

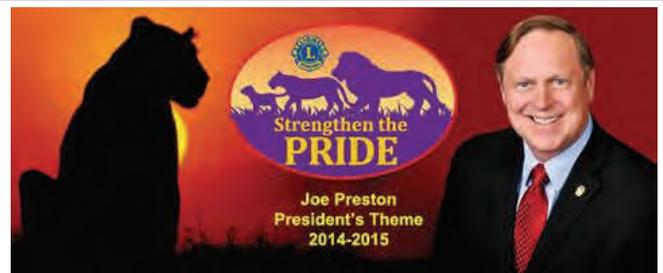


DECEMBER 2014\* VOLUME 41 \* NUMBER 6

District Governor Toni Olden  
STEP INTO THE FUTURE



# LIONS DISTRICT 44-H NEWSLETTER



Happy Holidays!

What a wonderful season for giving. I am sure that all the Lions clubs are busy with service projects during this special time. It is time to make donations to our local food pantries, Christmas funds and to those that need warm clothing for winter.

It is also a great time to ask for new members. As you are out doing your projects, ask your friends and neighbors to join you. Show them what Lions do and how we serve, all while having fun. I am pleased to welcome the Conway Area Lions Club to District 44-H. Charter night is scheduled for February 7 and I hope to see a large turnout for the event. Over the last 4-6 weeks, we have seen many clubs inducting new members. I encourage all of you to "Ask 1".

Soon clubs will be receiving bills for their dues to Lions International and the District. As much as it pains me to write this, please review your rosters and make sure they are current. But, having written that, do not drop someone for not paying their dues or not attending meetings without exhausting all possibilities to keep that member active. Check out LCI's new program "Your Club, Your Way" on their website. This is a wonderful tool to assist clubs in keeping their members active, excited and enthused.

Congratulations to Lion Annette Cook (Salem) for receiving her Senior Master Key, by recruiting 25 members into Lionism . Also, congratulations to PCC Forrest Powers (Franklin Area) for receiving his Grand Master Key by recruiting 50 members.

DG Toni

"Only a life lived for others is a life worthwhile." *Albert Einstein*



## Zone Chair Listing

### Zone 1 Chairman

Clubs: Hudson, Litchfield, Nashua, Salem, Windham

#### Fregeau, Yogi (H)

7 Kristopher Drive, Hampstead, NH 03841  
Res: 603-329-7266 E: [lionyogi@hotmail.com](mailto:lionyogi@hotmail.com)

### Zone 2 Chairman

Clubs: Atkinson, Hampstead, Plaistow, Sandown, Kingston

#### Dennis Stasio (H)

19 Brookside Terrace, Atkinson, NH 03811  
Res:  
E: [greepe@aol.com](mailto:greepe@aol.com)

### Zone 3 Chairman

Clubs: Epping, Exeter, Hampton Area, Portsmouth, Rye and Seabrook

#### Hall, Marie (H)

26 Moonlight Drive, Newmarket 03857  
Res: 603-659-6838 Cell: 603-686-6935  
E: [marichall326@gmail.com](mailto:marichall326@gmail.com)  
E: [marie.hall@hcahealthcare.com](mailto:marie.hall@hcahealthcare.com)

### Zone 4 Chairman

Clubs: Auburn, Chester, Derry, Londonderry, and Raymond

#### Baker, Sheryl (Bruce) (H)

133 East Derry Road, Chester, NH 03036  
Res: 603-887-4424 E: [sherylb312@gmail.com](mailto:sherylb312@gmail.com)

### Zone 5 Chairman

Clubs: Allenstown / Pembroke, Epsom / Chichester, Loudon, Saddleback Mountain, Suncook Valley Area

#### Beldin, Joan (Russell) (H)

7082 Shaker Road  
Loudon, NH 03307  
Res: 603-724-9063 Cell: 603-724-1919  
[meadcity@aol.com](mailto:meadcity@aol.com)

### Zone 6 Chairman

Clubs: Dover Cocheco River, Rochester, Rollinsford / South Berwick, Somersworth Hilltop 13

#### Houde, Peter R. (Christine Houde) (H)

104 Rocky Hill Road, Somersworth, NH 03878  
Cell: 603-834-3420 E: [Phoudee@gmail.com](mailto:Phoudee@gmail.com)

### Zone 7 Chairman

Clubs: Laconia / Gilford, Meredith, Moultonborough, Wakefield, Whittier, Wolfeboro

#### Jack Weinmann

P.O. Box 946  
Moultonborough, NH 03254  
Res: 603-476-2781 E: [marjac8@roadrunner.com](mailto:marjac8@roadrunner.com)

## Upcoming Events

### \*December\*

11 Dec - DG visitation Chester  
15 Dec - DG visitation Suncook Valley

### \*January 2015\*

Jan 22 - DG visitation Salem  
Jan 27 - DG visitation Meredith  
Jan 30 – Feb 1 MD-44 Mid-Winter Convention Pg. 16

### \*February\*

Feb 5 - DG visitation Laconia/Gilford  
Feb 7 - Conway Area Lions Charter Night Pg. 13

### DISTRICT GOVERNOR (DG)

Toni Olden  
95 Plymouth Street, Meredith, NH 03253  
Res: 603-279-6016 Cell: 603-677-2431  
E: [toniolden@gmail.com](mailto:toniolden@gmail.com)

### FIRST VICE DISTRICT GOVERNOR (FVDG)

Scott Wilson (Valencia)  
31 Alvirne Drive, Hudson, NH 03051  
Res: 603-880-1838 Cell: 603-770-3700  
E: [scottwils@comcast.net](mailto:scottwils@comcast.net)

### SECOND VICE DISTRICT GOVERNOR (SVDG)

Al Goldstein (Christine)  
35 Main St., Atkinson, NH 03811  
Res: 603-362-6529 Cell: 603-913-1281  
E: [a1goldstein@comcast.net](mailto:a1goldstein@comcast.net)

### CABINET-SECRETARY-TREASURER (CST)

PDG Stanley Brothers (Diane)  
P.O. Box 148 West Ossippe, NH 03890  
Cell: 603-848-5980  
E: [snbdb@hotmail.com](mailto:snbdb@hotmail.com)

### NEWSLETTER EDITOR

PDG Wayne Auger 19 Roberts Rd., Litchfield, NH 03052 Res: 603-429-2725 E: <a href="mailto:lionwayno@comcast.net">lionwayno@comcast.net</a>	Lion Marie Valiere 95 Plymouth Street, Meredith, NH 03253 Res: 603-279-6016 E: <a href="mailto:keylion03@gmail.com">keylion03@gmail.com</a>
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### MULTIPLE COUNCIL CHAIR (MCC)

Jim Robinson (Karen)  
15 Wildbrook Drive  
Plaistow, NH 03865  
Cell: 603-247-2015 E: [jimrbsn15@comcast.net](mailto:jimrbsn15@comcast.net)



## 1st VICE DISTRICT GOVERNOR NOTES

There is a new club in the District. The **Lions of the Conway Area**. A charter night celebration will be held in early February. Be a part of the birth of a new Lions club and join the Conway Area Lions as they celebrate becoming one with the district. Lions from across the district took time from their busy lives to make this new club a reality. In just a few short weeks, after a four day weekend of canvassing, phone calling, two introductory meetings and many phone and email messages, this group of ordinary people from in and around the Conway area is now a group of extraordinary Lions making a difference in the lives of the people in the Conway Area. Nice work!

**December 6<sup>th</sup>** is the first day of training for those involved with **Operation KidSight**. Call to confirm you will be attending this 3 hour session starting with registration and social from **8am to 9am and training from 9am to 12noon**. Training will be held at the **Delta Dental Building** in Concord, NH. This training will focus on helping our **Zone Coordinators, Club Coordinators and Lead Screeners get off to a great start**. If you are interested in being a part of Operation KidSight, please let me know right away. Training is just a few days away.

**Join the Operation KidSight movement and help build a program we can all be proud of for many years to come**

Yours in Lionism,

**"Reach New Heights"** Email: [scottwils@comcast.net](mailto:scottwils@comcast.net)



## 2nd VICE DISTRICT GOVERNOR NOTES

The holidays are fast approaching and it becomes a very busy time of the year for all Lions in New Hampshire. So many service projects and fundraising events. Not to mention party's as well. The events are all being driven by the needs in our communities.

This is also the time of year when new leaders are stepping up to chair these events. Show your support for these folks as they are the future leaders of your clubs and our District. Many people step up to lead events, this is the time to share ideas both new and old. Help them grow as future leaders by supporting their ideas, energy and enthusiasm.

This is also the time of year when your club is out in full force within the community, people get to see your hard work and strong sense of community and ask questions about what you are doing and why. Perfect time to recruit new members to your club.

I was speaking with a zone chair this week who attended a Spaghetti Dinner in his zone. He was seated next to a fellow he had never met before and the fellow was talking about what a great thing the Lions were doing. He was invited to become part of it and was introduced to the club president. I am following up on this and hope to tell you he joined in the next news letter. Remember "Just Ask One"

Wishing you all a Happy Thanksgiving  
Al Goldstein 2nd Vice District Governor  
District 44H New Hampshire



## CABINET SECRETARY TREASURER NOTES

Thanksgiving is fast approaching, clubs are doing their part in helping those in need. DG Visitations are going fine, We were in Windham the other night, the lions in this club are great people, their friendship to each other and to guests is overwhelming. Makes me want to be a member, I don't think Whittier will let me. If you have not scheduled a visitation yet, please do so. Mid Winter is fast approaching, **IF YOUR CLUB OWES ANY MONEY TO LCI or THE DISTRICT, YOUR CLUB WILL NOT HAVE A VOTE AT THE MULTIPLE DISTRICT MEETING ACCORDING TO CONSTITUTION AND BYLAWS.** Any questions, please give me a call or DG Toni

Happy Thanksgiving and Merry Christmas  
CST Stan Brothers

## MULTIPLE COUNCIL CHAIR REPORT

Greetings:

As we approach the end of the year and the halfway point of this Lionistic year I would like to take this opportunity to thank and congratulate the 2285 members in 80 clubs for all your outstanding work. What has been accomplished throughout the entire Multiple District 44 is truly something you all should be proud of. I am honored to be serving as your Multiple Council Chair.



What am I talking about specifically? While you all have been busy in your clubs the Multiple District has not been sitting on the sidelines. Below are a few of the highlights:

**Lions Sight & Hearing Foundation:** From July through November you have provided, and I say you because you are all part of the Foundation, approx. \$20,000 for hearing aids and or cataract surgery for over twenty less fortunate folks in your communities.

**Health Services Board:** Clubs from both Districts were able to raise over \$70,000, allowing us to match the grant from LCI. I believe all the doubters are now silent. What an incredible fete. So, we will begin the new year with 15 new Spot Screeners. These screeners will have a huge impact on the children of New Hampshire. In some cases these could be life changing! Thank you all.

**Lions Youth Development:** Again this year we had many clubs participate in the annual **Peace Poster Contest**. I will be submitting the winning entries from each district to LCI prior to the December 15 deadline. The **Citizenship & Patriotism Contest** is also alive and well again this year. We would love to have more participation. Check out more info on the web.

This is a very busy time for most clubs however I hope you will all take time to enjoy the beauty of the holiday season. See you all at the Mid-Winter Convention. Jan.30 –Feb. 1

MCC Jim Robinson

***Merry Christmas***



***Happy Hanukkah***



## MEMBERSHIP UPDATE\*

District Membership	This Month	This Year
Opening Balance	994	1052
Added Members	35	61
Dropped Members	17	101
Closing Balance	1012	1012
Net Gain/Loss	+18	-40
<b>Worldwide</b>	<b>1,390,483</b>	



## WELCOME NEW MEMBERS

Club	New Member	Sponsor
EXETER	BEN T COLLINS	MARIO IZZO
	MICHAEL G GAMLIEL	LANGDON PLUMER
	CAMILLE A MILLER	MARY SHINER
HAMPSTEAD	LEAH BOURNIVAL	DAVID BOURNIVAL
LITCHFIELD	JOAN TAYLOR	DIANE JERRY
MOULTONBORO	DAWN LAW	SALLY SIBULKIN
PLAISTOW	DANA A CHAREST	PAUL RENE
	MIGUEL A CRUZ	JOHN DEROCHE
SOMERSWORTH	KEITH ROBISON	AMY FORTIN-THEODOROU
WINDHAM	EILEEN G FRIGON	RENEE BAILEY

# November Cabinet Meeting

In case you missed the November cabinet meeting, here are a few Highlights.

- Camp Pride elected the 2015 Directors and still has openings for 4 more directors.
- An electronic survey via Survey Monkey will be done with respect to district uniforms
- 1st VDG Scott Wilson announced that the multiple districts stepped up and were able to raise the matching funds to receive the \$53,392.00 grant from LCIF for the Spot Vision Screeners.
- MD-44, District 44-N and District 44-H will be registered with the NH Secretary of State after January 1, 2015 and obtains certificate of good standing for each entity.



PCC Roger Latulippe presented Lion Bruce Reynolds of the Epsom-Chichester Club with a Melvin Jones Fellowship for outstanding service.



PCC Charlie Vars presented a new project for lions. Working with businesses to post signage on the striped handicap access areas in parking lots.



DG Toni presented the first **TONI AWARDS** to Kingston, Litchfield and Hampton Area Clubs for their service to their communities

## Hospitality Room Donation Request from Sam Longbook

Hello my fellow Lions, As many of you know I am running for 2<sup>nd</sup> Vice District Governor. My club, Berny and I would be so thankful for any food or snack items donated for the mid-winter hospitality room. If anyone has a specialty food item to show off, here is your chance. Sweets and desserts items will be appreciated. The room will be open on Friday 3:00 to 5:30 and again at 9:30 also on Saturday at 3:30 to 5:30 and at 9:30 again.

Thanks  
Sam Longbook 2<sup>nd</sup> VDG Candidate

## Christmas Eye

Christmas Eye is an extremely painful condition and experts say it is most common around December and January. Patients often report waking with a very painful eye which is usually very blurry, watery and red and sufferers can hardly open the eye and is sometimes swollen as say it feels like a razor blade is in the eye. Eye specialists say that by the time patients are seen they have near total abrasion of the cornea which seems to have been ripped away.

The cause remains a mystery but legend has it, that a very small beetle gets into the eye and during the night releases a toxin and the best treatment it is putting a bandage contact lens that the sufferer sleeps in for a couple nights along with anti-inflammatory eye drop medicine. Anyone suffering from Christmas Eye should seek treatment from an optometrist or doctor.

Sources: <http://www.abc.net.au/local/stories/2009/01/27/2475199.htm>

Lions Sight Liaison Lion

Roe Fruci E: [rfruci@gmail.com](mailto:rfruci@gmail.com)



## Global Membership Team (GMT) Update

’Twas the night before Christmas and all through the District, as clubs are preparing for their well deserved naps. They worked at food pantries, they gathered warm clothes. They collected for salvation and Toys for Tots too. They adopted from Angel trees, and provided Oil too. Yes, Lions have done what Lions can do.

Yet some of the clubs despite all they have done, they helped many others but not helped just one. You see they lost members or have some in a bind. Yet the refuse to help themselves and we just don’t know why.

Is it a sin to help one’s own or are we just so blind that the subjects not spoken and we leave it behind.

To keep clubs strong, new members we must get, and take care of our good ones, so we won’t regret. Losing good members puts the clubs in a bind. they can’t help as many, they can’t do all even though they may try.

So this holiday season, reach out and ASK 1, or help your fellow lions as make them strong ones.

Merry Christmas to all, Happy Hanukkah and Kwanza too and to all a good night.

PDG Wayne Auger  
GMT District 44-H  
P: 603-429-2725

E: [lionwayno@comcast.net](mailto:lionwayno@comcast.net)

**Members:** Lions that sponsor a member in October, 2014 **or** April, 2105 receive a silver pin, and Lions that sponsor a member in October, 2014 **and** April, 2015 receive a silver and gold pin.

**Clubs:** Clubs that add new members in October, 2014 and April, 2015 receive a banner patch and fiscal year patch.



## GLT LEADERSHIP DISTRICT 44H



## LION ORIENTATION

**Lion Orientation** is very important for new Lion members but is a good refresher for all Lions. The information presented by the Club Orientation or LCI Presentation gives all members a greater understanding of why you should be a LION. Once a Lion is informed properly; about Lionism, they will develop a better feeling about their club and become an active member towards all club activities and be involved as a Lion for many years.

**A Club Orientation** can be given at a club meeting utilizing a PowerPoint presentation provided by LCI. [New Member Orientation PowerPoint \(ME-13b\)](#) This PowerPoint provides the club a presentation in Template form so that the club presenter can customize it towards club history and give informational data relevant to the club.

**A LCI Lions Orientation** is available through a PowerPoint presentation the [New Member Welcome Book](#) which is available on line. This presentation gives a Historical beginning of our great LION organization and how it became the “**Largest Service Organization in the World**”. This is a great presentation and is needed to be seen by all Lions.

GLT Jerry Vaccaro E:[jvac1408@comcast.net](mailto:jvac1408@comcast.net)

## CAMP PRIDE COLLECTING OLD SHOES "OLD SHOES-NEW LIVES"

*Camp Pride is having a fundraiser that won't be asking your club, its members, or their family and friends for any money.*

### How does it work:

Our plan is to collect gently used shoes which will be sent out to the ReRun Program (a non-profit) that runs a center for disabled adults (the workers get a full time position and good wages). The workers refurbish the shoes and then they are sent out to Africa for distribution. Camp Pride will be paid for every pair that we send them.

**We figure that most Lions have some shoes in their closets that they no-longer wear and might be willing to donate to Camp Pride.**

### What shoes do we accept :

We will accept Mens, Womens and Children Shoes.

We don't accept flip-flops, crocs or high fashion women's boots.

**So encourage your members to ask family and friends to "clean their closets and donate their shoes"**

***Just imagine if every Lion in the District could collect just 10 pairs.....***

For information and collection locations or pick up, Please contact:

**Marilyn Vaccaro**  
[jvac1408@comcast.net](mailto:jvac1408@comcast.net)  
603-437-1408 (home)  
603-204-7251 (cell)

**Jeri Maynard**  
[lionjeri@comcast.net](mailto:lionjeri@comcast.net)  
603-883-8565 (home)  
603-320-3614 (cell)

## New Table Top Wishing Wells LIONS SIGHT & HEARING FOUNDATION

**The table top wishing well is \$40.00 per unit.**

This is an easy to see counter top wishing well that can easily be placed in local businesses.

For further information contact;  
[A1goldstein@comcast.net](mailto:A1goldstein@comcast.net)  
**603-913-1281**



## The DogSight Project



A program of the New Hampshire Lions  
Multiple District 44 ~ Health Services Board

## Festive Season

I'm always struck this time of year by how drab the world of the visually impaired is. The lights of the holiday season, the pretty decorations, the glitter and the tinsel are only faded memories. Yes, the smell of balsam trees and all the wonderful cooking aromas are still there for us; and there's more music at this time of year (although it does get a little repetitive). At least if you have a guide dog at your side, the messy sidewalks and snowy obstacles are a little easier to navigate. In this season of giving, please include the DogSight Project on your gift list!

Donations to the DogSight Project may be sent to **DSP Chair Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431**. Please make checks payable to **LSHF** with **DSP** in the memo line. The independence a guide dog brings to a blind person is priceless. Your contribution gives that gift many times over. Thank you!

Respectfully submitted,  
Linda Piekarski Chair, the DogSight Project  
E: [lpiekarski@ne.rr.com](mailto:lpiekarski@ne.rr.com)



## Lions Mints Program Update

Lions Sight & Hearing will no longer purchase Lions Mints to distribute to your Lions Club. Any club wishing to purchase their own Lions Mints may do so.

Your club can purchase one case of mints for \$125, with your choice of a mix of four flavors. Shipping is included in the price if the order is delivered to a business address; add \$5 to the price if mints are shipped to a residence.

Each case has 48 boxes; each box has 12 rolls of mints, for a total 576 rolls per case, with 12 mints in a roll. Because the new rolls are twice as long as before, you will also need to purchase new display trays @\$2 each, as well as a new cardboard back guard for each tray @\$.65 each. Orders placed before January 1, 2015 will include ten free trays and back guards.

For more information or to place an order, go to [lionmints.net](http://lionmints.net), or call Kimberley Creger toll free at 1-866-220-0213.

In addition, District Mints Coordinators have a short supply of mints in stock, available on a first come, first served basis.

For more information,:

**44-H** Clubs please contact Lion Jeri Maynard  
Tel: 883-8565 Email: [lionjeri@comcast.net](mailto:lionjeri@comcast.net)

**44-N** Clubs please contact Lion Bob Bussiere  
Tel: 532-6947 Email: [bobnstella@comcast.net](mailto:bobnstella@comcast.net)

## Moultonborough Lions Support OKS

At its regular monthly dinner meeting, the Moultonborough Lions Club presented a check for \$5,000 to New Hampshire Lions Sight and Hearing for Operation KidSight (OKS). Accepting the check was 1<sup>st</sup> Vice District Governor Scott Wilson.

Lion Scott was instrumental in getting a matching \$53,000 grant from Lions International Fund to purchase 15 vision-screening machines for Operation KidSight. The cost will be \$106,000 and will bring the total number of machines for use in New Hampshire to 19.

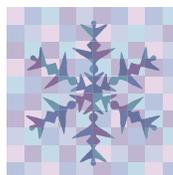
These new vision-screening machines are much smaller and more sophisticated than the four the Lions have used in the past and can detect early signs of six distinct eye abnormalities, including near and far sightedness as well as eye misalignment and unequal refractive power problems. Approximately 100 students can be screened in under an hour using these new screening machines. The goal of Operation KidSight is to provide vision-screening opportunities for children from age 6 months through 12<sup>th</sup> grade.

As screening units become available and club members receive the requisite training, the Moultonborough Lions Club will be offering testing to all children within the Communities it serves. Lion Mark Cotrupi has volunteered to co-ordinate OKS for the Moultonborough Lions and will work closely with Lion Scott. Seven Moultonborough Lion members have volunteered to assist him in this endeavor.

You will be hearing more about OKS in the future. It's a wonderful program and if you have children, you will want them to be tested. Early detection of eye problems can make a world of difference in a child's life. Operation KidSight is the answer to that.



Moultonborough Lions present a check for \$5,000 to Lions Sight and Hearing for Operation KidSight. Pictured l-r Lion Mark Cotrupi, DG Toni Olden, 1<sup>st</sup> VDG Scott Wilson, 1<sup>st</sup> VP Jeni Williams & Pres. John Menken



# CAMP PRIDE



So camp Pride has settled in for a long winter nap. While this is taking place many meeting to get ready for next year are taking place. We are putting our plans in place for repairs that need to be done as well as looking at capital improvements for next year.

We also are working very hard on all of our fundraising endeavors. Calendar Raffle, Ice racing, Comedy Night and our Shoe Drive. Please watch for more details on how we plan on rolling this out.

This year we are also looking for a new Administrator as Robert has decided to move on. This is an important task and we want to make sure the person we hire is the right fit for our camp.

Wishing everyone a happy Thanksgiving and special thanks for all you do to support camp Pride

Al Goldstein  
President Camp Pride  
603-913-1281A1(one)[goldstein@comcast.net](mailto:goldstein@comcast.net)



## Camp Pride Booster Club Calendar Raffle

By now, all clubs should have received their annual Camp Pride Booster Club Calendar Raffle tickets. Tickets are still \$10.00 and we are hoping that each club in District 44-H will be able to sell the twenty (20) tickets that were mailed to them.

Remember, tickets may be sold to club members, friends, business associates, or even bought by the club as a chance to enhance their own treasury. They also make great stocking stuffers or just a way of thanking someone for being a friend.

There will be a total of thirty-one (31) drawings and each drawing will represent a particular day in the month of January. All tickets drawn will be re-deposited in the raffle "bucket" so everyone will have numerous chances to win. All drawings will take place at Mid Winter Convention on February 1<sup>st</sup>; winners will be notified shortly afterward.

Please return your stubs and checks directly Lion Lillian Bellisle, 29 Cedar Street, Hudson, NH 03051. If you have questions or need additional tickets, please call Lillian at 603-889-0285 or e-mail: [Lionjeri@comcast.net](mailto:Lionjeri@comcast.net).

As in the past, proceeds from this raffle will be used to further Camp Pride operations and maintenance.

Thank you for your continued support of this fundraising project and District 44H's Camp Pride.

## NHIAA Hall of Fame



PID Ed Lecius was inducted into the New Hampshire Interscholastic Athletic Association NHIAA Hall of Fame on Sunday, November 16 for his five decades of broadcasting high sports in the state. Joining him for the ceremony held in Concord were family members (l to r) Lions Shaun & Becky Haerick, PID Ed, his wife Lion Elaine and Lions Sarah and Steve Autieri. PID Ed was one of eight newly inducted HOF members three of whom were from Nashua.

One might say this is a "fine" group photo!

## Diabetes Awareness:

Enjoy the holiday season, but remember everything in moderation.

Here are a few tips:

Drink plenty of water. Having a glass thirty minutes before a meal may make you feel full sooner and eat less.

Don't be afraid to take home left-overs. Even when dining with family and friends.

Eat a healthy breakfast every morning.

A simple dessert for the holidays- Cherry Ricotta with Almonds

1 bag of frozen dark cherries, thawed.  
8 oz. Ricotta cheese  
Slivered almonds

Warm the cherries in a saucepan or microwave and spoon into four dessert dishes. Top with a spoonful of ricotta and slivered almonds.

Try with peaches or berries, Greek yogurt instead of ricotta, add a drizzle of honey and top with toasted coconut or pecans. How simple is that!

**Marie Hall, RN Certified Diabetes Educator**

P: 603-686-6935

E: [mariehall326@gmail.com](mailto:mariehall326@gmail.com)

## Can you hear me now?

Hearing is a 2 person event. Don't ignore your hearing loss as it is likely to impact those around you more than it does you.

Did you know: Reduced hearing impacts your overall health? Hearing loss can lead to, Diabetes, Alzheimer's Disease, withdrawal and depression... Eliminating hearing problems can also help your memory. If you're having difficulty hearing you use more brain power to process sounds and have less brain power to put what you are hearing into memory.

Always be sure to wear hearing protection where appropriate. So, have your hearing tested, you'll be surprised by what you hear...or not!

Bill Rathbun, Past Council Chairman  
Chairman, Hearing preservation  
Awareness and Action



## WARMTH FROM NH LIONS New Hampshire Lions Clothing Drive—NHLCD

**LYS** is continuing the mission to mobilize NH Communities in a **year round clothing** drive to address the needs of our neighbors. Articles of new and gently used adult or children's clothing are to be donated to local organizations and agencies throughout NH.

**We want your club to help solve the problem for those in need!**

Challenge Dates: July 1, 2014 to January 17, 2015

Last year's Multiple District Total:  
18, 817 items of clothing donated

1. **Appoint** a chairman in your club. Your chairman should keep a record of the number of items collected and report monthly to the club and to the secretary who should report to LCI.
2. **Collect:** New or gently used outerwear such as jackets, fleece tops, ski pants, shirts, blouses, sweaters, blankets and sleeping bags. (Clean) New hats, mittens, scarves and socks.
3. **Contact** the local school nurse, guidance counselor, soup kitchen, shelter or charitable organizations in your community to see what is needed and where the items should go.
4. **Ask** your friends who like to knit or contact a local nursing home and ask people that knit if they would like to take part. Ask local Dollar stores for items or purchase them on sale.
5. **Ask** if you can put a collection box at your local school, bank or other public place. Put your Lion's Club Information where everyone can see who is doing the collecting.
6. **PURPLE HATS:** Knitted hats for newborns. Must be 50% color purple (other colors may be used) **NO STRINGS ON HATS.** Hats will be donated to NH Children's Trust, Inc. They will distribute them to NH hospitals who distribute them to parents of newborns to remind them that newborns often cry and they should not shake their baby.
7. **Final totals** will be given to the District Co-Chairs. Totals will be announced on Saturday at the mid-Winter Convention Jan 30-Feb 1, 2015 at the Manchester Radisson Hotel.

### CO-CHAIRS

**44-H:** PCC Deedee LaTulippe  
email: [liondeedee@comcast.net](mailto:liondeedee@comcast.net)  
Cell: 603.566.0691

**44-N:** Lion Rachel Luce  
email: [rach314270@yahoo.com](mailto:rach314270@yahoo.com)  
Cell: 801.2919939

\*Rachel's email has lowercase L not a 1 (314270)



## December LCI Cononvention

The 98th Lions International Convention will be held June 26 to June 30, 2015 in the beautiful capital of Honolulu in Hawaii. Over the five days you can attend informative seminars, three exciting plenary sessions, march in the Parade of Nations and explore the island of Oahu.

The New Hampshire delegate hotel is the lovely Hawaii Prince Waikiki. This hotel features 542 oceanfront rooms, a golf course, a number of restaurants, a pool, fitness center and a day spa. Book your room today through Lions Clubs International for a great price of \$ 197 per night, double rate. The standard room rate listed online is \$440 per night - what a great savings!

Register today for LCIcon! The early bird registration is \$110 through January 9, 2015. From January 10 to March 31, the registration is \$150 and from April 1, the price increases to \$170.

See you in beautiful Honolulu!

DG Toni Olden  
MD44 International Convention Chair



## LIONS SIGHT & HEARING FOUNDATION OF NH, INC

### VOUCHERS AVAILABLE FOR PURCHASE

Clubs may purchase vouchers through the Lions Sight & Hearing Foundation. These vouchers are for clubs to assist with obtaining eye glasses at Lenscrafters for a person in need in their community. The vouchers may be purchased in \$500 increments for a book of 10 or clubs may purchase a single voucher for \$50.00.

The Project Coordinator is LSHF Vice-President, Fred Plett. Vouchers may be purchased through Fred. Project applications for eyeglasses only can be obtained through Fred or online at [www.nhlions.org](http://www.nhlions.org) then continue on to "Links" for the Sight & Sound Program. These, when filled out, should be taken care of by the club.

LSHF Project applications for assistance for cataract surgery or hearing aids are also available through Fred or can be obtained online. Applications may be downloaded and printed. Please mail all cataract surgery or hearing aid projects to Fred Plett at 65 Wallace Rd. Goffstown, NH 03045. Phone: 603-660-0732 or Email: [frplett@gmail.com](mailto:frplett@gmail.com).

Visit **NHLionsDistrict44-H** on Facebook!

Clubs may submit upcoming events and pictures for past events for posting on the district Facebook page.



All submission must be compliant with the Lions Code of Ethics and should be sent to:

Lion Marie Valliere  
[keylion03@gmail.com](mailto:keylion03@gmail.com)



# *Litchfield Lions*

**Photos with Santa**

**At McQuesten Farm**

**Rte. 3A Litchfield, NH**



**Dec 6, 7, 13, 14, 20**

12:00 - 4:00 PM

**Dec 21**

12:00 - 3:00 PM

**8 X 10     \$10.00**

**9 Wallets     \$10.00**

**5 X 7 & 3 Wallets     \$ 10.00**

**5 X 7     \$ 5.00**

All proceeds donated to  
Litchfield Lions Charities

**Lions Holiday Non-Perishable Food  
Donation Drop Location**

# Multi-District 44 MAICO Pilot Audiometer

The digital Pilot Test screens children as young as three years old by presenting the hearing test as a game. The Pilot can be switched into a manual pure tone audiometer for screening more mature children.

To borrow a Pilot Audiometer, contact your Hearing Equipment Coordinator.

Southern NH Coordinator:  
 Clubs in Counties: Cheshire, Hillsboro and Rockingham  
 Lion Ann ORourke  
 email: annorourke1@yahoo.com

Northern NH Coordinator:  
 Clubs in Counties: Sullivan, Merrimack, Strafford, Belnap, Grafton, Carroll, Coos  
 Lion Heather Makechnic  
 Phone: Res: 603-735-5117 Cell: 603-738-4002  
 email: hmakechnic@aol.com



**CONWAY AREA LIONS CLUB  
 CHARTER NIGHT  
 SATURDAY, FEBRUARY 7, 2015  
 RED JACKET MOUNTAIN VIEW RESORT  
 2251 White Mountain HWY, North Conway, NH**

5:30 pm Social - 6:30 pm Dinner  
 Reservations must be received by Jan. 20, 2015  
 MEAL COST \$35.00 PER PERSON

**CONWAY AREA LIONS CLUB  
 CHARTER NIGHT**

If your Club plans to present a gift, please coordinate through Karen or Mike Baillargeon Tel: 603-778-8496 or E: kebaill@comcast.net

This will help avoid duplicates.  
 Thanks for your support.

**Conway Area Lions Club Needs**

- Banner - Whittier Lions
- Bell - Hudson Lions
- Bank
- Gavel - Atkinson Lions
- Podium
- Road Sign (s)
- Welcome Banner
- Cash Gifts – Administrative
- Cash Gifts – Charitable acct
- Other

=====

**CONWAY AREA LIONS CLUB CHARTER NIGHT RESERVATIONS**

PLEASE RETURN THIS PORTION WITH CHECK MADE PAYABLE TO:  
**WHITTIER LIONS CLUB**

**MAIL TO:** Michael Baillargeon Tel:(603) 778-8496  
 11 Michael Bennett Road E: kebaill@comcast.net  
 Brentwood, NH 03833

NAME OF CLUB # ATTENDING \_\_\_\_\_  
 AMOUNT ENCLOSED: (\$35.00 PER PERSON)

NAME(S): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

We look forward to seeing you Feb. 7, 2015 !!

# December, 2014

## Publicity

### District 44H Newsletter

District 44H has some "unsung heroes" in the area of publicity/public relations. Chances are, your club has one or two of its own.

Lion Nancy Greer is unfailingly vigilant about letting us all know when one of ours has a significant life event; often, these are sad tidings of someone's illness or passing, but once in a while there's a new baby or some other happy news. Sharing this information is a wonderful service to our fellow Lions. It keeps us connected in a very personal way. Thanks to Nancy, we are able to reach out to each other in a timely and appropriate manner. Our Lions Club families know they can contact Nancy with a simple e-mail or phone call, and she'll pass on their messages without the stress of having to make dozens of calls. Thank you so much, Nancy.

Lion Marie Hall never seems to run out of important messages about diabetes. Anyone who's faced the prospect of writing an endless series of interesting articles on any single topic knows what a Herculean task it is to keep that up in perpetuity. Yet Marie just keeps on keeping on. Thanks, Marie. We've all learned a lot about this life-altering disease because of your efforts.

Is there a Lion anywhere in NH who hears the name Sam Longbook and doesn't immediately think of Camp Pride? There's no better example of a public relations success story than a name that is immediately evocative of the cause associated with that person's good works. Sam, we can never thank you enough for what you've done, and continue to do.

If 44H would allot me 15 Newsletter pages, maybe I could properly address all the hard working Lions who exemplify good District-level PR. They're the people who make the rest of us look good, the ones who make others want to be Lions, the ones who make donors willing to support us because, thanks to them, people know who we are. We owe them all a huge debt of gratitude.

Do the people in your community know who the Lions are? If so, then you probably have one or two special members who are the public face of your club. They are your local Nancy, your Marie, your Sam. Do you appreciate them? Have you ever said thanks?

Thanks to every single one of you who performs good works, who donates money, who represents Lionism with a smile, or a handshake, or a kind word to someone who is down. YOU are the face of Lionism. And that is the best PR of all.

Merry Christmas and God bless you in the New Year.  
Lion Diane Jerry

# NH Lions Multiple District 44 Citizenship & Patriotism Contest



**Please contact your schools for grades 5-8  
and encourage their participation in the  
LYS Citizenship & Patriotism Contest**

**For:** New Hampshire Middle School Students in Grades 5 through 8

**Theme:** “The American Flag”

**The Essay:** 300 words or less (minimum of 100 words). Essay may be typed or hand written (if hand written the essay must be legible and written in ink).  
List sources and references used in the essay.

**Criteria:** Essays will be judged on originality, creativity, and facts.

**Time of Contest:** December 1, 2014 – February 6, 2015

**EACH SCHOOL TO DETERMINE THE WINNING ESSAY IN EACH GRADE  
PLEASE SUBMIT ONE ESSAY PER CLASS POSTMARKED BY FEBRUARY 6, 2015 TO**

**Joseph Caouette**  
P O Box 8, 676 Main Street  
Rollinsford, NH 03869  
Telephone: 603-742-8721

**Awards as follows:** First place in each grade level (5<sup>th</sup> through 8<sup>th</sup> grade) within each Lions district will receive a certificate and medal and also qualify for the Multiple District contest and the following awards:

### **NH Lions Multiple District 44**

1 <sup>st</sup> Place 5th grade	\$100.00
1 <sup>st</sup> Place 6th grade	\$100.00
1 <sup>st</sup> Place 7 <sup>th</sup> grade	\$100.00
1 <sup>st</sup> Place 8 <sup>th</sup> grade	\$100.00



**MULTIPLE DISTRICT 44**  
**55th MID-WINTER CONVENTION**  
 RADISSON HOTEL, MANCHESTER, NH  
 JAN. 30 – FEB. 1, 2015

Our Invited Guests: 2<sup>nd</sup> VP Chancellor Bob & Dianne Corlew from Tennessee

Lion #1 \_\_\_\_\_ Club \_\_\_\_\_

Lion #2/guest \_\_\_\_\_ Club \_\_\_\_\_

Home Tel. # \_\_\_\_\_ Email: \_\_\_\_\_

<u>Plan</u>	<u>Meals and registration</u>	<u># of persons</u>	<u>Total Cost</u>
A	Fri. banquet, entertainment, Sat night hors d'oeuvres and Sat. banquet		@ \$74.00
B	Sat. night hors d'oeuvres and banquet		@ \$ 39.00
C	Fri. night banquet and entertainment		@ \$ 35.00

Total Amount Due \$ \_\_\_\_\_

Please make meal choices for Friday and Saturday Night Banquets:

Friday night choice Chicken Madeira \_\_\_\_\_ Baked Haddock \_\_\_\_\_ Eggplant parmesan over pasta \_\_\_\_\_

Saturday night choice Boursin Chicken \_\_\_\_\_ Seared Pork Loin \_\_\_\_\_  
 Stuffed Red Pepper w/roasted veggie \_\_\_\_\_

Saturday and Sunday Breakfast and Saturday lunch will be on your own. There is a restaurant at the hotel.

Please note any special dietary needs \_\_\_\_\_

Deadline for meal reservations is January 12, 2015

Hotel Reservation: Lions Convention Room rate: single or double \$109.00/night plus tax. Call the Radisson hotel @ 603-206-4109 and identify yourself as part of the group of NH Lions Multiple District 44.

All reservations must be made by Wednesday, January 8, 2015 for the special rate. You will call and pay the hotel direct for your room. Or book on line at [www.radisson.com/manchesternh](http://www.radisson.com/manchesternh) reference the following promotional code: Lions 15

Overnight Parking: \$12.00 per night.

Send reservation form and check for meals to: PCC Celeste Ricupero  
 Convention Chairman  
 7 Winn Ave  
 Hudson, NH 03051

Make checks payable to: Lions MD 44 Convention Fund

# **ROBERT E. CORLEW**

## **SECOND VICE PRESIDENT**

Robert “Bob” E. Corlew, from Milton, Tennessee, USA, was elected to serve as second vice president of Lions Clubs International at the association’s 97<sup>th</sup> International Convention held in Toronto, Canada July 4 through July 8, 2014.

Vice President Corlew is chancellor for the State of Tennessee.

A member of the Murfreesboro Lions Club since 1978, he has held many offices within the association, including club president, zone chairperson, district governor, cabinet secretary and council chairperson.

In recognition of his service to the association, he has received numerous awards, including the Leadership Award, the Builder Key Award, two International President's Medals and the Ambassador of Good Will Award, the highest honor the association bestows upon its members. He is also a Progressive Melvin Jones Fellow.

In addition to his Lions activities, Vice President Corlew has been active on various boards and in several community organizations, including Boy Scouts of America, Murfreesboro City Council, Red Cross, General Sessions Judge, Discovery House Museum board of directors, Recreation Commission and Water and Sewer Board.

Vice President Corlew and his wife, Dianne, also a Lion and a Progressive Melvin Jones Fellow, have five children and four grandchildren.



## **George Lyons ~ Singing Impressionist**

**Friday Night entertainment at the Mid-Winter State Convention**

**Radisson Hotel, Manchester NH**



**Sinatra, Dean Martin, Sammy, Elvis, Neil Diamond,  
Engelbert Humperdkink, Bobby Darin and more!**

**It will be an hour and a half of great entertainment and memories.**

George regularly entertains at many local establishments and he is well known for his Frank Sinatra Tribute program which he sings in his own inimitable style with charm and sophistication.

A Frank Sinatra fan from a very early age, George saw Sinatra perform at many concerts across the country including New York City's famed Carnegie Hall, The Old Boston (Ma) Garden, and The Providence Civic Center, RI.

These remarkable Sinatra concerts had a profound effect on George and instilled in him a passion for entertaining which no doubt has influenced his artistic flair and love of singing and performing.

[www.soundslikefrank.com](http://www.soundslikefrank.com)

# Granite State Fellows

**An ideal way to honor fellow club members for outstanding service  
and to honor Citizens  
or Companies in our Community who have assisted your club**

The Lions Sight and Hearing Foundation of NH, Inc. (LSHF) has a beautiful award plaque that are customize for you presentation. Included with the plaque are a lapel pin and a letter of recognition. Applications are on the NH Lions website or can be emailed to you immediately by PCC Roger LaTulippe.

Upon receipt of a \$500 check for each plaque to be presented the name plates will be ordered. A two to three weeks lead time prior to your presentation date is sufficient to have the plaque, pin and presentation letter delivered to you. When making a donation checks should be made payable to LSHF and in the memo area of the check you must designate that the check is for a Granite State Fellow. Donations may be held in escrow for future Granite State Fellows. LSHF is a 501 (c) 3 organization.

When you purchase a Granite State Fellow you are enabling the Lions Sight & Hearing Foundation to assist those in financial need to obtain hearing aids and cataract surgery. During the fiscal year of 2013-2014 the Foundation gave assistance in the amount of \$59,000. Donations are deposited in the Endowment Fund.

Granite State Chair: PCC Roger Latulippe;  
E: [dgroger@comcast.net](mailto:dgroger@comcast.net) or Tel: 603-566-9409

## HEALTH SERVICES BOARD

<http://www.nhlions.org/healthservice>

## VISION 2015 (April 24th to 26th, 2015)

Contact PDG Terri McGrew at [terrimcgrew@charter.net](mailto:terrimcgrew@charter.net)  
to donate or volunteer

## EYEGLOSS & HEARING AIDS COLLECTION & RECYCLING

Dave Rogers  
166 Rockingham Road, Auburn NH 03032  
Res phone: 603-627-1036  
E-mail: [DRCR0966@comcast.net](mailto:DRCR0966@comcast.net)

## EYEGLOSS SHIPPING DONATIONS

Donations are welcome to help offset  
The cost of shipping the eyeglasses  
Please send checks to:

**Hampton Area Lions Club**  
**PO Box 1088 ~ Hampton, NH 03843**

## NEWSLETTER DISTRIBUTION

This newsletter is E-Mailed via Constant Contact to all District 44-H members who have e-mail addresses on file with LCI. Presidents and secretaries, please coordinate and make a copy available to members that to not have E-Mail. All E-Mail changes must be made on the LCI website by your club secretary. If you have opted out of receiving the fellowship in the past, you also opted out of the district newsletter because we shared the same contact list. This issue has been resolved. To receive the newsletter again, you must obtain a copy of the newsletter E-Mail and click on the **join our mailing list** link.

## NEWSLETTER SUBMISSION AND DEADLINE

Deadline for submitting articles to be published in the newsletter is the **20th of each month**.

To keep the size of the newsletter reasonable, most event articles will be reduced to 1/4 page.

Clubs and district committees with multiple articles for the same newsletter should consolidate the articles into one submission that does not to exceed one page.

**Submissions should be in MS-Word or MS-Publisher No PDFs please**

**Converting a PDF is time consuming to do correctly for it to be read by our sightless member's tools.**

**Newsletter submissions should be sent to PDG Wayne Auger – Email: [lionwayno@comcast.net](mailto:lionwayno@comcast.net)**