



Green bread



Posh Nosh
Tan Hsueh Yun
Food Editor

It's a bread that's green with a soft, moist texture. It's a great first step for those who are looking for a healthier bread. The green color comes from the addition of spinach or kale. It's a great first step for those who are looking for a healthier bread. The green color comes from the addition of spinach or kale. It's a great first step for those who are looking for a healthier bread. The green color comes from the addition of spinach or kale.

Big purple garlic

There's a big purple garlic in the market now. It's a great first step for those who are looking for a healthier bread. The green color comes from the addition of spinach or kale. It's a great first step for those who are looking for a healthier bread. The green color comes from the addition of spinach or kale.



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Salted caramels for coffee

Can it be true? Cream caramels that don't induce an immediate sugar high? While looking for salted caramels recently, I got lucky with this Swiss brand. The buttery smoothness is the first thing that registers and then the surprise is that my palate is not assaulted by a blast of sweetness. Of course, there could be more salt in it, but there is enough that it registers. Why am I looking for salted caramels, you ask. Well, a friend tells me they are delicious stirred into a cup of coffee and she is right. Lackerli Huus Rahmtäfel, \$23 for a 350g box from Huber's Butchery, 18A Dempsey Road, tel: 6737-1588, open: 9.30am to 8pm (weekday), 9.30am to 7pm (weekend)

Springy smoked snowfish

The springy texture and buttery richness of the smoked snowfish is a great first step for those who are looking for a healthier bread. The green color comes from the addition of spinach or kale. It's a great first step for those who are looking for a healthier bread. The green color comes from the addition of spinach or kale.

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