

## Only the Good Sky Young - Ultimate Frisbee Tournament



**Event time:** 10am - 5pm

**Game Times:** 10:40-11:25, 11:40-12:25, 12:40-1:25, 1:40-2:25, 2:40-3:25, 3:40-4:30

**Games:** All games will be 45 minutes with a 15-minute intermission. The final game will be 50 minutes.

**Team Meeting:** 10:00am all participants will assemble at the scores tent where they will meet and group by teams. Frisbees

will be given to each team and they will then have 20 minutes to select captains and warm up.

**Basic Rules:** The disc can only be advanced through a completed pass. Once a catch is made players must come to a stop as soon as possible and establish a pivot foot, which must stay in place. One point is counted for each catch made inside the end zone. A player can only hold the disc for a maximum of 10 seconds before possession is conceded. The person guarding the player with the disc must count out loud. Position is overturned if the disc touches the ground or the defensive team intercepts it. The team with the most points at the end of the round will be declared the winner.

**Captains Meeting:** 10:20am at the Scorers tent. Each team will elect a representative captain to participate in this meeting.

**Captains Responsibilities:** Have fun, include everyone in the play, get the team to the correct field on time, participate in the captains meeting at 10:20am and report the win or loss and score to the scorers table after each round.

**Clothing:** Each person must have a white and dark shirt that they can change between for different games. This will be necessary so folks know who is on their team. We do not care what color the dark shirt is as long as it does not have a White background. Shoes must be worn, cleats are allowed however not mandatory.

**Lingo:** In the game of Ultimate Frisbee, when a player jumps into the air and wins a disc above everyone else, the surrounding players have been "skied".

