



CPD Courses for Therapists SOUTH

February 20th	Evening lecture: Examination of the Active Foot & Ankle	Fraser McKinney	Southampton or Bournemouth	£40
February 21st	Sport & Exercise First Aid	Tony Bennison	Tidworth, Wiltshire	£130
February 21st/22nd	Immediate Care in Sport & Exercise Medicine (Intermediate level)	Tony Bennison	Tidworth, Wiltshire	£240
March 7th/8th	Practical Podiatric Biomechanics	Paul Harradine	Southampton, Hampshire	£250
March 21st/22nd	Sporting Hip & Groin	James Moore	Salisbury, Wiltshire	£250
March 21st	Conference: Evidence Based Physical Therapy	various	Poole, Dorset	£120
April 11th	Sports Massage Masterclass	Julian Berriman	Chichester, West Sussex	£130
May 9th/10th	Combined Approach to the SIJ	Howard Turner	Chippenham, Wiltshire	£250
May 16th	Anterior Knee Pain: Differential Diagnosis & Treatment	Dr Lee Herrington	Salisbury, Wiltshire	£130
May 17th	ACL Rehab Update	Dr Lee Herrington	Salisbury, Wiltshire	£130
September 18th (11.45am - 17.45pm)	Conference: UK Lower Limb Specialists 2015	James Moore, Lee Herrington, Paul Harradine, Fraser McKinney, Claire Minshull	Southampton, Hampshire	£120
September 19th	Anterior Knee Pain: Differential Diagnosis & Treatment	Dr Lee Herrington	Lymington, Hampshire	£130
September 20th	ACL Rehab Update	Dr Lee Herrington	Lymington, Hampshire	£130
October 17th/18th	NAGS & SNAGS: Mulligan Concept	Ed Wilson	Portsmouth, Hampshire	£250

CPD courses and tutors

Acupuncture	Kam-Wah Mak BSc, Dip Ac, Cert. Ed. MCSP
ACL Rehab Update	Dr Lee Herrington PhD, MSc, MCSP, SRP, CSCS
Anterior Knee Pain: Differential Diagnosis & Treatment	Dr Lee Herrington PhD, MSc, MCSP, SRP, CSCS
Cervical Arterial Dysfunction - a guide for clinicians Complex differential diagnosis of the Cervical Spine	Alan Taylor MCSP MSc MLACP & Roger Kerry MCSP FMAPC MSc
Clinical Reasoning, Motor Patterns & Behaviours in Low Back Pain	Dr Neil Langridge DClinP MMAPC MSc (Manip Ther) MCSP
Cognitive Behavioural Therapy for Physical Health	Mark Webster UKCP registered psychotherapist
Combined Approach to the Sacro-Iliac Joint	Howard Turner BSc BAppSc MCSP
Combined Movements: Mobilisation (IV+) & Manipulation (IV-)	Dr Chris McCarthy PhD, FMAPC, FCSP
Dizziness - Vestibular Assessment, Treatment & Rehabilitation	Alan Sealy BSc (Hons), Grad Dip Manipulative Physiotherapy
Dynamic Taping	Ryan Kendrick Elite Sports & MSK Physiotherapist
Examination of the Sporting Foot & Ankle	Fraser McKinney MSc MCSP 1st Team Physiotherapist - Newcastle Falcons RUFC
Fascial Release Techniques	Graham Sinclair Smith Grad Dip Phys MCSP
Hamstring Injuries: Assessment, Treatment & Rehabilitation	James Moore M.Phty (Manips), BSc (Hons) MCSP, CSCS
Immediate Care in Sport & Exercise Medicine (intermediate level)	Tony Bennison specialist sports first aid trainer
Knee Injury Assessment & Rehabilitation	Dr Lee Herrington PhD, MSc, MCSP, SRP, CSCS
Muscle Energy Techniques: Lumbar Spine & Pelvis	Jay Cookson MCSP MMAPC
Mulligan Concept: Nags & Snags	Ed Wilson BA (Hons) MCSP, HPC Registered, MCTA, CMP
Myofascial Trigger Points	Ed Wilson BA (Hons) MCSP, HPC Registered, MCTA, CMP
Paediatric Orthopaedic workshop	Peter Beirne Grad Dip Phys MCSP
Paediatric Respiratory workshop	Paul Ritson Grad Dip Phys MCSP
Practical Podiatric Biomechanics	Paul Harradine MSc, BSc (Hons), SRCh, Cert Ed, Podiatrist
Respiratory Care Update & Advanced Respiratory Care	Matthew Quint MCSP Mphil and Mary-Ann Broad MCSP
Spinal Manipulation: Facilitating Rehabilitation	Dr Neil Langridge DClinP MMAPC MSc (Manip Ther) MCSP
Spinal Manipulation: Application with Clinical Reasoning	Jay Cookson MCSP MMAPC
Sporting Hand, Wrist & Elbow	Ian Gatt MSc OMT MMAPC MCSP, Lead Physio - GB Boxing
Sporting Hip & Groin	James Moore M.Phty (Manips), BSc (Hons) MCSP, CSCS
Sport & Exercise First Aid	Tony Bennison specialist sports first aid trainer
Sports Injuries - an essential guide to aetiology, assessment & treatment	Dr Ian Horsley PhD MSc MCSP CSCS NW regional physiotherapy lead - English Institute of Sport
Sports Massage Masterclass	Julian Berriman BSc (Hons) Ost
Tendinopathies Masterclass	Prof Jill Cook PhD & Dr Jeremy Lewis PhD. PT.
The Athletic Shoulder: Specific rehabilitation strategies	Dr Ian Horsley PhD MSc MCSP CSCS and Ben Ashworth MSc BSc (Hons) MCSP
The Shoulder, Theory & Practice (10th edition)	Dr Jeremy Lewis PhD MSc MAPA MCSP MMAPC MPPA
Whiplash Associated Disorder - a guide for clinicians	Alan Taylor MCSP MSc MLACP & Roger Kerry MCSP FMAPC MSc

Evening Lectures

James Moore (M.Phty (Manips), BSc (Hons) MCSP, CSCS, *Intensive Rehabilitation Unit Manager* at Bisham Abbey National Sports Centre)

1. Hamstring Injuries, 2. Dynamic Instability of the Hip Joint: Assessment & Training 3. The Grumbling Groin

Dr Jeremy Lewis (PhD MSc MAPA MCSP MMACP MMPA)

1. The Contracted (Frozen) Shoulder, 2. Rotator Cuff Tendinopathy, 3. Subacromial Impingement Syndrome

Dr Raphael Brandon (PhD MSc ASCC, Head of Sports Medicine & Science - England Cricket)

Evidence Based Exercise Prescriptions for Rehabilitation

Ben Ashworth (MSc BSc (Hons) MCSP, First Team physio - Arsenal FC) & **Dr Ian Horsley** (PhD MSc MCSP CSCS NW Regional Physiotherapy Lead - EIS)

The Athletic Shoulder - Identification of specific rehabilitation strategies

Roger Kerry (MCSP FMACP MSc) & **Alan Taylor** (MCSP MSc MLACP)

1. Whiplash Associated Disorder - a clinicians guide, 2. Cervical Arterial Dysfunction - a clinicians guide

Dr Neil Langridge (DClinP MMACP MSc (Manip Ther) MCSP)

1. Clinical Reasoning within the Spine, 2. The Sensorimotor Spine & the linkage of manual therapy & exercise

Paul Harradine (MSc, BSc (Hons), SRCh, Cert Ed, Podiatrist)

1. Medial Tibial Stress Syndrome and Gait Related Low Back Pain (requires a treadmill for live demonstrations) 2. Practical Podiatric Biomechanics for Therapists

Ed Wilson (BA (Hons) MCSP, HPC Registered, MCTA, CMP)

1. Trigger Points and Joints in Cervicogenic Headaches & Dizziness 2. Mulligan Concept: Nags & Snags

Dr Chris McCarthy (PhD, FMACP, FCSP)

Manipulation: What the heck are we doing?

Dr Lee Herrington (PhD, MSc, MCSP, SRP, CSCS)

ACL Reconstruction Management

Fraser McKinney (MSc MCSP 1st Team Physiotherapist - Newcastle Falcons RUFC)

Examination of the Active Foot & Ankle

Jay Cookson (MCSP MMACP)

The Sporting Spine

Nick Grantham (MSc, CSCS, ASCC, Performance Enhancement Specialist)

21st Century Rehab Programme Design

Ian Gatt (MSc OMT MAACP MCSP, Lead Physiotherapist - GB Boxing)

The Sporting Hand, Wrist & Elbow

Dr Claire Minshull (PhD Senior Lecturer Heriot Watt University)

Muscle Fatigue: Current Concepts for Knee Rehabilitation & Conditioning

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Evening lectures

- Host venues receive **6 FREE** delegate places
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