



Jewish Alliance
OF GREATER RHODE ISLAND

Alliance JCC

Class & Program Guide

Winter 2014 | 5774

**We've got plenty to keep
you warm this winter!**

**Health & Fitness
Sports
Aquatics
Learn-to-Swim
and so much more!**



Enrichment Classes for Adults

Game Day Monday

Want to play mah jongg, bridge, or canasta? Come with a friend or by yourself and connect with others during this open game time. Drop-in on any or all sessions.

All ages

Mondays, 1:00 – 4:00pm

January 6 – April 7

14 sessions

Price: Free

ID: 10141

Exploring Judaism: Your Roots and Their Relevance in the 21st Century

This course, led by Rabbi Raphie Schochet and Rabbi Naftali Karp, is designed to explore, investigate, and understand our Jewish Heritage including applications for life, Jewish philosophy, and wisdom from Sinai.

Ages: 18+

Mondays, 7:30 – 8:30pm

January 6 – April 7

14 sessions

Price: Free

ID: 10206

About the instructors:

Rabbi Raphie Schochet spent his childhood in Johannesburg, South Africa. He came to the US as a teenager to study at the Ner Israel Rabbinical College where he spent eighteen years. After receiving a Masters in Talmudic Law and Rabbinic Ordination, Rabbi Schochet was the acting director of an organization that helped develop Jewish communities across the country. He is currently the director of the Kollel: Center for Jewish Studies. When not studying or teaching he has a passion for history and spending time outdoors with his children.

Rabbi Naftali Karp, raised in Baltimore, Maryland, has lived in Rhode Island for more than 15 years. Rabbi Karp is the organizational, managerial, and financial mastermind of Project Shores. A noted scholar in his own right, Rabbi Karp has expertise in numerous areas of *Halachic* literature. He received his Rabbinic Ordination from Rabbi M. Heinneman of Baltimore. In between running

programs, he can be found on the basketball court or taking in nature's beauty.

Peace Education Program

The Peace Education Program (PEP) is a media-based educational program created by The Prem Rawat Foundation. The purpose is to help participants explore the possibility of personal peace and discover inner resources. Participants will learn an array of tools for living, such as inner strength, choice, appreciation, and hope. The curriculum consists of 10 hours of workshop material focused on a selection of these core themes. Each workshop includes several video segments from Prem Rawat's international addresses and other material such as animated and video shorts. There will also be time for reflection and expression. The program is about individual self-discovery — something that is unique for each person. The PEP focuses on developing positive life skills. Written materials are also provided to support the themes. The focus is on building inner resources, the innate resources every human being already has but might not have explored or realized were there. The program curriculum consists of 10 themes, which correspond to the inner resources explored in the workshops. As a result of completing the Peace Education Program, participants should be able to:

- Understand the possibility of personal peace
- Discover inner resources such as hope, choice, and clarity
- See their innate value

Ages: 18+

Mondays, 7:00 – 8:30pm

January 6 – March 10

10 sessions

Minimum enrollment: 4

Price: Free*

ID: 10142

**suggested donation of \$15 to cover cost of materials*

Lunch and Learn

During your lunch break, why not feed your soul as well as your body? Take some time out of a busy workday to study a bit of Torah over lunch. We take one hour to explore relevant Jewish topics using ancient wisdom to guide us in a modern society. Join us for a lively discussion led by Rabbi Naftali Karp.

This is a brown bag lunch program.

Ages: 21+

Tuesdays, 12:00 – 1:00pm

January 7 – April 8

13 sessions

Minimum enrollment: 5

Price: FREE

ID: 10143

About the instructor:

Rabbi Naftali Karp, raised in Baltimore, Maryland, has lived in Rhode Island for more than 15 years. Rabbi Karp is the organizational, managerial and financial mastermind of Project Shores. A noted scholar in his own right, Rabbi Karp has expertise in numerous areas of *Halachic* literature. He received his rabbinic ordination from Rabbi M. Heinneman of Baltimore. In between running programs, he can be found on the basketball court or taking in nature's beauty.

Beginner & Intermediate Israeli Dance

We will spend our time dancing to some of our summer camp favorites and learning new dances. Some of the dance styles include circle dances, line dances, and couples dances. The mix of dances depends on the mix of participants.

Ages: 15+

Tuesdays, 7:00 – 9:00pm

January 7 – April 8

13 sessions

No class: February 11

Minimum: 20 Maximum: 50

Price: \$40 | Members \$30

ID: 10140

About the instructor:

Nathan Beit-Aharon has been participating in Israeli Dance for 11 years. He has taught sessions at MIT, Harvard, McGill University, Camp

Ramah New England, and has led/DJ'd Israeli Dance at bar mitzvahs and other events. Professionally, he teaches math at Joseph Case High School in Swansea.

Creative Writing

In this course, we will work individually and together to develop our creative voices through writing. Whether you're working on a novel, short story or haven't yet begun, all levels are welcome. We will explore the basic elements of narrative through group discussion, published fiction excerpts, and our own writing. Using prompts as a vehicle to jump-start creativity and narrative flow, we will hone our storytelling skills and design our personal writing goals.

Ages: 21+

Tuesdays, 7:00 – 8:00pm

February 18 – March 25

6 sessions

Maximum enrollment: 15

Price: \$24 | **Members: \$18**

ID: 10144

About the instructor:

Rebeka Singer Received her MFA in Creative Fiction Writing from Sarah Lawrence College in 2012, Received her BA in English and Classical Civilization from Wellesley College in 2009 and has previously taught Creative Writing at Ursuline High School in New Rochelle, NY.

Adult Pottery

Designed as a guided open studio for adult potters looking to work with low fire clay. Pottery wheels, slip casting molds, and hand building tools will be available at each class. Work on your own project or create one based on the instructor's sample.

All clay and glazes are included.

Beginner to advanced, no experience necessary.

Ages: 16 +

Wednesdays, 6:00 – 8:00pm

January 8 – April 9

13 sessions

No class: February 19

Price: \$304 | **Members: \$234**

ID: 10135

jewishallianceri.org | 401.421.4111

Introduction to Kabbalah:

Opening the Gates to Kabbalah

Kabbalah has been called the "Soul of Judaism." Why has it attracted some of the most profound Jewish thinkers — Rabbi Akiva, the Ramban, the Vilna Gaon, Rav Kook, Rabbi Abraham Joshua Heschel — throughout the centuries? Although Kabbalah has a reputation for being esoteric and complex, Rabbi Mark Elber, author of *The Everything Kabbalah Book*, has mastered the art of taking its most salient features and translating them into something that can be grasped and appreciated by the uninitiated. In a world that is so rapidly changing, the teachings of the Kabbalah have much to offer us today. Together we will explore some timeless teachings and original texts from our mystic tradition.

Ages: 18 +

Wednesdays, 7:00 – 8:15pm

February 12 – March 12

4 sessions

No Class: March 5

Minimum: 5 Maximum: None

Price: \$20 | **Members: \$15**

ID: 10139

About the instructor:

Rabbi Mark Elber is the rabbi at Temple Beth El of Fall River, Massachusetts. He is a certified teacher of Jewish Meditation through *Chochmat HaLev* and is a published poet, songwriter, and translator of Israeli rock songs.

Alto Recorder for Beginners

Learn to play the alto recorder!

Play the recorder, an international instrument played all over the world.

The alto recorder is one the world's simplest instruments to learn and perfect for beginning adult music students. Join Helen Kagan, seasoned recorder teacher, musician, and member of the Rhode Island Recorder society. Helen has been playing the alto recorder for more than 30 years and has participated in music camps and ensembles.

All ages

Wednesdays, 7:00 – 8:30pm

January 8 – March 19

10 sessions

Minimum 8

Price: \$150 | **Members: \$116**

Price includes alto recorder

ID: 10207

Mah Jongg

Session 1 – Intermediate

Looking to build on your Mah Jongg skills? Here is your chance!

Thursdays, 7:00 – 9:00pm

January 9 – February 13

6 sessions

Minimum enrollment: 4

Maximum enrollment: 28

Price: \$80 | **Members: \$60**

ID: 10145

Session 2 – Beginner

Interested in playing Mah Jongg but don't know how? Don't wait; learn now!

All ages

Thursdays, 7:00 – 9:00pm

February 27 – April 3

6 sessions

No Class: March 13

Minimum enrollment: 4

Maximum enrollment: 28

Price: \$80 | **Members: \$60**

ID: 10104

About the instructor:

Carol Desforges has been an instructor of Mah Jongg since 2008. She has taught in senior centers, synagogues, and private homes throughout Rhode Island and even ran statewide tournaments in 2012 and 2013. Carol is a retired high school teacher and a fiction writer.



Have you checked out our new Alliance Family Room Parenting Center? It is our hope that the Center becomes your home away from home, a place for you to congregate, educate, create, and relate.

Stop by or visit jewishallianceri.org to learn more!



J-Fitness is dedicated to helping you live a healthier, more active life. Our upgraded fitness facility features 30 cardio machines, flat-screen televisions, weight machines and free weights, and two group exercise studios. You and your family can get fit with one of our expert-certified Personal Training staff. Zumba, Pilates mat, and yoga are just a few of our popular fitness classes. Become a member of the Alliance JCC and all of our Group Exercise classes are FREE. Not a member? Only \$12 drop-in rate, or buy a punch card for 10 classes and get the 11th class free! For schedules, visit jewishallianceri.org. For more information on how to become an Alliance JCC member, contact our Membership Office at 401.421.4111.

J-Fitness in Collaboration with RI Rehab

J-Fitness and RI Rehab have been working as a team since 2004. In addition to the excellent fitness classes available to members, RI Rehab offers classes taught by Jennifer Davis, MSPT and Marcia Eppler, PTA to both members and non-members. Classes include movement and balance, group and private Pilates for people with injuries, and Dance for Parkinson's Disease. Whether you have neurological challenges, a bad back, or other injuries, classes are always taught by experienced and licensed physical therapists. Physical therapy screening is FREE and recommended prior to taking classes in order to help us meet your specific needs. No doctor's referral is required.

info Ellen Nessen at RI Rehab
401.490.9780

Adult Pick-up Basketball

Sundays, 7:00 – 9:00am
Mondays, 5:00 – 7:30pm
Wednesdays, 6:15 – 8:00pm
NextGens (ages 21-45):
Tuesdays, 7:00pm – 8:55pm
Price: \$12 per visit or purchase punch card at fitness desk (\$120 for 11 visits)

Members: Free

info Carlene Barth, ext. 210
cbarth@jewishallianceri.org

Men's Adult Basketball League

Join us for a 10-week season where the top teams advance for a chance to be declared Alliance JCC champions. Non-members are allowed to participate, but only four per team. All games officiated by certified referees.

Thursdays, 6:00pm

Start Date: TBD

Minimum: 4 teams

Team fee: \$875

ID: 10080

info Carlene Barth, ext. 210
cbarth@jewishallianceri.org

Running Club

Train for local races with Tom Marchand, USATF Certified Coach. Increase your pace and stamina. Club includes weight training program, outdoor track, strength and technique work.

Ages: 16 +

Wednesdays, 5:30 – 6:30pm

Session 1: January 8 – February 19

Session 2: February 26 – April 9

Price: \$75 | **Members: \$60**

Session 1 ID: 10151

Session 2 ID: 10152

info Tom Marchand, ext. 186
tmarchand@jewishallianceri.org



Group Fitness on Land and in the Pool

Want to get fit and stay fit? People who participate in group fitness classes are more likely to stay engaged in their fitness regimen than those who do not. All group exercise classes are FREE to members.

Not a member? You can take advantage of our group exercise and water fitness classes too!

\$12 per day

\$6 per day for ages 12 and under

\$120 per 10-class punch card (and get the 11th class FREE!)

For group exercise and water fitness class schedules, visit our new website at jewishallianceri.org, stop by and pick up a copy, or call 401.421.4111.

World Dance

Learn a graceful, fun, and exciting new art form while working several muscle groups. Enjoy World Dance taken from US tribal, African, Egyptian, Middle Eastern, Turkish and Moroccan styles. Dance with veils to exotic world music. Sundays, 11:00am
Mondays, 7:00pm

Boot Camp

This class features high intensity cardio along with weight training for a full body workout... Not for the weak hearted!
Tuesdays, 6:15pm

Cardio Kickboxing

If you are looking for a butt kicking workout, Cardio Kickboxing is for you. You will sweat your way through punches, kicks, strength conditioning and abs in a tough, total body workout that will introduce you to your anaerobic threshold!
This is a no-contact class.
Thursdays, 6:15pm
Saturdays, 8:00am

3 Cs (Cardio, Conditioning, and Core)

This challenging class will give you an efficient, total-body workout by keeping your heart rate up while strengthening various muscle groups, particularly the all-important core.
Mondays & Fridays, 6:00am

Hatha Yoga: Vinyasa Style

Hatha Yoga uses postures and stretches in combination with the breath to develop flexibility and relaxation. Vinyasa Flow emphasizes linking breath with movement.
Mondays, 6:00pm
Tuesdays, 6:15pm
Wednesdays, 4:30pm
Fridays, 12:30pm
Sundays, 11:00am

Iyengar Yoga

Iyengar yoga emphasizes precision and alignment in all postures. The use of props such as wooden blocks and belts helps you achieve perfection in all the postures.
Tuesdays, 9:15am

Spin®

This rigorous indoor cycling class is designed to emulate both on-road and off-road cycling. Your instructor will outline each ride. We are a Mad Dogg certified facility. Sign-up required at J-Fitness Desk.
Mondays, 6:00pm
Tuesdays & Thursdays, 5:15am & 6:00am
Wednesdays & Fridays, 9:15am
Thursdays, 7:15pm
Saturdays, 8:00 & 9:00am

Step Plus

This step class includes strength conditioning and a great abs workout.
Sundays, 9:00am
Saturdays, 9:15am
Tuesdays, 4:45pm
Thursdays, 5:15pm

Strength & Conditioning

Balance your fitness routine with strength training, which increases muscle tissue and allows the body to burn fat more efficiently.
Tuesdays, 9:15am, 3:30pm & 7:30pm
Thursdays, 9:15am, 4:00pm & 7:30pm
Sundays, 10:00am

Pilates Mat Classes

The original six principals of Pilates are control, center, concentration, precision, breathing, and flow. All exercises are done with the muscles working to lift against gravity and create resistance. Pilates is controlled movement from a strong core. Once precision has been achieved, the exercises are intended to flow within and into each other to build strength and stamina.
Mondays, 5:00pm
Wednesdays, 5:00pm
Saturdays, 10:00am

Zumba

Cardio Latin dance routines combine fast and slow rhythms as well as resistance training to tone and sculpt your body while burning fat. Zumba-tone is an additional 15 minute component to our regular Zumba class that adds toning with weights.
Wednesdays, 7:15pm
Saturdays, 11:00am (Zumba-tone)

Fitness & Sports for Adults continued

Welcome to “Fit Forever”

Fit Forever classes are a great place for **seniors** to connect with friends and meet new people. Our diverse instructors will stimulate your passion for exercise. Fit Forever classes emphasize strength conditioning and functional training with movement to include stretching to improve balance, and range of motion along with posture alignment. Fit Forever classes are 40 minutes long, and all levels are welcome. Be strong, stay strong, be Fit Forever! Price: \$5 per class \$50 per 10-class punch card (and get the 11th class FREE!)

Members: FREE

Iyengar Yoga

Iyengar Yoga uses props for additional stability and focuses on posture and alignment.

Tuesdays, 11:00 - 11:40am

Movement & Balance

Let's move and have fun! Some strength conditioning is included. Balance and body awareness a plus.

Fridays, 11:00 - 11:40pm

Pilates & Balance

Gentle postures and exercises along with breathing techniques assist in releasing the effects of stress, trauma, injuries, or wear and tear on the body.

Thursdays, 11:00 - 11:40am

Strength, Stretch, Range Of Motion & Stability

This class uses strength and functional training as well as balance exercises. Range of motion exercises focus on joints to help maintain quality of living.

Mondays & Wednesdays

11:00 - 11:40am

Water Walking

Enjoy the benefits of therapeutic water exercises including walking, toning, stretching and strengthening. No Swim experience necessary.

Mondays & Thursdays, 12:15 - 1:00pm

Water Fitness Classes

Aquarobics

Energize yourself with this popular water aerobics class that strengthens and tones your muscles and improves flexibility and endurance.

No swim skills necessary.

Tuesdays & Thursdays, 10:00 - 10:40am

Deep Water Workout

Challenge yourself with this vigorous water fitness class that offers cardiovascular benefits as well as toning and stretching with the use of buoyancy belts and weights.

No swim skills necessary.

Mondays & Fridays, 9:30 - 10:15am

Mondays, 7:00 - 7:45pm

Wednesdays, 3:00 - 3:45pm

Fridays, 9:30 - 10:15am

Saturdays, 11:00 - 11:45am

Water Walking

Enjoy the benefits of therapeutic water exercises including walking, toning, stretching, and strengthening.

No swim experience necessary.

Mondays and Thursdays,

12:15 - 1:00pm

Personal Training on Land and in the Pool

What are the benefits of having a Personal Trainer?

Personal trainers can help you:

- get and stay motivated
- increase performance
- train for an upcoming event
- recuperate from injury
- learn and maintain proper diet and nutrition

At J-Fitness we pride ourselves on having the best team of Certified Personal Trainers. Our trainers aren't here to just put you through a workout. Aside from being Certified Personal Trainers, our staff all have special skills from swimming to running, rowing, Olympic lifting, and more. Our trainers have a vested interest in you.

At J-Fitness our mission is to make a positive impact on your life.

Take the first step and schedule your appointment today!

info Robyn Goldstein or one of our Fitness Professionals, ext. 152

Private & Semi-Private Swim Lessons

We offer private lessons for adults and children who want individual attention.

Price: \$40 per ½ hour

Members: \$30 per ½ hour

info Aquatics Department, ext. 153

Meet our Trainers:

Tom: USATF Certified Coach, Indoor Rowing Coach, World Class Powerlifting Coach and Certified Level II Weight Lifting Coach

Jodie: Certified Arthritis Foundation Instructor, Water Workouts and Water Rehabilitation, Group Fitness Instructor and Youth Training Specialist

Andrew: Certified Personal Trainer, Boxing Coach, Youth Training Specialist

Carlene: Certified Personal Trainer, One-on-One Yoga, Pilates Mat, Spinning and Group Exercise Instructor

Aaron: Certified Personal Trainer, Masters Swim Coach

Masters Swim

Looking for a great swim workout? Training for a triathlon or long distance swim event? Motivate yourself and improve your time by enrolling in this professionally coached workout with our certified Masters coach. Basic stroke knowledge highly encouraged.

Ages: 18+

Mondays, 8:00 - 9:00pm

January 6 - March 24

12 sessions

Maximum enrollment: 16

Price: \$150 | **Members: \$100**

ID: 10079

info Aaron Kollmeyer or Aquatics, ext. 153 or akollmeyer@jewishallianceri.org

Babies, Toddlers, & Preschoolers

Rock-A-Baby

Come learn that music is within you from the minute you crawl! Rock-a-Baby is an interactive, educational music experience for you and your toddler. Join three energetic musicians to explore rock, pop, blues, traditional, and classical music by singing songs, playing games and instruments, and dancing. Each week a different theme will be explored with the help of whimsical puppets— Rhythm, Melody, and Harmony!

To register or for information, contact Marc Trachtenberg at 401.524.7113 or info@rock-a-baby.net or www.rock-a-baby.net. Ask about our sibling discount! Payment must be in the form of cash or check made out to Rock-a-Baby RI.

Sessions 1

Tuesdays, 10:00am & 11:00am
January 7 - February 25

Wednesdays, 9:30am, 10:30am, 3:45pm, 4:45pm & 5:45pm

January 8 - February 26

8 sessions

Price: \$155 | **Members: \$140**

Price w/sibling 6 months+: \$255

Members w/siblings 6 months+: \$230

Sessions 2

Tuesdays, 10:00am & 11:00am

March 4 - April 22

No class: April 15

Wednesday 9:30am, 10:30am, 3:45pm, 4:45pm & 5:45pm

March 5 - April 23

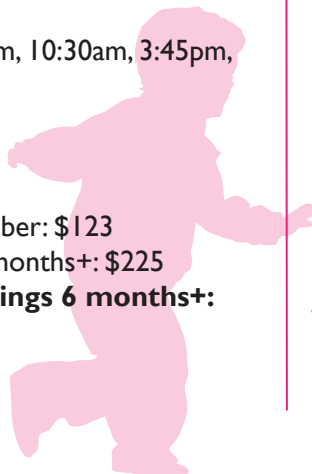
No class: April 16

7 sessions

Price: \$136 | Member: \$123


Price w/sibling 6 months+: \$225

Members w/siblings 6 months+: \$203



Kids InProv!

Designed for the creative child, this class uses familiar stories to teach children how to use their body, voice, and face to transform themselves into familiar characters. The children will make stories come alive through music, movement, and improvisational games. They will also explore the aspects of theatre including, lights, costumes, and props. Teachers Ashley Kenner and Angie Sokolov hold degrees in Music Theatre, have performed professionally throughout the country, and have been teaching and caring for young children for the past 10 years.

 To learn more or to register contact: kidsinprov@gmail.com.

Ages: 3 - 5

Mondays, 3:45 - 4:30

January 13 - March 3

No Class: February 17th

9 sessions

Price: \$150 | **Members: \$105**

For expectant and new parents:

Birth Steps Childbirth Education

Empower yourself to make the best possible decisions by being educated about birth and possible interventions. Take the steps to uncover any fears that may limit you and learn steps to follow your heart and trust your birthing instincts with whatever you envision for your birth. This class will address comfort measures for a low/no-intervention labor as well as discussing medication options in childbirth.

Tuesdays, 6:15 - 8:30pm

3 Sessions: January 28, February 4, & February 11

Thursdays, 6:15 - 8:30pm

3 Sessions: April 3, April 10, & April 17

Price: \$100 | **Members: \$75**

ID: 10128

Leah DeCesare, of Mother's Circle, LLC has her certification as a Birth Doula, Postpartum Doula, Childbirth Educator, Postnatal Educator, and Lactation Counselor and has been working with families since 2002.

Early Parenting Education

Whether this is your first baby or you are adding another child to your family, parenting education gives you a look into bringing your baby home. Topics include what to expect physically and emotionally, how to care for yourself and your baby (babies) as well as older siblings, attachment and role and relationship changes as you become a parent or add to your family. Build confidence and trust yourself as you define your parenting style and become the parent you want to be.

Tuesday, February 25

6:30 - 8:30pm

Price: \$35 | **Members: \$25**

ID: 10129

Becoming a New Mom: The Good, The Bad, and The In Between

A support group for first time moms providing a safe space to share, explore and discuss issues relevant to becoming a new mother including how this new role impacts our identity and life choices. We will discuss topics related to feeding, sleeping, bonding, making time for yourself, and how you (and your partner) make choices related to parenting. Come form connections with other new moms experiencing similar feelings and situations.

Thursday, 10:30-11:30 am

January 9, 16, 23, 30

4 Sessions

Price: \$40 | **\$30 Members**

Class ID: 10208

Marni has been working with parents and children for over 15 years both in the home and community. She is a mother, social worker and lactation consultant and is training to become a Postpartum Doula. Marni's goal is to help parents transition into this new role with support and compassion by helping them to find what works best for them and their family.

Children ages 5 - 12

J-Space Afterschool Care for the Whole School Year

J-Space Afterschool Care is a safe, fun and exciting place for your child to go after school lets out. Children will be given healthy snacks, socialize with their friends, receive homework help, participate in physical activities in our gym or outdoors, swim in our heated indoor pool, create art and cooking projects, and much more. *Tikkun olam*, meaning “repairing the world,” is a tenet of Judaism. During the year, J-Space kids will participate in a social action project working with RISPCA once a week to help animals, learn about their behaviors, and why they are important to us. Many schedule options are available to fit your needs.

Ages: 5 - 12

Mondays – Thursdays, 2:30 - 6:00pm

Fridays, 2:00 - 6:00pm

2013 - 2014 School Year



Shannon Boucher, ext. 147

sboucher@jewishallianceri.org

J-Cation Camps

When school's out...J-Cation Camp is in! Our well-rounded, DCYF-licensed program incorporates art, physical movement, free swim, imaginative play, and themed activities. Don't see a camp listed for a date you need? We can create a J-Cation Camp with a minimum of only 5 campers! See our full J-Cation flier for a full year schedule and registration information. Extended day is available in the afternoon from 3:00 - 6:00pm, and drop-in days are available for purchase. Early arrival is available from 8:00 - 9:00am for an additional \$7.

J-Cation, 9:00 – 3:00pm

Dates:

Friday, January 10

Monday, January 20

Friday, February 14

Monday – Friday, February 17 – 21

Friday, March 7

Monday, March 17

Per Day Price: \$40 | **Members: \$35**



Shannon Boucher, ext. 147

sboucher@jewishallianceri.org

J-Space by-the-Session Transition Care

J-Space Transition Care is a flexible afterschool option to compliment Alliance JCC classes starting at 4:00pm. It is by-the-session rather than for the full school year. Let us pick your children up from school or meet their bus at the Alliance JCC bus-stop. A healthy snack and child-care will be provided.

Ages: 5 - 12

Mondays, 2:30 - 4:00pm

January 6 – April 7

12 sessions:

No classes January 20 & February 17

Price: \$156 | **Members: \$120**

ID: 10154

Tuesdays, 2:30 - 4:00pm

January 7 – April 8

13 sessions:

No class February 18

Price: \$169 | **Members: \$130**

ID: 10155

Wednesdays, 2:30 - 4:00pm

January 8 – April 9

13 sessions

No class: February 19

Price: \$169 | **Members: \$130**

ID: 10156

Thursdays, 2:30 - 4:00pm

January 9 – April 10

13 sessions

No class: February 20

Price: \$169 | **Members: \$130**

ID: 10157

Fridays, 2:30 - 4:00pm

January 10 – April 11

13 sessions

No class: February 21

Price: \$169 | **Members: \$130**

ID: 10158

J-Space by-the-Day Drop-In Packs

Drop-in Packs are our most flexible afterschool option. This is perfect for parents who need afterschool care once in a while but don't need a set schedule. Purchase a 10-day pack, and use them on any regular J-Space day. Drop-in Packs may be used by siblings and expire the last day of the 2014 school year.

Ages: 5 - 12 years

Mondays – Fridays, 2:30 - 6:00pm

2013-2014 school year

Price Per Day: \$26 | **Members: \$20**

10-Pack Price: \$247 | **Members: \$190**



Children ages 5 - 12 continued

Animal Art

Love animals? Love art? Join Laurelin Sitterly, a RISD trained artist and veteran of the animal welfare field to explore the animal kingdom through art. Classes will feature live animal models for students to interact with and to garner inspiration in order to create both 2 dimensional and 3 dimensional art work.

Ages: 7 - 11

Mondays, 4:00 – 5:00pm

January 6 – April 7

12 sessions

No class: January 20 & February 17

Price: \$187 | **Members: \$144**

ID: 10136

Acting I

Wensday Greenbaum runs this specially designed theatre class for the youngest actors. Basic acting skills will be taught by playing theatre games, with an emphasis on storytelling, character creation, vocal projection, play writing, song writing, and stage awareness. Students will work towards a final presentation to show the techniques they have learned.

Ages: 5-7

Tuesdays, 4:00 - 5:30pm

January 7 – April 8

13 sessions No class: February 18

Price: \$253 | **Members: \$195**

ID: 10159

Acting II

Actors will work with Wensday Greenbaum in this class to explore all aspects of performing arts including acting technique, scripted material, improvisation, character creation, voice/movement, play writing, song writing, and technical theater within an ensemble environment. The class culminates in a final performance for friends and family.

Ages: 8-11

Wednesdays, 4:00 - 6:00pm

January 8 – April 9

13 sessions

No class: February 19

Price: \$304 | **Members: \$234**

ID: 10160

About the instructor:

Wensday studied voice for 8 years with some of the industry's best and has been a vocal coach for over 12 years. In 2008 she was on the Grammy ballot for Best Blues and Best Pop Vocal. Locally she has won Best Jazz Act in the Motif Music Awards four years in a row and Best Vaudeville Act 2013.

Advanced Pottery

This class offers students who already have some experience working with clay the possibility to explore on a deeper level the clay universe and its potential. Students will explore the 3-dimensional aspects of clay using tools and glazing techniques.

Ages: 8 - 12

Wednesdays, 5:00 - 6:00pm

January 8 – April 9

13 sessions

No class: February 19

Price: \$203 | **Members: \$156**

ID: 10161

Potter's Wheel

Learn the basics of throwing clay to create bowls, vases, and more. Students will be able to glaze their own creations and use them. This class features one-on-one instruction with our pottery teacher. Limited enrollment.

Ages: 8-12

Wednesdays, 5:00 - 6:00pm

January 8 – April 9

13 sessions

No class: February 19

Price: \$203 | **Members: \$156**

ID: 10162

Pottery & Sculpture

Fire up your imagination with clay creations! Learn different hands-on clay techniques to create works of art. Individual instruction allows students to develop at their own pace.

Ages: 5 - 12

Wednesdays, 4:00 - 5:00pm

January 8 – April 9

13 sessions | No class: February 19

Price: \$203 | **Members: \$156**

ID: 10163

Dungeons & Dragons (D&D)

Dungeons & Dragons is a fantasy role-playing game. D&D players create their own characters, and the adventures begin. Our Dungeon Master Phil Hiron has been guiding players for over 20 years. In this 90-minute class, Phil is the game referee and also the storyteller. Together players solve problems, start and end battles, and improve leadership and creative skills while debating and developing new strategies.

Ages: 8 – 15

Thursdays, 4:30 - 6:00pm

January 9 – April 10

13 sessions

No class: February 20

Price: \$280 | **Members: \$220**

ID: 10164

Expedition Energy

This hands-on after school program explores the science of light, sound, electricity, magnetism and more! Students learn how they interpret (or even misinterpret) the world around them. They even use some of their own energy to explore the science of heat. This program is filled with hands-on activities, stunning demonstrations, and inquiry based discussions. Classes include: Watts-Up?, Magnetic Magic, Lights... Color... Action, Sonic Sounds, Tantalizing Taste, Optical Illusions, Harnessing Heat, and Mission Nutrition To register contact Mad Science

800.748.7144 or

 mail@madsciencemari.com

Ages: 6 - 12

Fridays, 4:00 - 5:00pm

January 10 – April 11

13 sessions

No class: February 21

Price: \$186 | **Members: \$156**

Children ages 5 - 12 continued

Chess

Come practice and improve your chess skills. Children will review basic skills, learn basic tactics and strategies, and play tournament-style games with others in the class.

Ages: 8 – 15

Fridays, 5:00 – 6:00pm

January 10 – April 11

13 sessions

No class: February 21

Price: \$169 | **Members \$130**

ID:10134

Boys and Girls Youth Basketball Fundamentals

A fun and healthy introduction to basketball and team sports with an emphasis on fundamentals, teamwork, and fair play. Games are scheduled on weekdays during the season. Full game schedule to be announced after first meeting with parents.

Ages: 5 – 6

Sunday Practices, 3:00 – 4:00pm

January 5 – April 6

12 sessions & 6 games

Price: \$130 | **Members: \$100**

(20% discount for additional siblings)

Price includes game shirt.

ID: 10153

Boys and Girls Youth Basketball League

A fun and healthy introduction to basketball and team sports with an emphasis on fundamentals, teamwork, and fair play. Games are scheduled on weekdays during the season. Full game schedule to be announced after first meeting with parents.

Ages: 7 – 9

Sunday Practices, 4:15 – 5:15pm

January 5 – April 6

Price: \$130 | **Members: \$100**

(20% discount for additional siblings)

Price includes game shirt.

ID: 10165

Voice Lessons for all Ages (Grown-ups too!)

From beginners to advanced singers, Wensday Greenbaum's technique will teach you how to sing properly, without hurting your voice. Whether your desire is to perform in a show, sing with a band, impress your friends at karaoke, or just to sing along to your favorite tunes, voice lessons will give you the tools you need to sing like a pro, build confidence, and musicality.



To register contact:

bookings@misswensday.com

\$30/half hour

\$40/45 minutes

\$50/hour

About the instructor:

Wensday studied voice for 8 years with some of the industry's best and has been a vocal coach for over 12 years. In 2008 she was on the Grammy ballot for Best Blues and Best Pop Vocal. Locally she has won Best Jazz Act in the Motif Music Awards four years in a row and Best Vaudeville Act 2013.

Volunteer coaches needed!
Anyone interested in volunteering for the leagues should contact Carlene Barth at cbarth@jewishallianceri.org or ext. 210.

Teens ages 13 - 17

Animal Art

Love animals? Love art? Join Laurelin Sitterly, a RISD trained artist and veteran of the animal welfare field to explore the animal kingdom through art. Classes will feature live animal models for students to interact with and to garner inspiration in order to create both 2 dimensional and 3 dimensional art work.

Ages: 11 - 15

Mondays, 5:00 – 6:00pm

January 6 – April 7

12 sessions

No class; January 20 & February 17

Price: \$187 | **Members: \$144**

ID:10137

Dungeons & Dragons (D&D)

Dungeons & Dragons is a fantasy role-playing game. D&D players create their own characters, and the adventures begin. Our Dungeon Master Phil Hirons has been guiding players for over 20 years. In this 90-minute class, Phil is the game referee and also the storyteller. Together players solve problems, start and end battles, and improve leadership and creative skills while debating and developing new strategies.

Ages: 8 – 15

Thursdays, 4:30 - 6:00pm

January 9 – April 10

13 sessions

No class: February 20

Price: \$280 | **Members: \$220**

ID: 10163

Chess

Come practice and improve your chess skills. Children will review basic skills, learn basic tactics and strategies, and play tournament style games with others in the class.

Ages: 8 – 15

Fridays, 5:00 – 6:00pm

January 10 – April 11

13 sessions

No class: February 21

Price: \$169 | **Members: \$130**

ID:10134

Teens ages 13 - 17 continued

JCC Maccabi Sports Clinics

These clinics, structured similarly to sports practices, are open to teen members of the Alliance JCC. Each week the sports clinic will focus on a different sport offered at the JCC Maccabi 2014 games in Detroit, Michigan. Each clinic starts off with dynamic warm-ups and small skill-set activities. The children will be in different drills and sport-specific games. The practices will be structured so athletes learn the rules but have fun while playing the sport.
Fridays, 3:30 – 5:00pm
January 10 – April 11
No class: February 21
Price: \$10 per day

Members: Free

 Angela Sullivan, ext. 149
asullivan@jewishallianceri.org

Physical Education Requirement?

Are you at least 12 years old?
Do you have a Physical Education requirement at your school?
Take a class at the Alliance JCC to fulfill your physical education requirement.

We offer many options including:

- Cardio Kickboxing
- Karate
- Spin (indoor bike workouts)
- Teen weight training
- Yoga
- Zumba

 Carlene Barth, ext. 210
cbarth@jewishallianceri.org

Community Service

Do you have a community service requirement for school or for an upcoming Bar/Bat Mitzvah?
Do your community service hours at the Alliance JCC! We can match you up with your hobbies and interests. Many opportunities are available.

To assist with kids sports classes:

 Carlene Barth, ext. 210
cbarth@jewishallianceri.org

To assist with art or afterschool care programs:

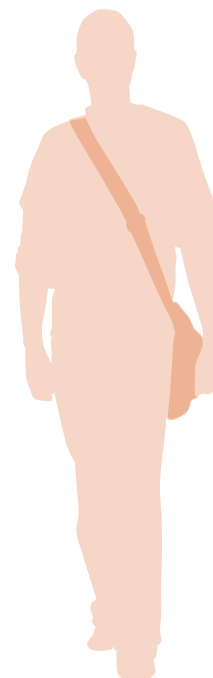
 Shannon Boucher, ext. 146
sboucher@jewishalliancri.org

new

Moadon: Teen Lounge

Check out our new Teen Lounge! In addition to all of the exciting activities for teens at the Alliance JCC, such as open gym time, Fitness Center classes, and JCC Maccabi sports clinics, there is now a Teen Lounge called the *Moadon Room*, where teens can congregate, do their homework, relax and play games. This new activity center is for pre-teens and teens ages 11 through 15 and offers special activities. *Moadon* is the place teens can learn about all the daily activities available to them and designate where they will be spending their time.

 Shannon Boucher, ext. 146
sboucher@jewishalliancri.org



Aquatics

HEATED INDOOR POOL

Immerse yourself in a variety of pool activities. We offer open swim time, adult swim, gender-specific swim time, American Red Cross Learn-to-Swim classes for all ages and all swim levels, lifeguard training, and water fitness classes in shallow and deep water. From adult masters swim classes to TigerSharks Swim Club, we have a program that's right for you! Use of our pool for regularly scheduled swim times is FREE for members. Not a member? Drop-in fee is \$12 for adults and \$6 for children under 12 years old. View our pool schedule and classes online at jewishallianceri.org.



Aaron Kollmeyer, ext. 117
akollmeyer@jewishallianceri.org

LEARN-TO-SWIM

Authorized American Red Cross Swim Provider

Parent/TOT Swim Class

Introduce your baby or toddler to the joys of swimming with this exciting program of water exploration, songs, and beginning skill development... all with the comfort of you and the instructor in the pool.

Ages: 6 month – 3 years

Sundays, 10:30 – 11:00am

January 5 – March 23

No class: January 19, February 16 & March 16

9 sessions

Maximum enrollment: 15

Price: \$180 | **Members: \$90**

ID: 10168

Wednesdays, 10:30 – 11:00am

January 8 – March 26

11 sessions

Maximum enrollment: 15

Price: \$220 | **Members: \$110**

ID: 10169

Level 1:

Introduction to Water Skills

Our structured activities introduce children to the basics of water safety. Including entering and exiting the pool using the ladder; submerging eyes, face, and nose; and floating on one's front and back.

Ages: 3+

Sundays, 10:30 – 11:10am

January 5 – March 23

9 sessions

Maximum enrollment: 4

No class: January 19, February 16 & March 16

Price: \$180 | **Members: \$90**

ID: 10170

Sundays, 11:15 – 11:55am

January 5 – March 23

9 sessions

Maximum enrollment: 4

No class: January 19, February 16, March 16

Price: \$180 | **Members: \$90**

ID: 10171

Mondays, 3:45 – 4:30pm

January 6 – March 24

10 sessions

Maximum enrollment 8

No class: January 20, February 17

Price: \$200 | **Members: \$100**

ID: 10172

Tuesdays, 3:45 – 4:30pm

January 7 – March 25

No class: February 18

11 sessions

Maximum enrollment 8

Price: \$220 | **Members: \$110**

ID: 10173

Wednesdays, 3:45 – 4:30pm

January 8 – March 26

No class: February 19

11 sessions

Maximum enrollment 8

Price: \$220 | **Members: \$110**

ID: 10174

Thursdays, 3:45 – 4:30pm

January 9 – March 27

11 sessions

Maximum enrollment 8

Non Class: February 20

Price: \$220 | **Members: \$110**

ID: 10175

Level 2:

Fundamental Aquatic Skills

Builds upon the skills learned in Level 1 and provides instructions for children to learn the importance of adult supervision while having fun in the pool. Swimmers will also explore rhythmic breathing patterns and assisted front and back strokes.

Ages: 5 +

Sundays, 10:30 – 11:10am

January 5 – March 23

9 sessions

Maximum enrollment: 5

No class: January 19, February 16 & March 16

Price: \$180 | **Members: \$90**

ID: 10176

Aquatics continued

Sundays, 11:15 – 11:55am

January 5 – March 23

9 sessions

Maximum enrollment: 5

No class: January 19, February 16 & March 16

Price: \$180 | **Members: \$90**

ID: 10177

Mondays, 3:45 – 4:30pm

January 6 – March 24

10 sessions

Maximum enrollment: 5

No class: January 20, February 17

Price: \$200 | **Members: \$100**

ID: 10178

Tuesdays, 3:45 – 4:30pm

January 7 – March 25

No class: February 18

11 sessions

Maximum enrollment: 5

Price: \$220 | **Members: \$110**

ID: 10179

Wednesdays, 1:20 – 2:00pm

January 8 – March 26

No class: February 19

11 sessions

Maximum enrollment: 5

Price: \$220 | **Members: \$110**

ID: 10180

Wednesdays, 3:45 – 4:30pm

January 8 – March 26

No class: February 19

11 sessions

Maximum enrollment: 5

Price: \$220 | **Members: \$110**

ID: 10181

Thursdays, 3:45 – 4:30pm

January 9 – March 27

11 sessions

Maximum enrollment: 5

No class: February 20

Price: \$220 | **Members: \$110**

ID: 10182

Level 3:

Stroke Development

Provides guided practice with headfirst entries from the side of the pool from a sitting and kneeling position, rotary breathing, and treading water. Children will also be introduced to the techniques of flutter, scissor, dolphin and breaststroke kicks.

Ages: 6+

Sundays, 10:30 – 11:10am

January 5 – March 23

9 sessions

Maximum enrollment: 6

No class: January 19, February 16 & March 16

Price: \$180 | **Members: \$90**

ID: 10183

Mondays, 3:45 – 4:30pm

January 6 – March 24

10 sessions

Maximum enrollment: 6

No class: January 20, February 17

Price: \$200 | **Members: \$100**

ID: 10184

Tuesdays, 3:45 – 4:30pm

January 7 – March 25

11 sessions

Maximum enrollment: 6

No class: February 18

Price: \$220 | **Members: \$110**

ID: 10185

Wednesdays, 3:45 – 4:30pm

January 8 – March 26

11 sessions

Maximum enrollment: 6

No class: February 19

Price: \$220 | **Members: \$110**

ID: 10186

Thursdays, 3:45 – 4:30pm

January 9 – March 27

11 sessions

Maximum enrollment: 6

No class: February 20

Price: \$220 | **Members: \$110**

ID: 10187

Level 4:

Stroke Improvement

Develops confidence in the skills already learned and improves other aquatic skills including under water swimming and surface diving. Children will also be introduced to sidestroke, butterfly stroke, and two different styles of treading water.

Ages: 6+

Sundays, 11:15 – 11:55am

January 5 – March 23

9 sessions

Maximum enrollment: 6

No class: January 19, February 16 & March 16

Price: \$180 | **Members: \$90**

ID: 10188

Tuesdays, 3:00 – 3:45pm

January 7 – March 25

No class: February 18

11 sessions

Maximum enrollment: 6

Price: \$220 | **Members: \$110**

ID: 10189

Thursdays, 3:45 – 4:30pm

January 9 – March 27

No class: February 20

11 sessions

Maximum enrollment: 6

Price: \$220 | **Members: \$110**

ID: 10190

Aquatics continued

Level 5: Stroke Refinement

Provides further coordination and refinement of all strokes including breaststroke, butterfly, front/back crawl, elementary backstroke, and sidestroke. In addition, new skills will be taught such as surface dives, flip turns, and sculling.

Ages: 9+

Sundays, 11:15 – 11:55am

January 5 – March 23

9 sessions

Maximum enrollment: 6

No class: January 19, February 16 & March 16

Price: \$180 | **Members: \$90**

ID: 100191

Mondays, 3:45 – 4:30pm

January 6 – March 24

10 sessions

Maximum enrollment: 7

No class: January 20, February 17

Price: \$200 | **Members: \$100**

ID: 10192

Wednesdays, 3:45 – 4:30pm

January 8 – March 26

11 sessions

Maximum enrollment: 7

No class: February 19

Price: \$220 | **Members: \$110**

ID: 10193

Level 6: Fitness Swimmer & Personal Water Safety

Participants will refine their strokes so they can improve their endurance with ease, power, and proficiency. This level prepares swimmers for more advanced courses including Water Safety Instruction, Lifeguard Training, and competitive swimming.

Ages: 10+

Sundays, 10:30 – 11:10am

January 5 – March 23

9 sessions

Maximum enrollment: 7

No class: January 19, February 16 & March 16

Price: \$180 | **Members: \$90**

ID: 10195

Girls Only Swim Lessons

Level 1: Introduction to Water Skills

These structured activities introduce girls to the basics of water safety. This includes, entering and exiting the pool using the ladder; submerging eyes, face, and nose; and floating on one's front and back.

Age 3+

Wednesdays, 7 – 8pm

January 8 – April 9

11 sessions

Maximum enrollment: 7

No class: February 19

Price: \$220 | **Members: \$110**

ID: 10196

Level 2: Fundamental Aquatic Skills

Builds upon the skills learned in Level 1 and provides instructions for girls to learn the importance of adult supervision while having fun in the pool. Swimmers will also explore rhythmic breathing patterns and assisted front and back strokes.

Age 5+

Sundays, 12:15 – 1:00pm

January 5 – March 23

9 sessions

Maximum enrollment: 7

No class: January 19, February 16 & March 16

Price: \$180 | **Members: \$90**

ID: 10197

Level 4: Stroke Development

Provides guided practice with headfirst entries from the side of the pool from a sitting and kneeling position, rotary breathing, and treading water. Girls will also be introduced to the techniques of flutter, scissor, dolphin and breaststroke kicks.

Age 6+

Wednesdays, 7:00 – 7:45pm

January 8 – March 26

11 sessions

Maximum enrollment: 6

No class: February 19

Price: \$220 | **Members: \$110**

ID: 10198

Level 6: Fitness Swimmer & Personal Water Safety

Girls will refine their strokes so they can improve their endurance with ease, power and proficiency. This level prepares swimmers for more advanced courses including Water Safety Instruction, Lifeguard Training, and competitive swimming.

Ages: 10+

Wednesdays, 7:00 – 7:45pm

January 8 – April 9

No class: February 19

11 sessions Maximum enrollment: 7

Price: \$220 | **Members: \$110**

ID: 10199

Aquatics continued

Boys Only Swim Lessons

Levels 1:

Introduction to Water Skills

These structured activities introduce boys to the basics of water safety. Including, entering and exiting the pool using the ladder; submerging eyes, face, and nose; and floating on one's front and back.

Age 3+

Tuesdays, 7:00 – 7:45pm

January 7 – March 25

11 sessions

Maximum enrollment: 4

No class: February 18

Price: \$220 | **Members: \$110**

ID: 10200

Level 2:

Fundamental Aquatic Skills

Builds upon the skills learned in Level 1 and provides instructions for boys to learn the importance of adult supervision while having fun in the pool. Swimmers will also explore rhythmic breathing patterns and assisted front and back strokes.

Age 5+

Tuesdays, 7:00 – 7:45pm

January 7 – March 25

11 sessions

Maximum enrollment: 5

No class: February 18

Price: \$220 | **Members: \$110**

ID: 10201

Level 3:

Stroke Development

Provides guided practice with headfirst entries from the side of the pool from a sitting and kneeling position, rotary breathing, and treading water. Boys will also be introduced to the techniques of flutter, scissor, dolphin and breaststroke kicks.

Age 6+

Thursdays, 7:00 – 7:45pm

January 9 – March 27

11 sessions

Maximum enrollment: 6

No class: February 20

Price: \$220 | **Members: \$110**

ID: 10202

Level 4:

Stroke Improvement

Develops confidence in the skills already learned and improves other aquatic skills including under water swimming and surface diving. Boys will also be introduced to sidestroke, butterfly stroke, and two different styles of treading water.

Age 6+

Tuesdays, 7:00 – 7:45pm

January 7 – March 25

12 sessions Maximum enrollment: 5

No class: February 18

Price: \$220 | **Members: \$110**

ID: 10203

Level 5:

Stroke Refinement

Provides further coordination and refinement of all strokes including breaststroke, butterfly, front/back crawl, elementary backstroke, and sidestroke. In addition, new skills will be taught such as surface dives, flip turns, and sculling.

Age 6+

Thursdays, 7:00 – 7:45pm

January 9 – March 27

No class: February 20

11 sessions

Maximum enrollment: 7

Price: \$220 | **Members: \$110**

ID: 10204

Level 6:

Fitness Swimmer

Personal Water Safety

Boys will refine their strokes so they can improve their endurance with ease, power and proficiency. This level prepares swimmers for more advanced courses including Water Safety Instruction, Lifeguard Training, and competitive swimming.

Age 10+

Thursdays, 7:00 – 7:45pm

January 9 – March 27

No class: February 20

11 sessions

Maximum enrollment: 7

Price: \$220 | **Members: \$110**

ID: 10205

Aquatics continued

LIFEGUARD TRAINING COURSE

Interested in a great summer job or challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you will learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you'll need to work as a professional lifeguard. Successful completion results in a 2-year certification in lifeguarding which includes first aid, professional-level CPR and AED. Must have competent swimming ability.

Ages: 15+

9:30 – 3:30pm

February 16 – February 21

Minimum enrollment: 3

Maximum enrollment: 12

Price: \$300 | **Member: \$275**

Aaron Kollmeyer, ext. 117

akollmeyer@jewishallianceri.org

TIGERSHARKS SWIM CLUB

The TigerSharks are moving into their third season as part of the RIMA (Rhode Island/Massachusetts) League. The TigerSharks Swim Club prepares swimmers of various swimming abilities to reach their highest potential. While focusing on stroke technique and endurance, swimmers will have the opportunity to grow and succeed in a fun, hard working, and competitive environment. Children are required to attend at least 2 - 4 swim lessons each week. Tryouts are required. Space available until the end of January. Please call to schedule a tryout.

Must have basic swim skills.

 Aaron Kollmeyer, ext. 117
akollmeyer@jewishallianceri.org

Level 1

Ages: 4 – 8

Mondays, Tuesdays, Wednesdays &

Thursdays, 4:15 – 5:30pm

September 9 – April 2014

Maximum enrollment: 70

Please contact team office for pricing

ID: 10077

Level 2

Ages: 9 – 18

Mondays, Tuesdays, Wednesdays &

Thursdays, 5:00 – 7:00pm

September 9 – April 2014

Maximum enrollment: 70

Please contact team office for pricing

ID: 10078

Winter 2014 Registration Form

To register by mail, detach, complete, and return this form with your payment. All classes must meet minimum enrollment requirements. We reserve the right to cancel any activity due to insufficient enrollment. All classes are available to members and non-members alike. Every child, regardless of age, must be listed on membership to receive Member prices for children's classes.

BY MAIL: Send form with check, credit card info or money order to:
Alliance JCC, 401 Elmgrove Avenue, Providence, RI 02906

BY FAX: Fax form to: 401.331.7961 (credit card payment only)

Register on-line: visit jewishallianceri.org today!

NAME	HOME PHONE
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ADDRESS	CITY	STATE	ZIP
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EMAIL _____ MEMBER ACCOUNT NUMBER _____

IF UNDER 18:

PARENT/GUARDIAN 1	EMERGENCY PHONE	E-MAIL
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PARENT/GUARDIAN 2 _____ EMERGENCY PHONE _____ E-MAIL _____

To register for J-Space Afterschool Care, contact Joan Rogers at **401.421.4111** ext. 146 or jrogers@jewishallianceri.org.

PARTICIPANT INFORMATION	COURSE NAME	ID	DAY	TIME	FEE
Name 1:					\$
Sex Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
Name 2:					\$
Sex Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
CLASS TOTAL					\$
MINUS J-SPACE DISCOUNT \$20 x ____ (SUBJECT TO APPROVAL)					-(\$)
SUBTOTAL					\$
NON-MEMBER ANNUAL PROCESSING FEE \$20 (PER PARTICIPANT) x ____					\$
TOTAL PAYMENT					\$
FOR RI REHABILITATION CLASSES AT THE JCC, PLEASE MAKE CHECK PAYABLE TO "RI REHABILITATION"					

Please read and sign below.

I/we/our children are participating in programs and activities at the Alliance JCC. We understand the policies, rules, and regulations of this institution and agree to abide by them. I/we give permission for the JCC to use names and photo/video images of me/my family to publicize the JCC and its programs for not-for-profit purposes. I/we agree to hold harmless and release the JCC, its officers, directors, volunteers, and employees for any injury I/we/my family might sustain while participating in any JCC activity and for any loss or theft of personal property on JCC premises.

Signature: _____ Date _____

☐ Charge to Visa/MasterCard/AMEX/Discover

Authorized Signature: _____

Exp. Date / Zip:
month / year