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THE ELA COALITION AGAINST YOUTH SUBSTANCE ABUSE INVITE YOU TO AN ENGAGING DISCUSSION FOR PARENTS,  
COMMUNITY MEMBERS AND TEENS ON:

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# Sports Injuries and Prescription Drugs: The Good, The Bad and The Ugly

It's common these days to be prescribed a narcotic painkiller when you have an injury; especially a sports injury. In fact, today's prescription drugs can alleviate pain and suffering in ways that they couldn't even a few years ago.

## **That's the good news.**

**The bad news** is that there are many misperceptions about prescription drugs, especially by our youth. One common misperception is that prescription drugs can't hurt them. After all they were prescribed by a doctor and filled at a pharmacy. And, hey, the FDA did approve it, right? So how can it be bad?

Nothing can be further from fact. **The ugly truth** of prescription drugs is that they can be more deadly than heroin if misused or abused. According to the Foundation for a Drug-Free World, prescription drug abuse is the cause of more deaths from overdosing (45%) than heroin, cocaine and other illegal drugs (39% combined).

## **Joining us on this discussion are 3 presenters:**

- Craig A. Cummins, MD, SC and Surbhi Panchal, MD  
from Lake Cook Orthopedics
- Chris Sullivan, Lake County MEG Director  
— ER Doctor, TBD



2 CEUs will be awarded for Illinois Social Workers and Professional Counselors upon request sponsored by AITCOY for \$5.00

Funded in part by the  
IL Dept of Human Services



**WHEN:** Monday, April 7 at 7:00pm  
**WHERE:** Ela Community Center 380 Surryse Road, Lake Zurich



The Ela Coalition Against Youth Substance Abuse is dedicated to reducing underage drinking and substance use and abuse within our community. To learn more about us: like us at [facebook.com/elacoalition](https://facebook.com/elacoalition) or email us at [info@elacoalition.org](mailto:info@elacoalition.org)



[www.elacoalition.org](http://www.elacoalition.org)