

HEY THERE cowboys & cowgirls (ages 5 – 12 years old)
grab your bike, your bike helmet & your parents & come on down to a
FREE Bike Rodeo "ROUND-UP" hosted by the Sarasota YMCA

There are so many great reasons to ride your bike: It offers fun, freedom and exercise, and it's good for the environment. We want kids, youth and families to ride their bikes as much as possible to enjoy the out-of-door beauty that is Sarasota!

Did you know: more children ages 5 to 14 are seen in emergency rooms for injuries related to biking than any other sport and helmets can reduce the risk of severe brain injuries by 88 percent?



## SATURDAY

February 15th, 9:00 AM - 12:00 PM

THE SARASOTA YMCA
1075 South Euclid Ave, Sarasota

Expert wranglers from the Sarasota Police Department, the YMCA and the Suncoast Safe Kids Coalition sponsored by All Children's Hospital will be on hand to help you maneuver through skill stations, register your bike, and fit your helmet correctly. A limited supply of helmets will be available for a child who doesn't own a helmet or whose helmet doesn't fit.

For more information, call the Sarasota Y at 955-8194



