

March 31		APRIL	SCHEDULE					
MONDAY				FRIDAY				
8:00-9:00am	Level 1-2	Darby		8:00-9:00am	Level 1-2	Darby		
9:00-10:30am	Level 2-3	Claire		9:00-10:30am	Level 2-3	Claire		
10:35-12:05	Level 1	Patrick		10:35-12:05	Level 1	Patrick		
12:15-1:15pm	Lunch Flow	Jen		12:15-1:15	Lunch Flow	Jen		
1:30-3:00pm	Easy Does it	Karen		1:30-3:00pm	Easy Does it	Karen		
4:30-5:55pm	Iyengar	Andrea		4:30-5:55pm	Iyengar	Jay		
6:00-7:25pm	Level 2-3	Julia		6:30-8:00pm	Sunset Flow	Jillian		
7:30-9:00pm	Level 2-3	Kelly						
TUESDAY				SATURDAY				
7:30-8:45am	Level 2-3	Christianna		9:00-10:30am	Level 1-2	Claire		
9:00-10:30am	Level 1	Terry		10:35-12:05	Level 2-3	Claire		
10:35-12:05pm	Level 2-3	Daniel		1:45-3:15pm	Level 2-3	Micki		
12:30-2:00pm	Gentle	Ann		3:30-4:55pm	Level 1	Julia		
5:00-6:00pm	Community Flow	Kelly		5:00-6:30pm	Level 2-3	Julia		
6:05-7:30pm	Level 2-3	Rosemary						
7:45-9:00pm	Level 1	Nina						
WEDNESDAY				SUNDAY				
8:00-9:00am	Level 1-2	Lindsley		9:00-10:30am	Level 1-2	Daniel		
9:00-10:30am	Level 2-3	Claire		10:35-12:05	Level 2-3	Daniel		
10:35-12:05	Level 1	Patrick		12:30-2pm	Easy Does it	Karen		
12:15-1:15	lunch flow	Darby		2:30-4:00pm	Level 1	Terry		
1:30-3:00pm	Easy Does it	Karen		4:00-5:25pm	Level 2-3	Micki		
4:30-5:55pm	Iyengar	Jay		5:30-7:00pm	Relax Deeply	Micki		
6:00-7:25pm	Level 2-3	Julia						
8:00-9:30pm	Relax Deeply	Nina						
THURSDAY								
7:30-8:45am	Level 2-3	Christianna						
9:00-10:30	Level 1	Terry						
10:35-12:05	Level 2-3	Daniel						
12:30-2:00	Gentle	Ann						
3:30-4:30	Kids	Kimberly						
5:00-6:00	Community Flow	TBA						
6:05-7:30pm	Level 2-3	Claire						
7:45-9:00pm	Level 1	Nina						