

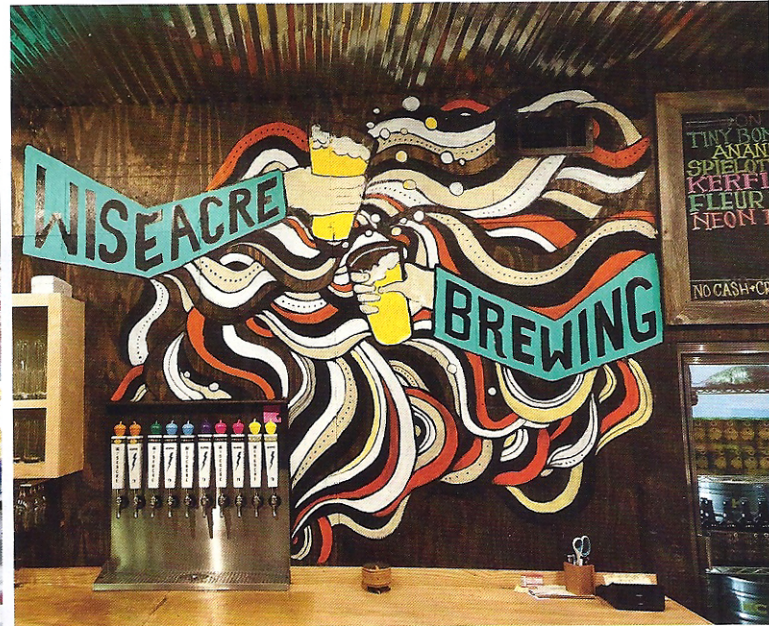
CULINARY CONCIERGE:  
BLUES CITY BITES IN 48 HOURS

EAT YOUR WAY  
THROUGH MEMPHIS

DAY 1



JAVA CABANA



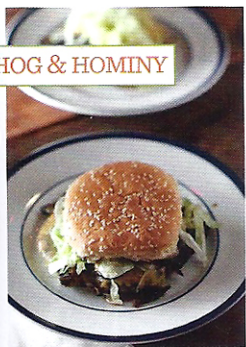
► 9 AM COFFEE AND PASTRY

A walk around Cooper-Young neighborhood is a vibrant way to start a day in Memphis. The area is bursting with dining options and is a good mix of established local flavor and rejuvenated urban evolution. Grab a coffee at **Java Cabana**, where you might also pick up an accessory to wear later (there is a consignment component to this little jolt joint). With coffee in hand, stroll around the corner to **Stone Soup Cafe & Market** for some neighborhood nourishment.

[javacabanacoffeehouse.com](http://javacabanacoffeehouse.com)  
[stonesoupcafememphis.com](http://stonesoupcafememphis.com)

► 12 PM LUNCH

The energetic lunch crowd at **Hog & Hominy** suggests that we are not the only ones obsessed with everything chefs Michael Hudman and Andy Ticer do. The dynamic duo is staking claim on this entire street—**Andrew Michael Italian Kitchen** is directly across, and their new butcher operation will soon be next door. It's a neighborhood you'll want to move right into, particularly once you bite into the **John T. Burger** or a wood-fired pizza. We like



HOG & HOMINY

the **Bebop and Rock Steady**—and not only because of the name. FYI, for dessert the PBP is TDF. [hogandhominy.com](http://hogandhominy.com)

► 4 PM BREWS:

Craft breweries are establishing themselves in Memphis, a frontrunner being **Wiseacre**. The brothers behind the operation, Davin and Kellan Bartosch, are incredibly well informed, industrious, and passionate. They are also voluble about their venture, and visiting the brewery thus provides an educational crash course—offered with beer in hand, of course. As for the brews, they regularly offer a couple popular standbys (**Tiny Bomb Pilsner** and their beloved IPA, **Ananda**) with the rest being seasonal creations.

[wiseacrebrew.com](http://wiseacrebrew.com)

► 8 PM DINNER

As a complement to all the Blue's City BBQ, two tried and true evening dining establishments worth visiting are **River Oaks Restaurant** and **Erling Jensen**. At the former, Master French Chef **José Gutierrez** will dazzle your palate with his French-Spanish heritage. After a few bites of his **duck confit salad** or **crispy lemon chicken paillard**, it will be abundantly clear why this man is considered the backbone of the Memphis culinary scene (many up-and-comers trained in his kitchen). Meanwhile, at **Erling Jensen**,



RIVER OAKS

you will be delighted by a menu that walks that delicate line of offering adventurous and current creations alongside dishes that deservedly stand the test of time.

[riveroaksrestaurant.com](http://riveroaksrestaurant.com), [ejensen.com](http://ejensen.com)

► 10 PM AFTER DINNER DRINKS

Having late-night drinks at **Mollie Fontaine Lounge** is like being invited to Miss Havisham's, falling down the rabbit hole, and/or stepping into a Tim Burton movie. A large Victorian mansion where smoking is still allowed on the second floor, the building features so many nooks and crannies that you never know what's happening around the corner. As for the preferred spot to soak in the late-night scene, most Memphians will agree that there is but one must on the list. At **Earnestine and Hazel's**, their one menu item sums it up, and we do recommend that you arrive with a renewed appetite for their **soul burger**. Be warned: E and H is rumored to be haunted, and no one is going to call it clean. It's just a heck of a good time. [molliefontainelounge.com](http://molliefontainelounge.com), 901.523.9754

