

Meet Cathy Poynter, Operations Manager at Techmode:

Q: When you are not at Techmode, what do you like to do?

A: I like to paint, play volleyball, and hang out with family and friends. Now that the weather is getting warmer . . . the outdoors; walking trails, fishing, swimming and training for a 5K (which it turns out running is ridiculous).

Q: What would I find in your refrigerator right now?

A: Wine and bottled water . . . apparently I need to go shopping.

Q: If you were a Star Trek or Star Wars character, which one would it be?

A: Yoda

Q: What's your favorite drink?

A: FireHall Margaritas . . . at the moment.

Q: What is the last book you read?

A: The Storyteller

Q: You can eat just one food for the rest of your life. What is it?

A: If it did not have to interfere with gaining weight . . . Cheesecake.

Q: If you could be a superhero, what would you want your superpowers to be?

A: I would want the ability to fly.

Q: Who inspires you?

A: Lots of people, so hard to pick just one . . . My parents, my sister, and my 14 year old niece (who didn't want anything for Christmas last year, other than to see that everyone else had a gift to open). A 9 year old kid on the news the other day who found a \$20 bill in the parking lot, who gave it to an army vet as a "Thank you for your service" and to pay for his meal instead of keeping it for himself. People in general who care about others.

Q: What do you like most about yourself?

A: My ability to change, accept the way things will be and patience in dealing with things I cannot change.

Q: What's your favorite movie quote?

A: No particular one at the moment.