

Care plan interventions may include but are not limited to:

- Therapy or restorative care to improve swallowing or feeding skills
- Provision of assistive devices needed for drinking skills
- Provision of fluid between meals and with meals and alternative methods of providing fluids such as gelatins, soups, broths, etc.
- Monitoring of fluid intake and when to report deviations; establish resident parameters to include estimated fluid needs and the resident's usual fluid intake
- Identification of resident's fluid preference to improve fluid intake
- Alternatives if the resident refuses or resists staff interventions to consume fluids

*If resident is under palliative care and/or receiving end of life care the care plan should be consistent with the resident's wishes and interventions should address hydration concerns, good oral care, preservation of resident dignity, and promote comfort rather than specific fluid intake goals.