

In the Footsteps of the Northern Saints

13 - 17 July 2015

Spiritual Journeys

McCabe Educational Trust
Reunion holiday
in Northumbria



McCabe Pilgrimages

Northumbria

Immerse yourself in 1,400 years
of monastic tradition



I invite you to join me on the first McCabe Educational Trust reunion holiday.

An opportunity to spend a few days with people you have been on pilgrimage with or, if you are new to McCabe's, the perfect introduction to pilgrimage.

Make your own way to Durham and St Aidan's College which is a short taxi ride from the coach or rail station.

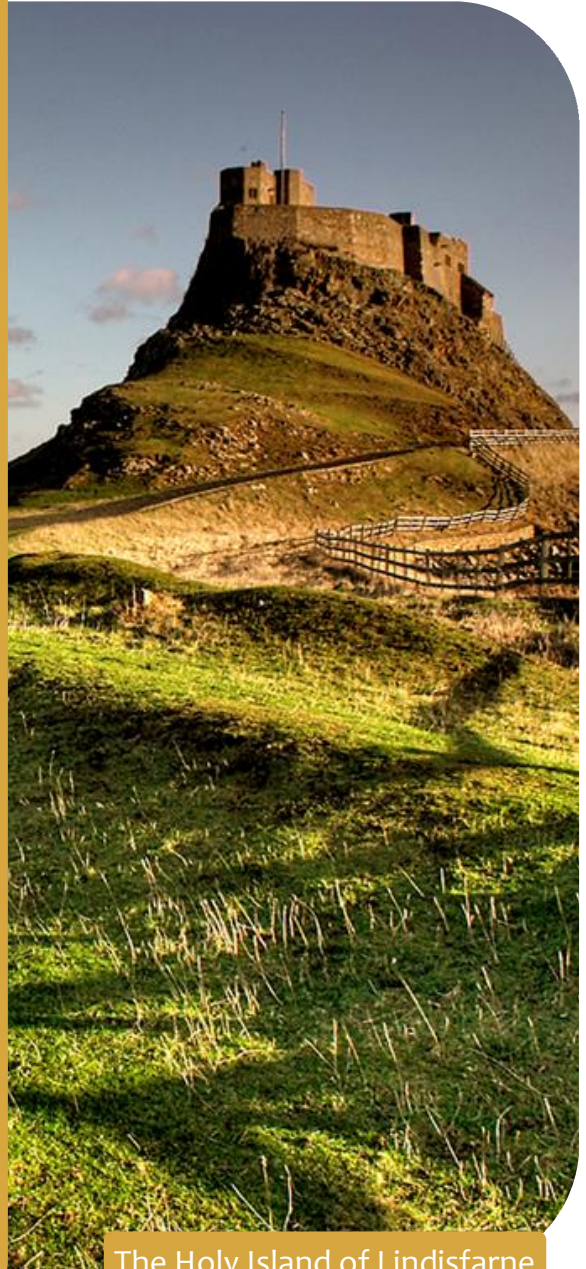
We will have our own coach for sightseeing and will enjoy four nights together at St. Aidan's college, which has excellent public areas including the dining room and bar, and which we have the privilege of using in the absence of the holidaying students.

Joining me in leadership is the Very Revd Geoffrey Marshall. We are both MET trustees and know the area we are visiting well.

We intend our time together to be a great time of fellowship as we follow in the footsteps of St Cuthbert, Brother Aldred and the Venerable Bede.

Kevin

Revd Kevin Dunne



The Holy Island of Lindisfarne

BOOKING INFORMATION

The cost of this holiday is £395 with pretty much everything included, except your travel to Durham.

We have reserved accommodation for four nights in one of the colleges in historic Durham. Plenty of single rooms are available - and at no extra charge. All rooms have private facilities.

You make your own way to Durham by car, train or coach. St Aidan's College is a very short taxi ride from the train or coach station. If you are driving, there is ample free parking at the

college. Travel suggestions are shown on the following pages.

Four nights accommodation in Durham are included with four breakfasts, four dinners (including a fish and chips supper) and two lunches.

We will have our own coach for touring and the holiday cost includes entrance fees and local guiding.

Also included are all gratuities, which the tour leader will disburse locally to those who help us on our journey.

Any special requests for instance, special

diets, should be printed on the booking form. A deposit is payable now with the balance due eight weeks prior to departure. Final details will be confirmed in your travel wallet two weeks prior to departure.

Travelling Alone

We have plenty of single rooms which are available without any supplementary charge.

Financial Security

All monies paid are fully protected through McCabe's membership of the ABTOT bonding scheme.



St Aidan's College, Durham

University accommodation is the ideal choice for our short break. The college is located in a peaceful setting about a mile from the city centre and has free parking. Facilities include dining room and bar and a large number of single rooms, all with private facilities and tea/coffee making facilities - and no single supplement!

Travel Insurance

The main risk you may want to cover is cancellation charges. To minimise this risk, McCabe's will refund in full anyone cancelling more than six weeks before departure. Anyone cancelling after this date will lose 50% of the holiday cost. We are not offering insurance cover, but you can obtain this easily online or for instance at post offices.

To reserve your place on this holiday please complete the enclosed booking form and send it with a deposit of £200 to the McCabe office.

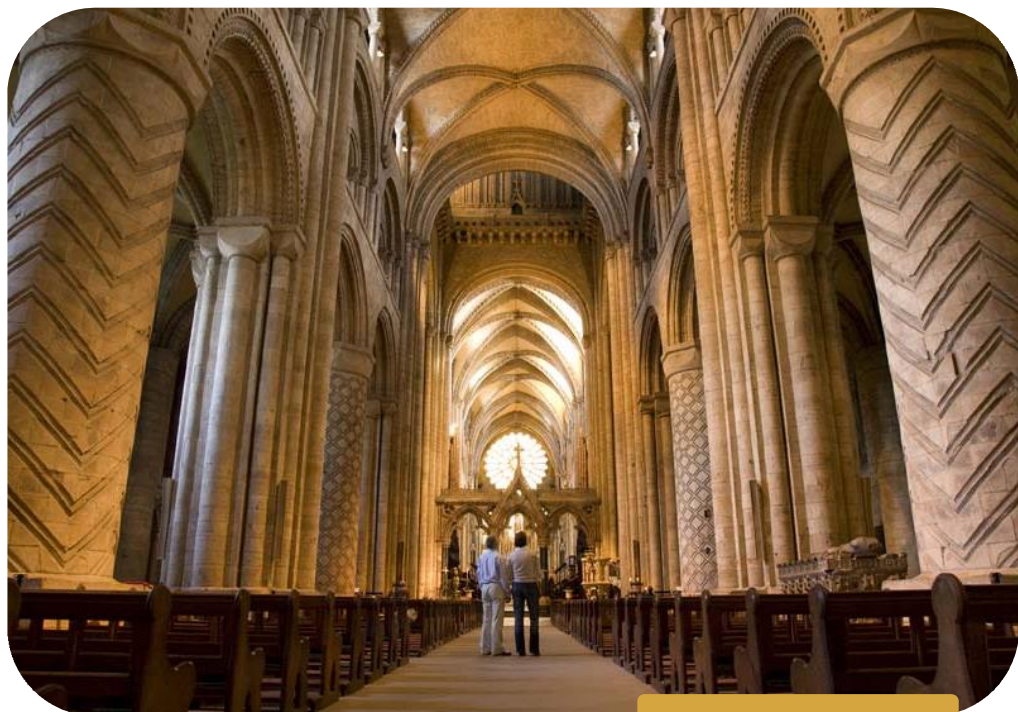
Please make cheques payable to 'McCabe Pilgrimages'.

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Cruise on the River Wear



Durham Cathedral

PROGRAMME 13-17 JULY 2015

Monday 13th. July : Travel to NE.

Independent travel to the North East. Four night stay at St. Aidan's College, Durham. Dinner and introductory talk.

Tuesday 14th. July : Holy Island of Lindisfarne

Our pilgrimage begins as we journey north through the Ancient Kingdom of Northumbria towards the Holy Island of Lindisfarne. It was here that St. Cuthbert lived for many years, and where he died. On arrival at the mainland crossing point at Beal, we invite those who are able to join us as we walk across the sands following the pilgrim route to the island (a distance of four miles through wet and muddy sands and shallow water).

Those who prefer to remain on the coach will be driven across the causeway onto the island and will meet up with the walking party later as we gather for a service of Holy Communion in the Parish Church .

A packed lunch will be provided, after which there will be free time for you to explore the island. We leave late afternoon and drive via Bamburgh with it's magnificent Castle to the fishing village of Seahouses. Here we will enjoy a fish and chip supper before retracing our journey south to Durham.

Wednesday 15th. July : Chester-Le-Street and Jarrow

After breakfast, we travel by coach to Chester-le-Street (which was a garrison town in Roman Times). On arrival, we visit the Parish Church of St. Mary and St. Cuthbert , which dates back to 883AD. The site was for many years the shrine of St. Cuthbert. Also, it was here that the Bible was first translated into English by Brother Aldred.

Guided tour of the church (including a facsimile copy of the Lindisfarne Gospels). We will also visit the small Ankers House Museum, where we will learn about the life of the Anchorites, and discover the hidden window used by them to focus on the cross. Lunch in the Parish Centre.

We journey via The Angel of the North to Jarrow – the home of the Venerable Bede. Guided visit of St. Paul's Church and Monastery and Bedes World – a museum dedicated to the life and times of St. Bede. We return to Durham for dinner and overnight at College.

Thursday 16th. July : Durham City and Cathedral

We begin today with a walking tour around the City of Durham including a cruise on the River Wear, passing by the amazing setting of the Cathedral. There will be free time in the city for you to have some lunch and maybe visit St. Nicholas Church 'The Church in the Market Place'. We will rendezvous in the city centre and make our way for a visit to Durham Cathedral, a UNESCO World Heritage Site. It is here that both St. Cuthbert and St. Bede are buried. We will enjoy a guided tour before joining with the congregation for Choral Evensong. Farewell dinner at college tonight.

Friday 17th. July : Homeward bound.

Independent travel home.

The college have kindly agreed to provide us with a left luggage facility, should you wish to spend some time in Durham and travel home on a later train or coach.

SOME HIGHLIGHTS

The Venerable Bede was early medieval Europe's greatest scholar and first to record the history of the English nation. He lived and worked as a monk at Jarrow.

Visiting *Bede's World* museum, we travel back in time and explore his world and the amazing Golden Age of Northumbria, an age of saints and kings.

See St Paul's Church and the ruins of the monastery where Bede lived, the attractive visitor centre with exhibitions, gift shop and restaurant, plus the recreated Anglo-Saxon farm with rare breeds of animals and replica timber buildings.



Bede's World

The four miles pilgrim route across the seabed to Lindisfarne is wet and muddy, but a great experience! Many people go bare-footed but if that is not for you, then sturdy footwear or wellingtons should be worn. Those uncomfortable walking can opt to make the crossing in the comfort of our coach.



Lindisfarne pilgrimage

TRAVEL INFORMATION

The tour begins as we gather for dinner on our first night.

Drive: St. Aidan's college is situated in its own grounds with easy parking. We will send you a map with detailed instructions.

Train: Durham station is on the main East coast line, and served by many train companies including East Coast; Trans Pennine and Cross Country.

Coach: National Express coaches serve Durham Bus Station. There is a direct service from London Victoria.

Taxis are readily available at Durham coach and train stations. Expect to pay less than £5 for the run to the college. If you let us know your arrival time, we will endeavour to meet you at the station and assist with taxis.



About Chester-le-Track

Welcome to the real railway station at Chester-le-Street, the town where the Bible was first translated into English. Alex Nelson is a McCabe traveller who has set up an independent rail booking service, selling tickets for travel throughout the whole National Rail network. Visit his website to book your rail tickets on-line or for friendly travel advice, call his office.

A tip from Alex: the cheapest rail tickets for July travel don't go on sale until April.

Chester - le - track

Chester-le-street Station
County Durham
DH3 3BB

Tel: 0191 387 3495
Email: alex@nationalrail.com



McCabe Educational Trust



Our Trust is an independent charity which is central to the McCabe vision. Over the last five years alone, over £1 million has been distributed

in grants to inspiring Christians we have met on pilgrimage. The McCabe website has full details, but projects include a Blind School in Bethlehem, a Boys' Home in Bethany, and schools in India and Nepal.

MET Reunion holidays

This holiday is a new initiative and if successful will be planned at a different venue bi-annually. This is not a fund-raising event, but an opportunity for

friends of McCabe to meet and spend time together. A great programme of sightseeing is planned and leadership is being shared by two of our trustees, who know this area well.

In 2014 we arranged our second Jerusalem Sponsored Walk raising **£55,000** for projects we support. We plan this to be a bi-annual event with the next one in February 2016, so each year we will be offering the opportunity for friends of McCabe to travel together. Holiday costs are being subsidised by McCabe Pilgrimages to make these events accessible to all.



McCabe Pilgrimages



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