



Creating Beautiful Outdoor Environments
for You and Your Community



April 2014 • PLANT OF THE MONTH

Blueberries anyone?

Blueberries provide year-round color in the garden and are a great shrub for any sunny area. In spring, blueberry plants have dainty, white bell-shaped flowers; summer brings delicious, healthy berries; they sport knockout colorful foliage in the fall; and their branches turn reddish brown in winter.

Many varieties of blueberries are available. In fact, there are more species of blueberries native to North America than any other continent. Planting at least two varieties of blueberries is recommended for these reasons:

- **CROSS POLLINATION:** Planting different blueberry varieties helps them cross pollinate which will mean a more abundant blueberry crop
- **EXTENDED HARVEST:** Planting several varieties means you'll get blueberries at different times

Abundant antioxidants are not the only reason that blueberries have been called a superfruit. According to health studies, routinely eating this little fruit:

- Boosts your brain and improves memory
- Softens dry skin
- Supports healthy blood pressure
- Protect eye retinas from damage
- May block the growth of cancer cells

Common blueberry plants stocked at nurseries in the Atlanta area include the dwarf *Jelly Bean* variety—perfect for container gardens—to the semi-dwarf variety named *Bountiful Blue* which grows up to 3 ft tall. Full size blueberry varieties include *Woodard*; *Premier*; *Climax*; *Blue Suede*; *Jubilee*; and *O'Neal*.

Let Dixie or your account manager know if you are interested in adding blueberry plants to your landscape. Solterra will choose and install the best blueberries for your property in the ideal location.

Check out this on-line blueberry guide with more information for planting blueberry plants.

<http://www.pikenursery.com/pages/blueberries-guide>