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**ASHI Course**

**-- Wilderness First Aid --**

* **Describe the Importance of Scene Control and Safety**
* **Demonstrate Patient Assessment and Stabilization**
* **Demonstrate Injury and Illness Types and Treatment**
* **Describe Conditions Requiring Evacuation**
* **Describe Certain Insects/Animals/Plants and Their Risks**
* **Demonstrate Common Medical Conditions and Treatment**
* **Describe the Importance of Proper Hygiene and Sanitation**
* **Describe the Contents of an Adequate First Aid Kit**

**Cost: $99.95 per person**

**Date: September 20 and 21, 2014**

**Time: 8:00AM-6:00PM Saturday, and**

**9:00AM-5:00PM Sunday**

**Registration and Payment are Due by Sept. 12, 2014**

**Location: Saturday, 11 W. Mercury Blvd. Hampton, VA**

**Sunday, Sandy Bottom Nature Park**

Sign up at the store, or on the website

[www.getemergencyready.com](http://www.getemergencyready.com)