



Perinatal Bereavement for Psychotherapists: Tools, Clinical Skills and Diagnostic Controversies

Did you know? 20– 25% of all pregnancies do not survive to a healthy live birth. Therefore, *most psychotherapists treating adults in their reproductive years* will encounter this tragic experience. The ideal course of treatment is for the client to remain with his or her trusted psychotherapist as long as the therapist has basic competency in care following pregnancy loss. The overall therapeutic goal is healthy integration of this traumatic experience.

This workshop provides a foundation of essential medical knowledge to build skills in specialty clinical evaluation and intervention. This extremely sensitive material is presented in a safe and supportive environment which facilitates participant learning and self-awareness. Lecture and video will address these topics: medical terminology and procedures, patterns of perinatal grief, normal trajectory of grief, pregnancy after loss, differential diagnosis including DSM 5 considerations, and clinical interventions. The session will also address facilitation of parental decision-making in the face of a life-limiting fetal diagnosis.

UPCOMING DATES **September 18-19, 2014 – 2nd Pilot Cohort Special**

Thursday September 18, 8:30am – 4pm and Friday September 19, 8:00 am – 3:30 pm
12 hour CEU certificates provided.

Location

Hamline Park Plaza Building
1st floor conference room
570 N. Asbury
St. Paul, MN

2nd Pilot Cohort - Incentives

- Reduced registration fee \$295
- Input into curriculum development
- Priority registration in advanced skills and consultation groups

About the Presenter:

Deborah Rich, PhD., Licensed Psychologist, Certified Perinatal Loss Caregiver* has over 25 years of specialty experience providing patient care, professional training and program development. Dr. Rich is the founder and director of Shoshana Center for Reproductive Health Psychology. In addition, she was employed as Coordinator of Pregnancy Loss and Perinatal Mental Health by Fairview Health Services from 1999 – 2013. She was a founding board member of the Pregnancy Loss and Infant Death Alliance and has been on the national faculty of Bereavement Services: Resolve Through Sharing since 2006. Other consulting contracts include Regions Hospital and the Minnesota Department of Health Maternal Child Division. *Dr. Rich was among the first group of interdisciplinary professionals certified in perinatal loss care by the National Board of Hospice and Palliative Nurses, June 2013.

