

## **Volunteer Opportunities with Lutheran Home Care & Hospice.**

Lutheran Home Care & Hospice is looking for volunteers who would like to bake bereavement bread, sew memory bears and provide friendly phone calls to clients after the passing of their loved one.

<u>Bereavement Bread Bakers</u> -A loaf of sweet bread baked by a volunteer is offered to a caregiver or family member after the death of their loved one. This kind gesture lets people know they are cared for and being thought of at a difficult time of loss.

<u>Memory Bear Sewers</u> -Each caregiver or family member is offered a memory bear after their loved one passes away. Memory bears are made from a loved one's article of clothing. Patterns are available and the agency provides sewers with the fiberfill for the bears.

**Bereavement Callers** -Our Bereavement team will follow a caregiver or family member after the death of their loved one for 13 months. During this time we offer 3, 6, 9 and 12 month phone calls. Volunteers make a friendly phone call to support and check in on the bereaved person to see how they are doing.

These are wonderful opportunities for people to volunteer their time and talents in a truly meaningful way. The opportunities are flexible in regards to time and can be done in the comfort of your own home at your convenience!

If you would like to participate in any of these volunteer opportunities or would like more information, please call the Volunteer Office at 717-217-3520.