

2013 WFCM Holiday Food Assistance Program

To Sponsor a family please email Jennie Bush at jbush@wfcmva.org

<u>After</u> you have emailed Jennie and received the contact information for your assigned family, here are some guidelines:

Call the Family Immediately

- Notify the family that you are sponsoring them and verify the address and apartment number. People seeking assistance are eager to know that they will receive help.
- Set the delivery or pickup date and time, and tell the family someone must be home or pick up their food.
- Verify any dietary restrictions, requests, and family size before you start to purchase items for the family.
- Inform them that they must contact you if there are any changes to their address and/or phone number prior to delivery date.
- You are welcome to include grocery gift cards instead of a turkey/ham, but please check with the family to ensure they can get to the store.

Problems Contacting or Communicating with the Family

- Contact <u>jbush@wfcmva.org</u> to double check the phone number. Often these families buy minutes on a cell phone and if their minutes have run out, it may not be possible to reach them.
- WFCM does not have translators; however, we do recommend using online translators (yahoo) to help you communicate. Please contact <u>jbush@wfcmva.org</u> for a sample English to Spanish script if needed.

Food Suggestions (Families Also Welcome Grocery Gift Cards):

- A sturdy box, reusable shopping bags, plastic bin, or storage container
- Turkey, ham, chicken, or grocery gift card for meat
- Lettuce, celery, onions, potatoes (white or sweet)
- > Apples, oranges, or other fruit
- Rolls or bread, butter
- Stuffing (box or bag)
- Cranberry Sauce

- Gravy
- Canned vegetables and fruit
- Pies, nut breads, cookies, brownies, cake mixes and frosting
- Other pantry items children might enjoy: macaroni and cheese, spaghetti and sauce, peanut butter and jelly, cereal, snack bars, and crackers
- Sugar, flour, oil
- Fruit Juice