

# GLOW with Mom – Backyard Boot Camp!!



**Please join Girls on the GLOW for our GLOW With Mom event at the Gandy's home for a backyard boot camp.**

**Date: Tuesday May 27<sup>th</sup> 2014**

**Time: 6:00-7:00P.M.**

**Place: Gandy Residence: 557 Clems Run Mullica Hill, NJ**

Please join us for a fun and challenging boot camp. There will be running, jumping, squatting, push-ups, and lots of whistles to keep you motivated!

**This is a FREE event but registration is required for planning purposes. You may also sign up at one of our Saturday practices.**

Please Complete the Form Below and Mail to: Jayne Gandy 557 Clems Run Mullica Hill, NJ 08062

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GLOW With Mom - Backyard Boot Camp

**Mother-Daughter Team: (first and last names please!)**

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**E-Mail Address:** \_\_\_\_\_

Phone Number: \_\_\_\_\_