



### What?

A genetic disease

### Where?

Affects the nervous system: legs, bladder, brain, spinal cord

### When?

Onset as early as age 35

### Why?

Low activity of glycogen branching enzyme (gene GBE1)

### How common?

One study shows a 1:34.5 carrier frequency rate in Ashkenazi Jews

### Is APBD exclusively a Jewish disease?

No.

### Often confused with other illnesses such as:

MS, ALS, Alzheimer's, Peripheral Neuropathy, Prostate Cancer, Benign Prostatic Hyperplasia (BPH), Symmetric White Matter Disease, Spinal Stenosis



A SIMPLE BLOOD TEST  
CONFIRMS THE DIAGNOSIS

### What are we doing to fight APBD?

#### RESEARCH AND THE REGISTRY:

Our international team of researchers is moving us towards **clinical trials** that will identify treatments for and prevent the damaging effects of APBD. To facilitate these human trials, the APBD Research Foundation (APBDRF) in collaboration with Columbia University established the first APBD registry of people with APBD. The registry is privacy-protected by Institutional Review Board (IRB) protocols. There is also an option to enroll anonymously with your physician as your contact.



### MEET ROBERT A TOP HOLLYWOOD PHOTOGRAPHER



*"In my late forties I began experiencing ataxia, drop foot, falling, edema, urinary in- continence and an active right hand tremor that made eating and serving food difficult or impossible. After seven years of every kind of test imaginable, I finally received the correct diagnosis at UCLA"and became part of the APBD community."*



**DO YOU SEE YOURSELF OR SOMEONE YOU KNOW IN OUR STORIES?**

**- GET TESTED - JOIN THE REGISTRY**

Please be advised that this web site exists as a source of general information only. Any reference to a product, process, service or company does not constitute an endorsement by the APBD Research Foundation. Please consult your physician before starting a new treatment, diet or fitness program.

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