



Dear Fellow Drummers,

**Saturday, September 21st** is the Autumnal Equinox, which marks the beginning of Fall, when our days and nights are of equal length. It is a time to celebrate the harvest by giving thanks for the gifts of the Earth.

We will gather in the church sanctuary at **6:30pm** for Drum Circle followed by a feast. Please bring an instrument(s), a dish to share, and a beverage. You are welcome to bring something for the altar, as well. If you don't have an instrument, there will be extras that you are welcome to use. You are also welcome to invite friends and family to this event.

For those of you who are new to Drum Circles, here is an interesting quote from Wikipedia by Mickey Hart, drummer for the Grateful Dead:

*"Typically, people gather to drum in drum "circles" with others from the surrounding community. The drum circle offers equality because there is no head or tail. It includes people of all ages. The main objective is to share rhythm and get in tune with each other and themselves. To form a group consciousness. To entrain and resonate. By entrainment, I mean that a new voice, a collective voice, emerges from the group as they drum together."*

Our Drum Circle also has a spiritual focus and is a sacred event which includes rituals such as smudging for purification, calling of the directions, and preparing an altar. We invite dancing and singing during the drumming as well.

Since we do not offer childcare at our events, we encourage those with young children to closely supervise their children so that the sanctity and safety of the event is maintained and all play a part in the spiritual connection that is created through the rhythms of the drums.

It is our goal for all who attend to feel welcome and to participate in a meaningful spiritual experience.