

AT LAST!

A Class to Help You Find Health Information on the Internet



Ask about Searching for Health Information Online – An Introductory Session

Wednesday, February 12, 1:00 to 3:00
Curry Senior Center, 315 Turk Street

Learn to:

- Build your Internet skills
- Find reliable online health and wellness information from the National Institutes of Health, Medicare, and more
- Learn how to connect with neighborhood health providers on-line
- Connect with others interested in health and wellness

Pre-registration encouraged – space is limited.

Sign-up at the Reception desk at 315 Turk or talk to Monte at Curry Senior Center. Or call Judy Auda at (415) 826-3194.

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