

# 20<sup>th</sup>

WEDNESDAY, NOVEMBER 12, 2014

WESTCHESTER COUNTY CENTER  
WHITE PLAINS, NY

9<sup>AM</sup> - 4<sup>PM</sup>

DOWNSTATE  
RECREATION CONFERENCE  
HVLISA \* LLSA \* NYSRPS \* NYSTRA \* METRO \* WRAPS



## ANNUAL DOWNSTATE RECREATION CONFERENCE

**Sponsored By:**



# 20<sup>th</sup> Annual Downstate Session Guide

**9 - 10 am**

## **Programing for Persons with Dementia**

This informative presentation discusses Hearthstone's Montessori-inspired learning methodology, the role memory systems play in creating effective programing and skill-based approaches to program design.

*Sharon Johnson*

## **Deer Management in Public Parks**

As stewards of public parks, we have a responsibility to manage our natural resources so that there is forest regeneration within our parks for future park users to enjoy. Initiating and managing a deer management program that is harmonious within existing park use is imperative for success.

*John Baker*

## **Running a Complex on a Slimmer Budget**

Do more with less. While budgets shrink and field wages rise, departments have to make adjustments. Learn how to run a facility efficiently as budgets shrink.

*Matt Veronesi*

## **Using TR Principles for Retirement Planning**

Many pre-retirement planning sessions offered to the general public focus solely on financial readiness. As TR's and recreation professionals we recognize the need to plan for the increase in leisure time that retirement affords. This session will address the necessity to meet needs in ALL domains, in order to have a happier healthier rest-of-life. Participants will use values clarification, as well as the TR assessment and planning process to better understand how to help others, or themselves, plan for a successful retirement.

*Joanne Auerbach, CTRS and Steve Victory, CTRS*

**10:10 - 11:10**

## **Maintaining Safe Athletic Fields**

This talk will address the importance of maintaining baseball, soccer, football, field hockey and lacrosse fields for the ultimate goal of safety and playability.

*Dan Fick Profile Products/Surface*

## **Has "Obamacare" Affected Your Department?**

A facilitated discussion on the Affordable Care Act and its affect on parks and recreation operations, specifically on the definitions of full time, part time and seasonal staff members.

*Richard L Rose Jr.*

## **Bullying in the Workplace**

The actions of a bully at work can have a detrimental effect on your work performance and the quality of professional services that you are able to provide. Learn about the problem, what you can do and the effort in NY State to pass legislation that will provide legal protection not currently in place.

*Tom Witt*

## **Singing for Wellness**

Music can be a powerful healer and singing has long been touted as good for the soul. Scientists and medical professionals are now prescribing singing to some of their patients as a holistic form of therapy. Participants will learn of the six elements of singing awareness, and how to apply these elements within an activity that can develop into a program.

Experience a singing wellness activity in a fun and successful way.

*Sia Tofano*

## **You Can Make an Artwork!**

This session is designed to help practitioners, with little or no experience, making works of art, be more comfortable with leading creative art programs with clients. This will be a hands on session, where participants will be guided in making artwork, employing different strategies and employing mixed media.

*Jeremy Cash, CTRS*

**11:50 am - 12:50 pm**

## **Fitness is Good Business**

Come learn how to address, on a "grass roots" level, the growing obesity crisis and how Health and Wellness programs can become revenue producers for your department.

*Kathy O'Connor and David Reggina*



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## **Uniting Our Strengths**

Membership from NYSRPS, TRASC, TRALI, LILSA, WRAPS, HVLSA NYSTRA and METRO, along with a other interested parties, are invited to learn the history of the various groups and join in an informal discussion exploring how we can work together to support each other and make the fields of Recreation and Therapeutic Recreation stronger. *Anthony Martino, CTRS and Becki Cramer*

## **Communications Access for Recreational Programs**

Learn about communication methods that individuals can use with people that are deaf or hard of hearing. Appropriate use of assisted devices, technology, and effective communication along with the legal responsibilities and reasonable accommodations will be covered. *Jeanine Byrns and Diane Barkstrom*

## **Addressing Substance Use Disorders in TR and Recreation Programs**

All professionals can benefit from understanding the scope and symptoms of substance use disorders. Analyze the latest intervention approaches for preventions and treatment. Apply this process to clients with substance abuse disorders.

*Dr. Robin Kunstler CTRS*

## **All Hazards Emergency Planning**

Emergency planning for Recreation and Parks will help provide a response system to an emergency which could include a situation or event that causes or has the potential to cause public or media concerns. *Sergeant James McCormick*

**1:50 - 4 pm**

## **Pros & Cons of TR Licensure**

This session will reinforce the position that licensure is a critical professional issue nationally. A formal debate, conducted by two CTRS, will present both sides of the issue. *Vincent Bonadies, CTRS; Marybeth Pozzuto, CTRS and Ray Archer CTRS*

## **Awarded Non-Pharmacological TR Approach.**

This session will introduce a clinical study that was

recognized and issued "The Innovation Technology Award by Leading Age in August 2013. A non-pharmacological interdisciplinary approach by both Psychologist and Recreation Therapists working together using a variety of technology methods in assisting residents diagnosed with depression and anxiety, minimize and or eliminate psychotropic medication use.

*Brenda Torres-Wells, CTRS and  
Veronica Kaninska, CTRS*

## **Meet Training Objectives with Interactive FUN!**

All seasonal staff, with short attention spans, must learn a variety of policies and procedures that they might consider boring. Get concrete ideas on how to make this fun, relevant to them, and build an interdisciplinary team among your sub-departments at the same time. *Jeanne Scigliano*

## **Orienteering**

Participants must find specific locations in unfamiliar terrain, guided by a map and their wits. Any setting and age group can adapt while enriching any subject or objective. Experience several activities that you can incorporate into your own programs using simple map navigation, and explore map styles that make creative use of your own park. *Ed Hicks*

**1:50 - 2:50 pm**

## **Psychology of Art, Brain & Cognition Using the TTAP Taxonomy**

This session will address a new psychological approach to art, brain and cognition through the TTAP Method® Taxonomy. Through an examination of neurobiology, learning theories, and theme centered interaction, this approach which has been proven to enhance cognition and stimulating of socialization in all populations, specifically Alzheimer's disease.

*Linda Levine Madori, PHD, CTRS, ATR-BC,LCAT*

## **Indoor-Outdoor Walking Meditation**

Walking Meditation is a simple, enjoyable, low maintenance activity that focuses on walking or moving forward physically and can be done indoors or out. Find out about the benefits that come from this exercise and how you can integrate this into your therapeutic recreation program. *Nina Priya David, MA, E-RYT500*

8:00 - 9:00 am - Registration

11:15 - 11:45 am Exclusive Vendor Time

12:50 - 1:45 pm Lunch, Networking, and Vendor Time with Raffles



Wednesday November 12, 2014

9:00 -10:00 am	10:10 - 11:10 am	11:50 - 12:50 pm	1:50 - 4:00 pm	1:50 - 2:50 pm
Programing for Persons with Dementia	Maintaining Safe Athletic Fields	Fitness is Good Business	The Pros and Cons of TR Licensure	Psychology of Art
Deer Management	Has "Obamacare" Affected Your Department?	Uniting Our Strengths	Awarded Non-Pharmacological TR Approach	Indoor/Outdoor Walking Meditation
Running A Complex On A Slimmer Budget	Bullying in the Work Place	Communication Access For Recreational Programs	Meet Training Objectives with Interactive Fun	
Using TR Principles for Retirement Planning	Singing for Wellness	Addressing Substance Abuse Disorders in TR and Rec Programs	Orienteering	
	You Can Make an Artwork	All Hazard Emergency Planning		

**REGISTRATION:** To register visit [www.NYSRPS.org](http://www.NYSRPS.org). On our home page at the right under "NEWS" you will find a listing for DOWNSTATE RECREATIONAL CONFERENCE. Click on the link "Register" and it will take you to the landing page.

If you have any difficulty with registration please feel free to contact Becki at 518-584-0321 x 12 for assistance.



Registration Fees	Pre-Registration	Day of Conference
Affiliate Member	\$70.00	\$95.00
Non-Member	\$85.00	\$110.00
Full Time Student	\$40.00	\$55.00
Speaker	First speaker free, 2nd speaker pays \$40.00 any additional speakers pay full price.	First speaker free, 2nd speaker pays \$40.00 any additional speakers pay full price.
CEU's (optional)	\$8.00	\$8.00

Cancellation – Refund requests must be made in writing. Cancellations postmarked on or before October 31, 2014 will be assessed a \$10 processing fee. After October 31, 2014, a charge of \$15 will be assessed. Refunds will not be made for no-shows. For registration-related questions email [becki@nysrps.org](mailto:becki@nysrps.org). For conference-related questions, contact Rob Mattes at [parkrec@unionvaleny.us](mailto:parkrec@unionvaleny.us)