## Kids Yoga with Victoria

\*PreK to 6th grade Yoga meets Mondays 3:20 to 4:20 \*Preschool Yoga meets Wednesdays 3:00 to 3:40

Please sign your child up for Yoga classes on the Yoga sign-up sheets located on the Marimba and Yoga table by the front desk. Space is limited to 10 children per class each month.

Victoria and her daughter Jordan (Middle Kid in Bryce's class) have just returned from a 6 day Yoga and Meditation conference in Estes Park where they taught and met people from all around the world. They're looking forward to sharing all that they've learned from the speakers and other teachers at the conference with our Rivendell community.

Please contact Victoria with questions at <a href="mailto:rivendellyoga@gmail.com">rivendellyoga@gmail.com</a> and 419-8520

