men 35-Over Beg/Int/Adv
Women 35-Over
Beg/Int/Adv
BB Jr 10-Under Female
BB Jr 10-Under Male
BB Jr 11-12 Female
BB Jr 11-12 Male
BB Jr 13-14 Female
BB Jr 13-14 Male
BB Jr 15-17 Female
BB Jr 15-17 Male
BB LW Men (179-Under)
BB HW Men (180-Over)
BB Sr Men 35-49yrs
BB Ex Men 50-Over
BB Women 18-34
BB Sr Women 35-Over

CHANBARA – Sword (O)

BB Men 18-34yrs
BB Women 18-34yrs
BB Men 35-49yrs
BB Women 35-Over
BB Men 50-Over
UB Men 18yrs.+ All Ranks
UB Women 18yrs.+ All Ranks
15-17yrs. Male/Female
13-14yrs. Male/Female
11-12yrs. Male/Female
9-10yrs. Male/Female
7-8yrs. Male/Female
6 & Under Coed M/F

SELF DEFENSE – Demo (O)

Black Belt-All ages
Under Black Belt-All ages

GRAPPLING - BJJ/Judo (O)

8-9Yrs. Beg/Int/Adv LW/HW
10-11Yrs. Beg/Int/Adv. LW/HW
12-14 Beg/Int/Adv - LW/HW
15-17 Beg/Int/Adv - LW/HW
Men-Beg/Int/Adv-LW,MW,HW
Women-Beg/Int/Adv-LW,MW
WEIGHT CLASSES
MEN - HW-200lbs. & Above/
MW-170lbs.-199lbs/LW-169lbs. & Under
WOMEN-LW134lbs & Under/MW135-
159lbs/LH160lbs & Over

PROFESSIONAL KARATE COMMISSION

BYE CHART

NUMBER OF COMPETITORS	NUMBER OF FIRST ROUND MATCHES	NUMBER OF BYES
3	1	1
4	2	0
5	1	3
6	2	2
7	3	1
8	4	0
9	1	7
10	2	6
11	3	5
12	4	4
13	5	3
14	6	2
15	7	1
16	8	0

FREQUENTLY ASKED QUESTIONS OF PKC

This is a list of answers to "Frequently Asked Questions" asked of Professional Karate Commission. Our FAQ list is intended as a quick resource and may not completely address the issue in totality. If you cannot find an answer to your question below or need more clarification call the Regional Director.

Which PKC Events award Regional Points?

Usually all PKC Sanctioned events within your Region award you Regional points including the PKC International Championships. However, if you would like to be sure, contact your PKC Regional Director. The Ratings and tournament schedule are also available at many tournaments...look where the trophies are being awarded. To View Region Ratings check ratings page from our website.

How many points do I get for each tournament?

Tournaments on the National tournament schedule will award the following point values: 1st Place = 15 points 2nd Place = 10 points 3rd Place = 5 points 4th Place = 3 points If you see a tournament flyer advertising PKC points, but it is not listed on the schedule within 30 days of the event, then it is not a PKC Sanctioned event, and you will not receive points for attending it.

When does my Regional point season begin and end?

January thru December.

When does the PKC National point season begin and end?

The PKC National Tournament Season usually begins sometime in early August, and usually ends sometime in late July. As tournament dates come in and the PKC National Banquet is set, the calendar will be updated with an ending date. This date is subject to change with the inclusion of new tournaments to the schedule. No changes will be made 30 days inside the final tournament date. Watch the tournament schedule.

Why are my National points different from my Regional points?

Your National Points should be different from your Regional Points. It would be a coincidence if they were ever the same. WHY?...The point values for the National ratings are not the same as the Region ratings, and most Regional Series run Jan-Dec., where the National Series runs Aug-July.

How can I be sure that I'll receive National points for an advertised event?

Check the PKC National Tournament Schedule. This schedule is updated as tournament dates are sent in by promoters. All tournaments on this list award PKC National Points. If you are a PKC Member by the date of competition, you will receive National Points for placing in 1st-4th in any of the tournaments on this list. If a tournament is not on the list within 30 days of an event it is not a sanctioned event and you will not receive points for competition there.

What happens when you change divisions during the season?

If you change divisions throughout the year (because of rank advancement or age), the division where you accumulate the most points is where you will receive your combined total at the end of the season.

Can I accumulate points if I am not a PKC Member or if I am expired?

If you are not a PKC Member you cannot accumulate points. If you have been competing at PKC events, and would like points for competition, click on the (red) SIGN UP NOW link on the membership page to begin accumulating points from today forward. If you are expired, you will still accumulate points. However, you will be deleted and lose all points if you let your membership lapse for too long. Once you are deleted, we cannot put you back in under the same ID #. You must rejoin and begin all over again to continue accumulating new points. Your membership must be "up to date" to receive an award at the end of the season's Annual Awards Banquet.

How can I get on a mailing list for tournament flyers?

Call, e-mail, or ask the promoters at the events to put you on their own personal mailing list. Tournament flyers are always available at the events for upcoming area tournaments. If you are an instructor, contact your Regional Director, and ask about the ... PKC Associated School Program.

PKC Point Tournament Sanctioning

PKC has embarked on an extensive point tournament program. PKC sanctions tournaments across the U.S. and Canada. When you see the PKC logo on a tournament flyer, it is the equivalent to the "Good Housekeeping Seal of Approval". These tournaments are scrutinized for fair play and to see that the awards justify the entry fee. Competitors can be assured of getting their money's worth at PKC sanctioned events. PKC Headquarters maintains National point standings for PKC Members who place in the top 4 at any PKC event. An annual banquet is then held in conjunction with the PKC National Tournament & Convention to honor the Champions. Quarterly ratings are made available to all PKC Members & Associated Schools. Sanction your tournament with PKC today!

Benefits of Sanctioning a Tournament

- Draw from hundreds of PKC members (100 Associated Schools & over 1,500 Individual Members)
- PKC certified officials at your event
- Coverage and listing of your event inside Newsletter
- Your event advertised online
- Access to Tournament Promoters Manual and live consultation and support from PKC regional office for first time tournament promoters
- Support from other PKC promoters and schools
- Advertisement of your event in literally thousands of schools and homes nationwide via the PKC calendar
- Electronic membership data
- Printed schools & individual membership labels



PKC Point Tournament Officials Certification

PKC has initiated an official certification program for point tournaments. With this program the PKC has prepared extensive tests in this area to be taken by Black Belts who care to upgrade their officiating abilities. In some states all center referees have to be certified to officiate at PKC sanctioned events.

PKC Associated School Membership

PKC will accept all karate schools throughout the country that meets our criteria as professionals. These schools will be permitted to display the PKC Associate School logo in their schools and on their advertising. Membership is on an Annual Basis, and helps to encourage & support your State karate program. Contact your State Representative for more information.





PROFESSIONAL KARATE COMMISSION

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